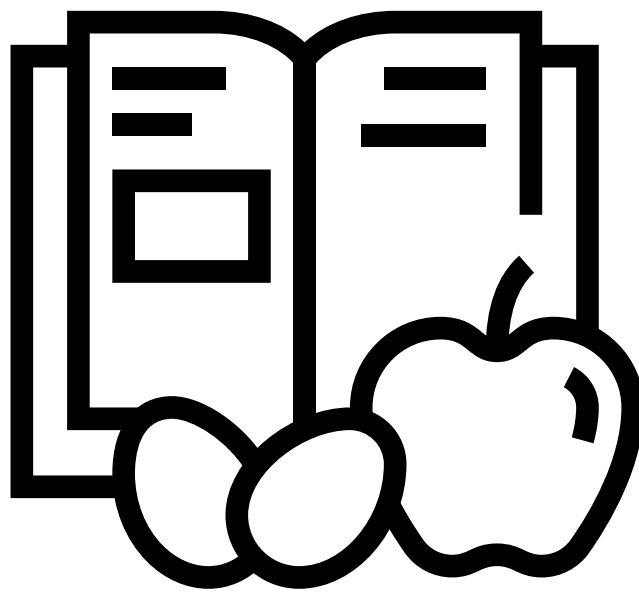


# Secondary

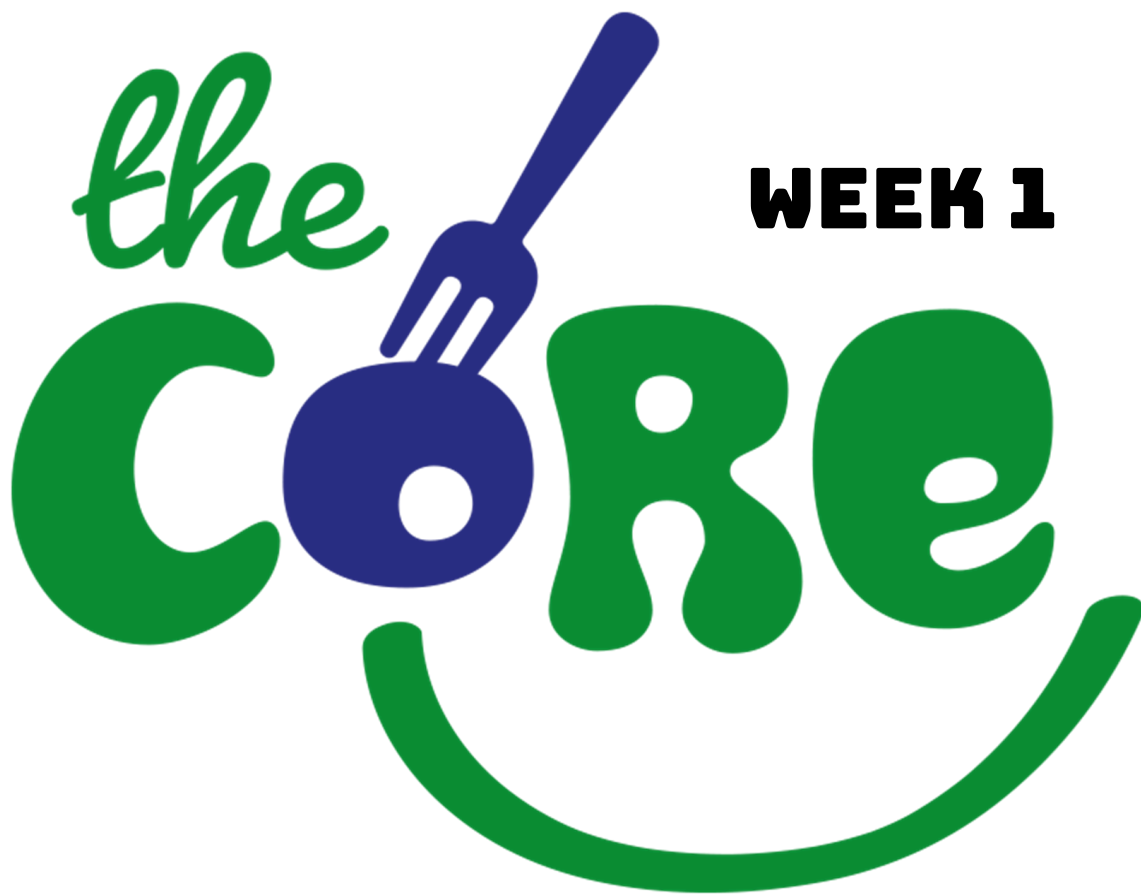


**Autumn-Winter  
2024-25**



**edwards and ward**  
a recipe for success

*the* **WEEK 1**  
**CORe**



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a recipe for success

## Recipe

Recipe: S092439 Swedish Style Meatballs &amp; Gravy

| Ingredient  | Amount      |
|---|-------------|
| 46694 Chicken & Sweetcorn Meatball (RT GF H) 20g    | 40          |
| 03013 Everyday Favourites Gluten Free Gravy Granule | heaped tbsp |
| Water Water   | 250ml       |

Yield: 10 Ptn

## Method

1. Place the meatballs on a lined baking sheet ( allowing 3 per portion ) bake for 30mins at 190c
2. Whisk gravy granules into boiling water.
5. Temperature check the meatballs and serve with creamy mash and the gravy on the side.

Please note the video shows a primary portion, the method is the same.

## Picture

Chicken Meatballs with Gravy

Watch the video here:

[https://youtu.be/P3W4n3XT-yM?si=DG7aHf\\_zsgjifSRd](https://youtu.be/P3W4n3XT-yM?si=DG7aHf_zsgjifSRd)



## Recipe

Recipe: S092440 Swedish Style Veggie Balls &amp; Gravy

| Ingredient  | Amount      |
|---|-------------|
| 10307 Katerveg Vegan Meatballs                      | 50          |
| 03013 Everyday Favourites Gluten Free Gravy Granule | heaped tbsp |
| Water Water   | 250ml       |

Yield: 10 Ptn

## Method

1. Place the meatless meatballs on a lined baking sheet ( allowing 4 per portion ) bake for 20mins at 190c
2. Whisk gravy granules into boiling water.
3. Temperature check the meatballs and serve with creamy mash and the gravy on the side.

