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31/10/22, 21/11/22, 12/12/22, 2/1/23, 23/1/23, 13/2/23, 6/3/23, 27/3/23

MAIN DISHES

Monday

Chicken Tandoori with Spinach Rice

or

Raviolini with Tomato & Basil Sauce (Ve)

Tuesday

Beef Burger with Seasoned Potato Wedges

or

Lentil & Mushroom Keema with Basmati Rice (Ve)

Wednesday

Roast Dinner Burrito with Roast Potatoes & Gravy

or

Sweet Potato, Chickpea & Spinach Baklava with Roast Potatoes (Ve)

Thursday

Beef Lasagne with Garlic Bread

or

Cauli Cheese Crumble with New Potatoes (V)

Friday

Fish Finger Soft Taco with Chips

or

Falafel Wrap with Mint Yoghurt & Chips (V)

SIDES

Monday

Super Greens

Tuesday

Sweetcorn & Peppers, Baked Beans

Wednesday

Shredded Cabbage, Sliced Carrots

Thursday

Broccoli

Friday

Sweetcorn, Garden Peas

DESSERTS

Monday

Chocolate Sponge with Chocolate Custard (V)

Tuesday

Toffee Apple Sponge with Apple Custard (V)

Wednesday

Jammy Dodger Flapjack (Ve)

Thursday

Lemon & Courgette Cake (V)

Friday

St Clement's Shortbread (Ve)



HAVE YOU TRIED OUR NEW
DELI
RANGE SANDWICHES

LOOK OUT FOR
OUR TASTY
HANDHELD SNACKS
AT BREAKTIME

WHY NOT TRY OUR SUPERB
PASTA POTS
WITH DELICIOUS TOPPINGS

• TRY OUR RANGE OF
FILLED JACKET POTATOES •

EXCITING COLD DESSERTS FOUND
IN THE **GRAB & GO**

WEEK 2

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7/11/22, 28/11/22, 19/12/22, 9/1/23, 30/1/23, 20/2/23, 13/3/23, 3/4/23

MAIN DISHES

Monday

Chicken Tikka Masala with Basmati Rice

or

Mac & Cheese (V)

Tuesday

Swedish Meatballs with Mash & Creamy Gravy

or

Meatless Meatballs with Mash & Creamy Gravy (V)

Wednesday

Roast Dinner Burrito with Roast Potatoes & Gravy

or

Mushroom & Squash Wellington with Roast Potatoes & Gravy (Ve)

Thursday

Penne with Beef Bolognese

or

Mixed Bean Chilli with Rice (Ve)

Friday

Battered Fish with Chips

or

Onion Bhaji Burger with Chips (V)

SIDES

Monday

Medley of Vegetables

Tuesday

Sweetcorn & Peppers, Garden Peas

Wednesday

Cauliflower, Sliced Carrots

Thursday

Broccoli, Green Beans

Friday

Baked Beans, Garden Peas

DESSERTS

Monday

Apple & Pear Crumble (Ve) with Custard (V)

Tuesday

Vanilla Iced Shortbread (Ve)

Wednesday

Custard Cream Sponge (V)

Thursday

Apple Crumble Sponge with Custard (V)

Friday

Chocolate Brownie (V)



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WEEK 3

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14/11/22, 5/12/22, 26/12/22, 16/1/23, 6/2/23, 27/2/23, 20/3/23

MAIN DISHES

Monday

Beef Madras with Basmati Rice

or

Cheese & Potato Tortilla with Garlic Bread (V)

Tuesday

Southern Baked Chicken with Seasoned Potato Wedges

or

Margherita Pizza with Seasoned Potato Wedges (V)

Wednesday

Roast Dinner Burrito with Roast Potatoes & Gravy

or

Homemade Veggie & Stuffing Roll with Roast Potatoes & Gravy (Ve)

Thursday

Spicy Chicken Burrito

or

Cauli Mac & Cheese (V)

Friday

Fish Dog with Chips

or

Meatless Meatball Sub with Chips (Ve)

SIDES

Monday

Super Greens

Tuesday

Peas & Sweetcorn, Broccoli

Wednesday

Sliced Carrots, Mashed Swede

Thursday

Green Beans, Sweetcorn

Friday

Baked Beans, Garden Peas

DESSERTS

Monday

Brookies (V)

Tuesday

Chocolate & Pear Sponge with Chocolate Custard (V)

Wednesday

Apricot Flapjack (Ve)

Thursday

Banana Bread with Honey Yoghurt (V)

Friday

Marbled Sponge (V)



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