

PSHE/Citizenship

Curriculum Intent	<p>PSHE education (including Citizenship at KS3), gives pupils the knowledge, skills, and attributes they need to keep themselves healthy and safe and to prepare them for life and work. This will be taught through the key areas of: Living in the Wider World; Health and Wellbeing; Sex and Relationships.</p> <p>Citizenship GCSE education aims to engage pupils in the local and global world; to consider their role as global citizens and to think critically but proactively about a politicised environment. The course encourages students to play an active part in public and democratic life as informed and active citizens. The Citizenship Studies GCSE allows for students to undertake a personal citizenship action project and for students to develop the ability to analyse and comment on all key themes.</p>				
Year 7	Year 8	Year 9	Year 10	Year 11	Key Stage 5
T1: Transition and safety Transition to secondary school and personal safety in and outside school, including first aid	T1: Drugs and alcohol Alcohol and drug misuse and pressures relating to drug use	T1: Drugs and alcohol Alcohol and drug misuse and pressures relating to drug use	T1 & T2: PSHE: Healthy relationships Relationships and sex expectations, pleasure and challenges, including the impact of the media and pornography Families Different families and parental responsibilities, pregnancy, marriage and forced marriage and changing relationships	T1: Citizenship GCSE: The role of the media and the press Citizenship participation in the UK	Current affairs UCAS/Next steps preparation Making healthy choices
T2: Body image Impact of social media	T2: Emotional wellbeing Mental health and emotional wellbeing, including body image and coping strategies	T2: Peer influence and gangs Healthy and unhealthy friendships, assertiveness and gang exploitation. Personal safety	T1 & T2: Citizenship GCSE: Rights and Responsibilities The Law	T2: Citizenship GCSE: Engage in a planned course of informed Citizenship Action	

T3: Diversity Diversity, prejudice, and bullying	T3: Discrimination Discrimination in all its forms, including: racism, religious discrimination, disability, discrimination, sexism, homophobia, biphobia and transphobia	T3: Respectful relationships Families and parenting, healthy relationships, conflict resolution, and relationship changes	T3: Citizenship GCSE: The Law The Legal System	T3: Citizenship GCSE: Politics beyond the UK Identities and diversity in UK society	
T4: Health and puberty Healthy routines, influences on health, puberty, unwanted contact, and FGM	T4: Healthy lifestyle Diet, exercise, lifestyle balance and healthy choices, and first aid	T4: Healthy lifestyle Diet, exercise, lifestyle balance and healthy choices, and first aid	T4: Citizenship GCSE: Democracy, elections and voting in the UK National, local and devolved governments	T4: Citizenship GCSE: The UK and its relations with the wider world:	
T5: Building relationships Self-worth, romance and friendships (including online) and relationship boundaries	T5: Identity and relationships Gender identity, sexual orientation, consent, 'sexting', and an introduction to contraception	T5: Intimate relationships Relationships and sex education including consent, contraception, the risks of STIs, and attitudes to pornography	T5: Citizenship GCSE: The British Constitution	T5: Citizenship GCSE: Revision in preparation for exams	
T6: Financial decision making	T6: Digital literacy Online safety, digital	T6: Financial decision making	T6: Citizenship GCSE: The economy finance and		

Saving, borrowing, budgeting and making financial choices	literacy, media reliability, and gambling hooks	The impact of financial decisions, debt, gambling and the impact of advertising on financial choices	money		
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