## Picture

Vegeballs with Gravy

Watch the video here:

[https://youtu.be/3P8aR2w\\_Lb0?si=UcK9t2tPTGkGsmU6](https://youtu.be/3P8aR2w_Lb0?si=UcK9t2tPTGkGsmU6)

## Recipe

Recipe: S00035 Mash

| Ingredient                     | Amount |
|--------------------------------|--------|
| 74887 Potatoes                 | 1 Kg   |
| 71815 Kerrymaid Premium Baking | 56g    |

Yield: 10

## Method

1. Steam or boil the potatoes until soft
2. Mash the potatoes with the margarine until smooth, light and fluffy

Picture: None

## Recipe

Recipe: S240916 Chicken and Rice Taco with Sriracha

| Ingredient   | Amount     |
|--|------------|
| 53325 Basmati Rice                                 | 300g       |
| Absorbed Water Absorbed in Cooking                 | (absorbed) |
| 70299 Everyday Favourites Ground Turmeric          | 2 tsp      |
| 71438 Farmstead Chicken Thigh Boneless Skinless 80 | 500g       |
| 70358 Everyday Favourites Mixed Herbs              | 2 tsp      |
| 70375 Everyday Favourites Paprika                  | 2 tsp      |
| 04439 Everyday Favourites Cooking Salt             | 1 tsp      |
| 04377 Everyday Favourites Thick & Chunky Salsa     | 150g       |
| Water Water  | 100ml      |
| 75085 Fresh Iceberg Lettuce                        | 150g       |
| 19707 Blanco Nino Soft White Corn Tortillas 15cm   | 10         |
| 29718 Everyday Favourites Grated Mozzarella        | 100g       |
| 88797 Flying Goose Sriracha Hot Chilli Sauce       | 10g        |

Yield: 10 Ptn

## Method

1. Cook the rice with the turmeric as per manufacturer's instructions. While the rice is cooking continue the recipe.
2. Place the chicken thighs into a roasting tray along with the mixed herbs, paprika and salt. Mix well. Roast at 180c for 20-25 minutes or until the chicken is fully cooked.
3. Remove the chicken from the oven and pull apart. If there is juice in the tray keep it with the chicken, add 100mls of water to the tray to loosen any flavour stuck to the tray.
4. Add the salsa to the pulled chicken.
5. Wash and finely slice the iceberg lettuce.
6. Place the tortillas onto a tray and cover with cling film, place in the hot cupboard before service to warm through.
7. To serve, place a tortilla onto the plate, top with the turmeric rice, shredded lettuce a portion of the pulled chicken and top with grated cheese if requested.
8. Serve in a 12oz pot along with a portion of potato wedges (4) and a drizzle of Sriracha sauce.

Please note the video is for a primary portion, the method is the same.

Recipe

Picture

## Pulled Chicken & Golden Rice Taco

Watch the video here:

[https://youtu.be/QBCtpkuqTjA?si=NLv2KxwzA3nuY\\_T5](https://youtu.be/QBCtpkuqTjA?si=NLv2KxwzA3nuY_T5)



## Recipe

## Recipe: S240917 Sweet Potato &amp; Bean Taco with Sour Cream

| Ingredient                                       | Amount     |
|--|------------|
| 75049 Sweet Potatoes                             | 300g       |
| 03435 Everyday Favourites Vegetable Oil          | 1 tbsp     |
| 53325 Basmati Rice                               | 300g       |
| Absorbed Water: Water Absorbed in Cooking        | (absorbed) |
| 70299 Everyday Favourites Ground Turmeric        | 1 tsp      |
| 75456 Fresh Onions Medium                        | 100g       |
| 84901 Carrots                                    | 200g       |
| 22216 Et Voila Garlic Puree                      | 2 tsp      |
| 70375 Everyday Favourites Paprika                | 1 tsp      |
| 04439 Everyday Favourites Cooking Salt           | 1 tsp      |
| 07261 Canned Royal Crown 5 Bean Salad Water      | 400g       |
| 17576 Everyday Favourites Chopped Tomatoes       | 200g       |
| Water  | Water      |
| 75085 Fresh Iceberg Lettuce                      | 100g       |
| 19707 Blanco Nino Soft White Corn Tortillas 15cm | 10         |
| 27085 Compsey Set Sour Cream                     | 100g       |

Yield: 10 Ptn

## Method

1. Peel and dice the sweet potato, place onto a roasting tray and coat with a tsp of oil and roast on 180c for 15-10 minutes until the potato is soft.
2. Cook the rice with the turmeric as per manufacturer's instructions. While the rice is cooking continue the recipe.
3. Peel and dice the onions. Wash and grate the carrots.
4. In a pan add the remaining oil, add the onions and carrots. Cook on a medium heat for 5-7 minutes or until soft.
5. Add the garlic, paprika, salt, 5 bean salad, chopped tomato and water. Stir to incorporate.
6. Simmer for 10 minutes.
7. Add the sweet potato once it has cooked.
8. Wash and finely slice the iceberg lettuce.
9. Place the tortillas onto a tray and cover with cling film, place in the hot cupboard before service to warm through.
10. To serve, place a tortilla onto the plate, top with the turmeric rice, shredded lettuce a portion of the sweet potato taco beans.
11. Serve in a 12oz pot along with a portion of potato wedges (4) and a dollop of sour cream.

Optional: sprinkle with grated cheese if requested

Please note the video is for a primary portion, the method is the same.



Recipe

Picture

## Sweet Potato, Bean & Golden Rice Taco

Watch the video here:

<https://youtu.be/qeKmH0no668?si=s6q2F00qDk20UFbY>





Recipe

Recipe: S01464                      Jacket Wedges

| Ingredient |                            | Amount |
|------------|----------------------------|--------|
| 75409      | Fresh Jacket Potatoes 60`s | 5each  |

Yield: 8Ptn

Method

Cut into evenly sized wedges - approximately 8-10 per jacket  
Oven baked until golden brown and soft in the middle

Picture: None

## Recipe

Recipe: S092450 Dairy Free Slaw

| Ingredient                                    | Amount |
|---|--------|
| 20016 White Cabbage                           | 200g   |
| 20015 Red Cabbage                             | 200g   |
| 84901 Carrots                                 | 100g   |
| 75456 Fresh Onions Medium                     | 50g    |
| 70279 Everyday Favourites Ground Black Pepper | 1 tsp  |
| 07313 KTC Lemon Juice                         | 1 tsp  |
| 03435 Everyday Favourites Vegetable Oil       | 1 tsp  |

Yield: 10 Ptn

## Method

1. Remove any damaged leaves from the cabbage and finely shred. If you have a food processor you can use the blade function to do this. Peel and finely slice the onion.
2. Peel and grate the carrot.
3. Add all the raw vegetables to a bowl and add the salt, pepper, oil and lemon juice. Give a good mix.
4. Cover and leave to rest in the fridge for 1 hour.
5. Place into pots to serve as required.

Picture: None

## Recipe

Recipe: S092441      Slow Roasted Chicken with Gravy

| Ingredient |   | Amount |
|------------|---|--------|
| 71438      | Farmstead Chicken Thigh Boneless Skinless 80  | 700g   |
| 84901      | Carrots                                       | 150g   |
| 75456      | Fresh Onions Medium                           | 1      |
| 29529      | Everyday Favourites Bay Leaves                | 2      |
| Water      | Water   | 300ml  |
| 03013      | Everyday Favourites Gluten Free Gravy Granule | 15g    |

Yield: 10 Ptn

## Method

1. Place the Chicken thighs into a roasting try and just cover with cold water.
2. Place the washed carrots (no need to peel) and a peeled onion along with the bay leaf
3. Place the thighs in an oven on 180c for 25mins
4. Or until the centre of the chicken reaches the correct core temperature.
5. Remove the chicken and allow to cool.
6. Boil the 80ml of water and then stir into the stuffing mix then mix well until the water is fully absorbed.
7. Bring the stock to a boil for 30mins to reduce the liquid. Blend the stock with a hand blender until smooth
8. Add the gravy granules to add thickness, Pull the chicken and serve with the gravy

Watch the video here:

<https://youtu.be/2J3laljESbo>

Please note this video is for the primary portion, please adjust accordingly.

## Picture



## Recipe

Recipe: S092442      Roast Chicken Roll with Gravy

| Ingredient |   | Amount |
|------------|---|--------|
| 83893      | Chicken Breast Fillet (200-230g)              | 5      |
| 03013      | Everyday Favourites Gluten Free Gravy Granule | 35g    |
| Water      | Water   | 500ml  |

Yield: 12

## Method

- When ordering the chicken ensure you order butterflied chicken supreme's
- Take a large sheet of foil and place on to a chopping board
- Do the same for the greaseproof
- The sheets should be about 50cm long and as wide as the roll.
- Take the first piece of chicken and place this on to the greaseproof to the left as you look at it. The chicken should be flat and have the thicker part of the chicken facing away from you.
- Place the next supreme the opposite way and overlap slightly.
- Repeat this process until you have 5 supremes laying evenly across the centre of the greaseproof

### To roll

- Take the greaseproof with your thumb and forefingers by each corner and lift and move the paper away from you like you are making a swiss roll. As the roll starts to form tuck the greaseproof underneath the rolled supremes.
- Then repeat with the foil and start to mould and reinforce the shape of a tight cylinder.
- Crimp either end to seal the chicken within the greaseproof and foil parcel.
- To cook place the roll on to a baking sheet and roast for 40-45 mins on 190c or until the chicken reaches the correct temperature.
- Leave to rest in the parcel before slicing into 12 even slices or 40 smaller slices to create more coverage.

### Gravy

1. Whisk gravy granules into boiling water

Watch the video here:

<https://youtu.be/stMMgwyLHBQ>

## Picture



## Recipe

Recipe: S240923 Sweet Potato Crumble

| Ingredient                                      | Amount   |
|---|----------|
| 75049 Sweet Potatoes                            | 600g     |
| 84901 Carrots                                   | 500g     |
| 75456 Fresh Onions Medium                       | 300g     |
| 03435 Everyday Favourites Vegetable Oil         | 1 tbsp   |
| 22216 Et Voila Garlic Puree                     | 3 tsp    |
| 04192 Everyday Favourites GF Vegetable Bouillon | 1.5 tbsp |
| Water Water                                     | 400ml    |
| 17576 Everyday Favourites Chopped Tomatoes      | 400g     |
| 34079 Everyday Favourites Plain Flour           | 150g     |
| 42228 Mornflake Superfast Oats                  | 150g     |
| 71815 Kerrymaid Premium Baking                  | 75g      |
| 70358 Everyday Favourites Mixed Herbs           | 2 tsp    |

Yield: 10 Ptn

## Method

1. Peel and roughly dice the sweet potato, carrots & onion, place onto a roasting tray and coat with oil and roast on 180c for 15-10 minutes until the vegetables are soft.
2. Stir in the garlic puree and roast for another 5 minutes.
3. Mix the bouillon with the boiling water and together with the chopped tomatoes add to the roasted vegetables. Season with 1tsp mixed herbs. Leave aside. This is your vegetable base.
4. For the crumble mix. Add the remaining mixed herbs, flour & oats into a bowl and add the diced kerrymaid. Mix until crumble texture is achieved.
5. Place the vegetable base into a tin suitable for the oven and serving. Sprinkle the crumble mixture onto the top until completely covered.
6. Place into the oven on 180c and bake for 30-40 minutes until the mixture is golden brown.

Please note the video is for the primary portion, so please adjust quantities accordingly.

## Picture

Sweet Potato Crumble

Watch the video here:

<https://youtu.be/MNk5TWXRbWA?si=Ij9boBWSaEoKGEUf>

## Recipe

Recipe: S00060 Roasties

| Ingredient                              | Amount |
|---|--------|
| 74887 Potatoes                          | 840g   |
| 03435 Everyday Favourites Vegetable Oil | 20ml   |

Yield: 10

## Method

1. Steam or par boil the potatoes for 8-10 minutes
2. Drain the potatoes well, mix thoroughly with the oil
3. Roast the potatoes in a moderate oven for 35-40 minutes or until crisp and golden, but fluffy in the middle

Watch the video here:  
[https://youtu.be/R9zhX0kJ\\_S8](https://youtu.be/R9zhX0kJ_S8)

## Picture



## Recipe

Recipe: S092461                      Stuffing Ball

| Ingredient                           | Amount |
|--------------------------------------|--------|
| 17309      Sage & Onion Stuffing Mix | 250g   |
| Water      Water                     | 75ml   |

Yield: 10 Ptn

## Method

1. Stir 75 ml of boiling water into the stuffing mix then mix well until the water is fully absorbed
2. Divide into 10 equal sized balls, place on a lined baking tray and cook at 175C for 10-12 minutes. Allowing 1 per portion.

Picture: None



## Recipe

Recipe: S092443 Boneless Honey Roast Jerk Chicken & Dirty Rice

| Ingredient   | Amount     |
|--|------------|
| 03435 Everyday Favourites Vegetable Oil            | 30ml       |
| 71438 Farmstead Chicken Thigh Boneless Skinless 80 | 700g       |
| 84045 Jerk Seasoning                               | 2 tbsp     |
| 10996 Hilltop Blossom Honey                        | 1 tbsp     |
| 53325 Basmati Rice                                 | 500g       |
| Absorbed W: Water Absorbed in Cooking              | (absorbed) |
| 75634 Fresh Spring Onions                          | 50g        |
| 97692 Everyday Favourites Diced Mixed Peppers      | 200g       |
| 38596 Frozen Sweetcorn                             | 100g       |
| 04364 Everyday Favourites Choice Peas              | 100g       |

Yield: 10 Ptn

## Method

1. Combine the chicken,  $\frac{1}{2}$  the oil,  $\frac{1}{2}$  jerk seasoning & honey. Coat thoroughly and leave to marinate overnight.
2. Pre heat oven to 180c
3. Lay out chicken on a roasting tray.
4. Cook in the oven for 25-28 minutes or until a core temperature of +75C is reached.
5. Place rice into a boiling pan of water for 8-10 minutes or until tender.
6. Chop spring onion and weigh out sweetcorn & peas.
7. In a thick bottomed pan add remaining oil, jerk seasoning peas and sweetcorn. Gently fry for 2-3 minutes until softened but keeping their colour.
8. Add to drained rice and stir through spring onion.
9. Pot up in 12oz pot and top with cooked chicken.

Picture: None

## Recipe

Recipe: S240902 Fajita Rice Bowl with Tortilla Wafer &amp; Salsa

| Ingredient  | Amount     |
|---|------------|
| 53325 Basmati Rice                                  | 500g       |
| Water Water   | (absorbed) |
| 03435 Everyday Favourites Vegetable Oil             | 2 tbsp     |
| 75456 Fresh Onions Medium                           | 200g       |
| 84901 Carrots                                       | 200g       |
| 04505 Everyday Favourites Sliced Mixed Peppers      | 200g       |
| 22216 Et Voila Garlic Puree                         | 2 tsp      |
| 70358 Everyday Favourites Mixed Herbs               | 2 tsp      |
| 70375 Everyday Favourites Paprika                   | 2 tsp      |
| 17576 Everyday Favourites Chopped Tomatoes          | 500g       |
| 03350 Canned Red Kidney Beans In Water              | 400g       |
| 04439 Everyday Favourites Cooking Salt              | 1 tsp      |
| 29718 Everyday Favourites Grated Mozzarella         | 100g       |
| 07059 Everyday Favourites Flour Tortilla 25cm (10") | 5          |
| 03435 Everyday Favourites Vegetable Oil             | 1 tbsp     |
| 70375 Everyday Favourites Paprika                   | 1 tsp      |
| 04439 Everyday Favourites Cooking Salt              | 1 tsp      |
| 04377 Everyday Favourites Thick & Chunky Salsa      | 100g       |

Yield: 10 Ptn

## Method

1. Cook the rice as per manufacturer's instructions. While the rice is cooking continue the recipe.
2. Finely slice the onions and wash and grate the carrot.
3. Add 10ml oil to a pan along with the onion and cook for 5 minutes on a medium – low heat.
4. Add the peppers, grated carrot, spices, and garlic and cook for another 2-5 minutes until starting to soften.
5. Add the chopped tomatoes, kidney beans, salt & pepper and stir well. Leave to simmer until the rice is fully cooked.
6. Drain the rice once cooked and tip into the pan with the fajita mix. Coat thoroughly. Keep warm ready to pot for service.
7. To make the tortilla wafers, cut the tortilla into 8 triangle pieces. Coat the cut pieces with the remaining 10ml oil, paprika and salt. Mix well. Empty onto a lined baking tray.
8. Bake in the oven at 180c until crisp.
9. To serve, divide the fajita rice into 12oz pots, position 4 of the tortilla wafers in the pot. Sprinkle over the cheese and top with salsa.

Please note the video is for the primary version of this dish - please adjust accordingly. Tortilla wafers are a secondary extra.

Recipe

Picture

## Fajita Rice Bake

Watch the video here:

<https://youtu.be/MvE-0ol82e8?si=Sq4ggDFtjBduuCvH>



## Recipe

Recipe: S092462 Chilli Cheese Flat Bread

| Ingredient                                  | Amount |
|---|--------|
| 61491 White Pitta Bread                     | 5      |
| 29718 Everyday Favourites Grated Mozzarella | 300g   |
| 30144 Everyday Favourites Crushed Chillies  | 20g    |

Yield: 10 Ptn

## Method

1. Pre heat oven to 180 degrees.
2. Mix cheese & chilli flakes in a bowl.
3. Evenly place pittas on oven tray
4. Top each pitta with 30g of chilli cheese mixture
5. Bake for 3-4 minutes or until cheese mixture has melted
6. Once cooked cut pittas in half.

Picture: None

## Recipe

Recipe: S092444 Smashed Beef Slider with Cheese

| Ingredient                                  | Amount |
|---|--------|
| 73806 Beef Mince 85% VL                     | 600g   |
| 04439 Everyday Favourites Cooking Salt      | 1 tsp  |
| 81210 Everyday Favourites Mk4 Sandwich Baps | 10     |
| 75085 Fresh Iceberg Lettuce                 | 100g   |
| 75603 Fresh Tomatoes                        | 2      |

Yield: 10 Ptn

## Method

1. Place mince and salt into a bowl and mix well.
2. Divide into 60g portioned ball shapes.
3. On a red chopping board place the mince portions and flatten using your hands. This is your smashed slider
4. Place your smashed slider onto a baking tray and place into a pre heated oven (180 degrees) and cook for 6-8 minutes or until 75degrees is reached.
5. Wash and shred the lettuce. Wash and slice each tomato into 5 slices.
6. Lay out your burger buns and place your slider onto the bottom bun, top with cheese slice, lettuce and tomato.
7. Place 100g Fries (Recipe S00188) into a 12oz pot and place burger on top and serve.

Picture: None

## Recipe

Recipe: S092463 Chilli Cheese Veggie Dog &amp; Slaw

| Ingredient   | Amount |
|--|--------|
| 84520 Quorn Frankfurter                            | 10     |
| 81540 Everyday Favourites Hot Dog Roll Side Sliced | 10     |
| 29718 Everyday Favourites Grated Mozzarella        | 65g    |
| 86811 Everyday Favourites Cornflour                | 20g    |
| 06149 Semi Skimmed Milk                            | 200ml  |
| 88797 Flying Goose Sriracha Hot Chilli Sauce       | 5g     |
| 20015 Red Cabbage                                  | 300g   |
| 84901 Carrots                                      | 1      |
| 04132 Everyday Favourites Light Mayonnaise         | 50ml   |

Yield: 10 Ptn

## Method

1. Ensure enough hot dog rolls are defrosted.
2. Bring a large pan of water to boil and place Frankfurters in and simmer for 14-15 minutes or until 75degrees is reached.
3. Evenly spread chips onto baking tray and place into a preheated oven (200 degrees) for 15-20 minutes or until cooked through.
4. For the cheese sauce, mix the cornflour with 20ml of the milk to make a paste.
5. Bring the remainder of the milk to the boil.
6. Add the cornflour paste to the simmering milk and cook out for 5 minutes, stirring continuously to avoid lumps,
7. Add the cheese to the white sauce and stir for 1-2 minutes. This is your cheese sauce.
8. For the slaw finely slice/shred red cabbage.
9. Wash, peel and grate carrot and add to red cabbage.
10. Mix red cabbage and carrot with mayonnaise.
11. Once hotdogs are cooked drain from water and place into hot dog buns
12. In 12oz pot put your 100g fries (Recipe S00188) then on top place hot dog in the bun and spoon over cheese sauce on the frankfurter, then drizzle over sriracha sauce.
13. Add a spoonful of slaw to the side of the pot, on top of chips.

Picture: None

## Recipe

Recipe: S092458 Classic Dog with Sauces

| Ingredient   | Amount |
|--|--------|
| 84520 Quorn Frankfurter                            | 10     |
| 81540 Everyday Favourites Hot Dog Roll Side Sliced | 10     |
| 04393 Everyday Favourites Tomato Ketchup           | 100ml  |
| 02873 Everyday Favourites English Mustard          | 50ml   |

Yield: 10 Ptn

## Method

1. Cook sausages as instructed – 1 per hot dog roll
2. Place sausages into roll and top with the sauces.

Picture: None

## Recipe

Recipe: S092459 Fish Finger Po Boy

| Ingredient |  | Amount |
|------------|--|--------|
| 07397      | Young's MSC Minced Pollock Fish Fingers 25g  | 20     |
| 81540      | Everyday Favourites Hot Dog Roll Side Sliced | 10     |
| 75085      | Fresh Iceberg Lettuce                        | 200g   |
| 04393      | Everyday Favourites Tomato Ketchup           | 40ml   |
| 04132      | Everyday Favourites Light Mayonnaise         | 40ml   |

Yield: 10 Ptn

## Method

1. Cook the fish fingers as per manufacturers instructions.
2. Finely shred the lettuce and wash.
3. Mix the mayonnaise with the ketchup.
4. Open the hot dog roll and spread the sauce, add a layer of iceberg lettuce.
5. Top with 2 fish fingers and serve

Picture: None





Recipe

Recipe: S00188 Chips/Fries

| Ingredient |                                | Amount |
|------------|--------------------------------|--------|
| 19253      | Everyday Favourites Oven Chips | 1100g  |

Yield: 10 Ptn

Method

1. Spread the chips evenly onto a baking tray
2. Bake in a moderate oven for 10-14 minutes or until cooked

Picture: None

Recipe with Allergens Exploded

kwilliamson@edwardsandward.co.uk

Legend

- Contains
- ◐ May Contain
- Does Not Contain
- \* No Information

Contains

|         |        |             |             |        |                           |             |      |      |           |       |                |      |          |         |      |         |            |                |     |        |                               |      |      |         |       |
|---------|--------|-------------|-------------|--------|---------------------------|-------------|------|------|-----------|-------|----------------|------|----------|---------|------|---------|------------|----------------|-----|--------|-------------------------------|------|------|---------|-------|
| Almonds | Barley | Brazil Nuts | Cashew Nuts | Celery | Cereals containing Gluten | Crustaceans | Eggs | Fish | Hazelnuts | Lupin | Macadamia Nuts | Milk | Molluscs | Mustard | Oats | Peanuts | Pecan Nuts | Pistachio Nuts | Rye | Sesame | Sulphur Dioxide and Sulphites | Soya | Nuts | Walnuts | Wheat |
|---------|--------|-------------|-------------|--------|---------------------------|-------------|------|------|-----------|-------|----------------|------|----------|---------|------|---------|------------|----------------|-----|--------|-------------------------------|------|------|---------|-------|

Product Description

|                |  |               |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|----------------|--|---------------|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| S092443        | Boneless Honey Roast Jerk Chicken & Dirty        | Yield: 10 Ptn | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| 03435          | Everyday Favourites Vegetable Oil                | 30ml          | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| 71438          | Farmstead Chicken Thigh Boneless Skinless 80-100 | 700g          | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| 84045          | Jerk Seasoning                                   | 2 tbsp        | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| 10996          | Hilltop Blossom Honey                            | 1 tbsp        | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| 53325          | Basmati Rice                                     | 500g          | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| Absorbed Water | Water Absorbed in Cooking                        | (absorbed)    | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| 75634          | Fresh Spring Onions                              | 50g           | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| 97692          | Everyday Favourites Diced Mixed Peppers          | 200g          | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| 38596          | Frozen Sweetcorn                                 | 100g          | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| 04364          | Everyday Favourites Choice Peas                  | 100g          | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ |

|                |  |               |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|----------------|--|---------------|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| S240916        | Chicken and Rice Taco with Sriracha              | Yield: 10 Ptn | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ● | ◐ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| 53325          | Basmati Rice                                     | 300g          | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| Absorbed Water | Water Absorbed in Cooking                        | (absorbed)    | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| 70299          | Everyday Favourites Ground Turmeric              | 2 tsp         | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| 71438          | Farmstead Chicken Thigh Boneless Skinless 80-100 | 500g          | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| 70358          | Everyday Favourites Mixed Herbs                  | 2 tsp         | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| 70375          | Everyday Favourites Paprika                      | 2 tsp         | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ |

Recipe with Allergens Exploded

kwilliamson@edwardsandward.co.uk

Legend

- Contains
- May Contain
- Does Not Contain
- \* No Information

|                            |  |                      | Contains              |                       |                       |                       |                                  |                                  |                                  |                                  |                       |                       |                       |                       |                                  |                       |                       |                                  |                       |                       |                       |                       |                       |                               |                       |                       |                       |                       |                                  |
|----------------------------|--|----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|----------------------------------|----------------------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|
|                            |  |                      | Almonds               | Barley                | Brazil Nuts           | Cashew Nuts           | Celery                           | Cereals containing Gluten        | Crustaceans                      | Eggs                             | Fish                  | Hazelnuts             | Lupin                 | Macadamia Nuts        | Milk                             | Molluscs              | Mustard               | Oats                             | Peanuts               | Pecan Nuts            | Pistachio Nuts        | Rye                   | Sesame                | Sulphur Dioxide and Sulphites | Soya                  | Nuts                  | Walnuts               | Wheat                 |                                  |
| <b>Product Description</b> |  |                      |                       |                       |                       |                       |                                  |                                  |                                  |                                  |                       |                       |                       |                       |                                  |                       |                       |                                  |                       |                       |                       |                       |                       |                               |                       |                       |                       |                       |                                  |
| 04439                      | Everyday Favourites Cooking Salt             | 1 tsp                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 04377                      | Everyday Favourites Thick & Chunky Salsa     | 150g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| Water                      | Water  | 100ml                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 75085                      | Fresh Iceberg Lettuce                        | 150g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 19707                      | Blanco Nino Soft White Corn Tortillas 15cm   | 10                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 29718                      | Everyday Favourites Grated Mozzarella        | 100g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 88797                      | Flying Goose Sriracha Hot Chilli Sauce       | 10g                  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| <b>S092462</b>             | <b>Chilli Cheese Flat Bread</b>              | <b>Yield: 10 Ptn</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 61491                      | White Pitta Bread                            | 5                    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 29718                      | Everyday Favourites Grated Mozzarella        | 300g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 30144                      | Everyday Favourites Crushed Chillies         | 20g                  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| <b>S092463</b>             | <b>Chilli Cheese Veggie Dog &amp; Slaw</b>   | <b>Yield: 10 Ptn</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 84520                      | Quorn Frankfurter                            | 10                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 81540                      | Everyday Favourites Hot Dog Roll Side Sliced | 10                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 29718                      | Everyday Favourites Grated Mozzarella        | 65g                  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 86811                      | Everyday Favourites Cornflour                | 20g                  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 06149                      | Semi Skimmed Milk                            | 200ml                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |

Recipe with Allergens Exploded

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Legend  
 ● Contains  
 ◐ May Contain  
 ○ Does Not Contain  
 \* No Information

| Product Description |  |                      | Contains |        |             |             |        |                           |             |      |      |           |       |                |      |          |         |      |         |            |                |     |        |                               |      |      |         |       |   |
|---------------------|--|----------------------|----------|--------|-------------|-------------|--------|---------------------------|-------------|------|------|-----------|-------|----------------|------|----------|---------|------|---------|------------|----------------|-----|--------|-------------------------------|------|------|---------|-------|---|
|                     |  |                      | Almonds  | Barley | Brazil Nuts | Cashew Nuts | Celery | Cereals containing Gluten | Crustaceans | Eggs | Fish | Hazelnuts | Lupin | Macadamia Nuts | Milk | Molluscs | Mustard | Oats | Peanuts | Pecan Nuts | Pistachio Nuts | Rye | Sesame | Sulphur Dioxide and Sulphites | Soya | Nuts | Walnuts | Wheat |   |
| 88797               | Flying Goose Sriracha Hot Chilli Sauce       | 5g                   | ○        | ○      | ○           | ○           | ○      | ○                         | ○           | ○    | ○    | ○         | ○     | ○              | ○    | ○        | ◐       | ○    | ○       | ○          | ○              | ○   | ○      | ○                             | ○    | ○    | ○       | ○     | ○ |
| 20015               | Red Cabbage                                  | 300g                 | ○        | ○      | ○           | ○           | ○      | ○                         | ○           | ○    | ○    | ○         | ○     | ○              | ○    | ○        | ○       | ○    | ○       | ○          | ○              | ○   | ○      | ○                             | ○    | ○    | ○       | ○     | ○ |
| 84901               | Carrots                                      | 1                    | ○        | ○      | ○           | ○           | ○      | ○                         | ○           | ○    | ○    | ○         | ○     | ○              | ○    | ○        | ○       | ○    | ○       | ○          | ○              | ○   | ○      | ○                             | ○    | ○    | ○       | ○     | ○ |
| 04132               | Everyday Favourites Light Mayonnaise         | 50ml                 | ○        | ○      | ○           | ○           | ○      | ○                         | ○           | ●    | ○    | ○         | ○     | ○              | ○    | ○        | ○       | ○    | ○       | ○          | ○              | ○   | ○      | ○                             | ○    | ○    | ○       | ○     | ○ |
| <b>S00188</b>       | <b>Chips/Fries</b>                           | <b>Yield: 10 Ptn</b> | ○        | ○      | ○           | ○           | ○      | ○                         | ○           | ○    | ○    | ○         | ○     | ○              | ○    | ○        | ○       | ○    | ○       | ○          | ○              | ○   | ○      | ○                             | ○    | ○    | ○       | ○     | ○ |
| 19253               | Everyday Favourites Oven Chips               | 1100g                | ○        | ○      | ○           | ○           | ○      | ○                         | ○           | ○    | ○    | ○         | ○     | ○              | ○    | ○        | ○       | ○    | ○       | ○          | ○              | ○   | ○      | ○                             | ○    | ○    | ○       | ○     | ○ |
| <b>S092458</b>      | <b>Classic Dog with Sauces</b>               | <b>Yield: 10 Ptn</b> | ○        | ○      | ○           | ○           | ○      | ●                         | ○           | ●    | ○    | ○         | ○     | ○              | ○    | ○        | ○       | ○    | ○       | ○          | ○              | ○   | ○      | ○                             | ○    | ○    | ○       | ○     | ○ |
| 84520               | Quorn Frankfurter                            | 10                   | ○        | ○      | ○           | ○           | ○      | ○                         | ○           | ○    | ○    | ○         | ○     | ○              | ○    | ○        | ○       | ○    | ○       | ○          | ○              | ○   | ○      | ○                             | ○    | ○    | ○       | ○     | ○ |
| 81540               | Everyday Favourites Hot Dog Roll Side Sliced | 10                   | ○        | ○      | ○           | ○           | ○      | ○                         | ○           | ○    | ○    | ○         | ○     | ○              | ○    | ○        | ○       | ○    | ○       | ○          | ○              | ○   | ○      | ○                             | ○    | ○    | ○       | ○     | ○ |
| 04393               | Everyday Favourites Tomato Ketchup           | 100ml                | ○        | ○      | ○           | ○           | ○      | ○                         | ○           | ○    | ○    | ○         | ○     | ○              | ○    | ○        | ○       | ○    | ○       | ○          | ○              | ○   | ○      | ○                             | ○    | ○    | ○       | ○     | ○ |
| 02873               | Everyday Favourites English Mustard          | 50ml                 | ○        | ○      | ○           | ○           | ○      | ○                         | ○           | ○    | ○    | ○         | ○     | ○              | ○    | ○        | ○       | ○    | ○       | ○          | ○              | ○   | ○      | ○                             | ○    | ○    | ○       | ○     | ○ |
| <b>S092450</b>      | <b>Dairy Free Slaw</b>                       | <b>Yield: 10 Ptn</b> | ○        | ○      | ○           | ○           | ○      | ○                         | ○           | ○    | ○    | ○         | ○     | ○              | ○    | ○        | ○       | ○    | ○       | ○          | ○              | ○   | ○      | ○                             | ○    | ○    | ○       | ○     | ○ |
| 20016               | White Cabbage                                | 200g                 | ○        | ○      | ○           | ○           | ○      | ○                         | ○           | ○    | ○    | ○         | ○     | ○              | ○    | ○        | ○       | ○    | ○       | ○          | ○              | ○   | ○      | ○                             | ○    | ○    | ○       | ○     | ○ |
| 20015               | Red Cabbage                                  | 200g                 | ○        | ○      | ○           | ○           | ○      | ○                         | ○           | ○    | ○    | ○         | ○     | ○              | ○    | ○        | ○       | ○    | ○       | ○          | ○              | ○   | ○      | ○                             | ○    | ○    | ○       | ○     | ○ |
| 84901               | Carrots                                      | 100g                 | ○        | ○      | ○           | ○           | ○      | ○                         | ○           | ○    | ○    | ○         | ○     | ○              | ○    | ○        | ○       | ○    | ○       | ○          | ○              | ○   | ○      | ○                             | ○    | ○    | ○       | ○     | ○ |
| 75456               | Fresh Onions Medium                          | 50g                  | ○        | ○      | ○           | ○           | ○      | ○                         | ○           | ○    | ○    | ○         | ○     | ○              | ○    | ○        | ○       | ○    | ○       | ○          | ○              | ○   | ○      | ○                             | ○    | ○    | ○       | ○     | ○ |

Recipe with Allergens Exploded

kwilliamson@edwardsandward.co.uk

Legend

- Contains
- May Contain
- Does Not Contain
- No Information

Contains

|         |        |             |             |        |                           |             |      |      |           |       |                |      |          |         |      |         |            |                |     |        |                               |      |      |         |       |
|---------|--------|-------------|-------------|--------|---------------------------|-------------|------|------|-----------|-------|----------------|------|----------|---------|------|---------|------------|----------------|-----|--------|-------------------------------|------|------|---------|-------|
| Almonds | Barley | Brazil Nuts | Cashew Nuts | Celery | Cereals containing Gluten | Crustaceans | Eggs | Fish | Hazelnuts | Lupin | Macadamia Nuts | Milk | Molluscs | Mustard | Oats | Peanuts | Pecan Nuts | Pistachio Nuts | Rye | Sesame | Sulphur Dioxide and Sulphites | Soya | Nuts | Walnuts | Wheat |
|---------|--------|-------------|-------------|--------|---------------------------|-------------|------|------|-----------|-------|----------------|------|----------|---------|------|---------|------------|----------------|-----|--------|-------------------------------|------|------|---------|-------|

Product Description

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| 70279          | Everyday Favourites Ground Black Pepper                 | 1 tsp                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 07313          | KTC Lemon Juice   | 1 tsp                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 03435          | Everyday Favourites Vegetable Oil                       | 1 tsp                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| <b>S240902</b> | <b>Fajita Rice Bowl with Tortilla Wafer &amp; Salsa</b> | <b>Yield: 10 Ptn</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 53325          | Basmati Rice  | 500g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| Water          | Water   | (absorbed)           | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 03435          | Everyday Favourites Vegetable Oil                       | 2 tbsp               | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 75456          | Fresh Onions Medium                                     | 200g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 84901          | Carrots   | 200g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 04505          | Everyday Favourites Sliced Mixed Peppers                | 200g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 22216          | Et Voila Garlic Puree                                   | 2 tsp                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 70358          | Everyday Favourites Mixed Herbs                         | 2 tsp                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 70375          | Everyday Favourites Paprika                             | 2 tsp                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 17576          | Everyday Favourites Chopped Tomatoes                    | 500g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 03350          | Canned Red Kidney Beans In Water                        | 400g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 04439          | Everyday Favourites Cooking Salt                        | 1 tsp                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 29718          | Everyday Favourites Grated Mozzarella                   | 100g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 07059          | Everyday Favourites Flour Tortilla 25cm (10")           | 5                    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |

Recipe with Allergens Exploded

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Legend

- Contains
- May Contain
- Does Not Contain
- No Information

Contains

|         |        |             |             |        |                           |             |      |      |           |       |                |      |          |         |      |         |            |                |     |        |                               |      |      |         |       |
|---------|--------|-------------|-------------|--------|---------------------------|-------------|------|------|-----------|-------|----------------|------|----------|---------|------|---------|------------|----------------|-----|--------|-------------------------------|------|------|---------|-------|
| Almonds | Barley | Brazil Nuts | Cashew Nuts | Celery | Cereals containing Gluten | Crustaceans | Eggs | Fish | Hazelnuts | Lupin | Macadamia Nuts | Milk | Molluscs | Mustard | Oats | Peanuts | Pecan Nuts | Pistachio Nuts | Rye | Sesame | Sulphur Dioxide and Sulphites | Soya | Nuts | Walnuts | Wheat |
|---------|--------|-------------|-------------|--------|---------------------------|-------------|------|------|-----------|-------|----------------|------|----------|---------|------|---------|------------|----------------|-----|--------|-------------------------------|------|------|---------|-------|

Product Description

|       |  |        |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |
|-------|--|--------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 03435 | Everyday Favourites Vegetable Oil        | 1 tbsp | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 70375 | Everyday Favourites Paprika              | 1 tsp  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 04439 | Everyday Favourites Cooking Salt         | 1 tsp  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 04377 | Everyday Favourites Thick & Chunky Salsa | 100g   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

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| <b>S092459</b> | <b>Fish Finger Po Boy</b>                    | <b>Yield: 10 Ptn</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 07397          | Young's MSC Minced Pollock Fish Fingers 25g  | 20                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 81540          | Everyday Favourites Hot Dog Roll Side Sliced | 10                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 75085          | Fresh Iceberg Lettuce                        | 200g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 04393          | Everyday Favourites Tomato Ketchup           | 40ml                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 04132          | Everyday Favourites Light Mayonnaise         | 40ml                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |

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| <b>S01464</b> | <b>Jacket Wedges</b>       | <b>Yield: 8Ptn</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 75409         | Fresh Jacket Potatoes 60`s | 5each              | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

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| <b>S00035</b> | <b>Mash</b>              | <b>Yield: 10</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 74887         | Potatoes                 | 1 Kg             | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 71815         | Kerrymaid Premium Baking | 56g              | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

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| <b>S092442</b> | <b>Roast Chicken Roll with Gravy</b> | <b>Yield: 12</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
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Recipe with Allergens Exploded

kwilliamson@edwardsandward.co.uk

Legend

- Contains
- May Contain
- Does Not Contain
- No Information

| Product Description |  |                      | Contains              |                       |                       |                       |                                  |                           |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                               |                       |                       |                       |                       |
|---------------------|--|----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|---------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|
|                     |  |                      | Almonds               | Barley                | Brazil Nuts           | Cashew Nuts           | Celery                           | Cereals containing Gluten | Crustaceans           | Eggs                  | Fish                  | Hazelnuts             | Lupin                 | Macadamia Nuts        | Milk                  | Molluscs              | Mustard               | Oats                  | Peanuts               | Pecan Nuts            | Pistachio Nuts        | Rye                   | Sesame                | Sulphur Dioxide and Sulphites | Soya                  | Nuts                  | Walnuts               | Wheat                 |
| 83893               | Chicken Breast Fillet (200-230g)                 | 5                    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 03013               | Everyday Favourites Gluten Free Gravy Granules   | 35g                  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Water               | Water  | 500ml                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| <b>S00060</b>       | <b>Roasties</b>                                  | <b>Yield: 10</b>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 74887               | Potatoes   | 840g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 03435               | Everyday Favourites Vegetable Oil                | 20ml                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| <b>S092441</b>      | <b>Slow Roasted Chicken with Gravy</b>           | <b>Yield: 10 Ptn</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 71438               | Farmstead Chicken Thigh Boneless Skinless 80-100 | 700g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 84901               | Carrots  | 150g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 75456               | Fresh Onions Medium                              | 1                    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 29529               | Everyday Favourites Bay Leaves                   | 2                    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Water               | Water  | 300ml                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 03013               | Everyday Favourites Gluten Free Gravy Granules   | 15g                  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| <b>S092444</b>      | <b>Smashed Beef Slider with Cheese</b>           | <b>Yield: 10 Ptn</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 73806               | Beef Mince 85% VL                                | 600g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 04439               | Everyday Favourites Cooking Salt                 | 1 tsp                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

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Legend

- Contains
- May Contain
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- No Information

| Product Description |   |                      | Contains              |                       |                       |                       |                       |                                  |                       |                       |                       |                       |                       |                       |                                  |                       |                       |                       |                       |                       |                       |                       |                       |                               |                       |                       |                       |                                  |
|---------------------|---|----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------------------------|-----------------------|-----------------------|-----------------------|----------------------------------|
|                     |   |                      | Almonds               | Barley                | Brazil Nuts           | Cashew Nuts           | Celery                | Cereals containing Gluten        | Crustaceans           | Eggs                  | Fish                  | Hazelnuts             | Lupin                 | Macadamia Nuts        | Milk                             | Molluscs              | Mustard               | Oats                  | Peanuts               | Pecan Nuts            | Pistachio Nuts        | Rye                   | Sesame                | Sulphur Dioxide and Sulphites | Soya Nuts             | Walnuts               | Wheat                 |                                  |
| 81210               | Everyday Favourites Mk4 Sandwich Baps               | 10                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 75085               | Fresh Iceberg Lettuce                               | 100g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 75603               | Fresh Tomatoes                                      | 2                    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| <b>S092461</b>      | <b>Stuffing Ball</b>                                | <b>Yield: 10 Ptn</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 17309               | Sage & Onion Stuffing Mix                           | 250g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| Water               | Water   | 75ml                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| <b>S092439</b>      | <b>Swedish Style Meatballs &amp; Gravy</b>          | <b>Yield: 10 Ptn</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 46694               | Chicken & Sweetcorn Meatball (RT GF H) 20g          | 40                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 03013               | Everyday Favourites Gluten Free Gravy Granules      | heaped tbsp          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| Water               | Water   | 250ml                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| <b>S092440</b>      | <b>Swedish Style Veggie Balls &amp; Gravy</b>       | <b>Yield: 10 Ptn</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 10307               | Katerveg Vegan Meatballs                            | 50                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 03013               | Everyday Favourites Gluten Free Gravy Granules      | heaped tbsp          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| Water               | Water   | 250ml                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| <b>S240917</b>      | <b>Sweet Potato &amp; Bean Taco with Sour Cream</b> | <b>Yield: 10 Ptn</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 75049               | Sweet Potatoes                                      | 300g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |



Recipe with Allergens Exploded

kwilliamson@edwardsandward.co.uk

Legend

- Contains
- May Contain
- Does Not Contain
- No Information

| Product Description |  |                      | Contains              |                                  |                       |                       |                       |                                  |                       |                       |                       |                       |                       |                       |                                  |                       |                       |                       |                                  |                       |                       |                       |                       |                               |                       |                       |                       |                       |                                  |
|---------------------|--|----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|
|                     |  |                      | Almonds               | Barley                           | Brazil Nuts           | Cashew Nuts           | Celery                | Cereals containing Gluten        | Crustaceans           | Eggs                  | Fish                  | Hazelnuts             | Lupin                 | Macadamia Nuts        | Milk                             | Molluscs              | Mustard               | Oats                  | Peanuts                          | Pecan Nuts            | Pistachio Nuts        | Rye                   | Sesame                | Sulphur Dioxide and Sulphites | Soya                  | Nuts                  | Walnuts               | Wheat                 |                                  |
| 03435               | Everyday Favourites Vegetable Oil          | 1 tbsp               | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 53325               | Basmati Rice                               | 300g                 | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| Absorbed Water      | Water Absorbed in Cooking                  | (absorbed)           | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 70299               | Everyday Favourites Ground Turmeric        | 1 tsp                | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 75456               | Fresh Onions Medium                        | 100g                 | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 84901               | Carrots                                    | 200g                 | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 22216               | Et Voila Garlic Puree                      | 2 tsp                | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 70375               | Everyday Favourites Paprika                | 1 tsp                | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 04439               | Everyday Favourites Cooking Salt           | 1 tsp                | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 07261               | Canned Royal Crown 5 Bean Salad Water      | 400g                 | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 17576               | Everyday Favourites Chopped Tomatoes       | 200g                 | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| Water               | Water                                      | 100ml                | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 75085               | Fresh Iceberg Lettuce                      | 100g                 | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 19707               | Blanco Nino Soft White Corn Tortillas 15cm | 10                   | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 27085               | Compsey Set Sour Cream                     | 100g                 | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| <b>S240923</b>      | <b>Sweet Potato Crumble</b>                | <b>Yield: 10 Ptn</b> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 75049               | Sweet Potatoes                             | 600g                 | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 84901               | Carrots                                    | 500g                 | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |

Recipe with Allergens Exploded

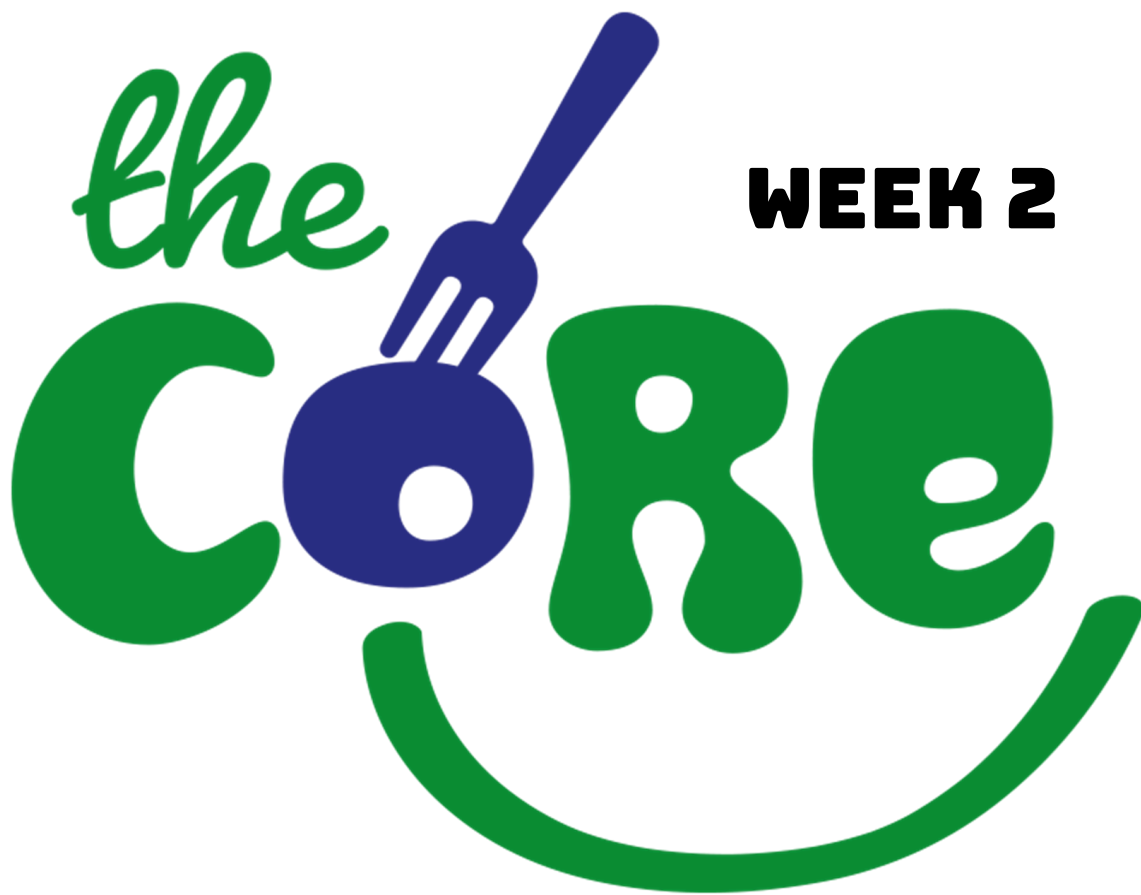
kwilliamson@edwardsandward.co.uk

Legend

- Contains
- May Contain
- Does Not Contain
- \* No Information

|       |   |          | Contains              |                       |                       |                       |                                  |                           |                       |                       |                       |                       |                       |                       |                       |                       |                       |                                  |                       |                       |                       |                       |                       |                               |                       |                       |                       |                       |                       |
|-------|---|----------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|---------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
|       |   |          | Almonds               | Barley                | Brazil Nuts           | Cashew Nuts           | Celery                           | Cereals containing Gluten | Crustaceans           | Eggs                  | Fish                  | Hazelnuts             | Lupin                 | Macadamia Nuts        | Milk                  | Molluscs              | Mustard               | Oats                             | Peanuts               | Pecan Nuts            | Pistachio Nuts        | Rye                   | Sesame                | Sulphur Dioxide and Sulphites | Soya                  | Nuts                  | Walnuts               | Wheat                 |                       |
| 75456 | Fresh Onions Medium                       | 300g     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 03435 | Everyday Favourites Vegetable Oil         | 1 tbsp   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 22216 | Et Voila Garlic Puree                     | 3 tsp    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 04192 | Everyday Favourites GF Vegetable Bouillon | 1.5 tbsp | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Water | Water                                     | 400ml    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 17576 | Everyday Favourites Chopped Tomatoes      | 400g     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 34079 | Everyday Favourites Plain Flour           | 150g     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 42228 | Mornflake Superfast Oats                  | 150g     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 71815 | Kerrymaid Premium Baking                  | 75g      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 70358 | Everyday Favourites Mixed Herbs           | 2 tsp    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

*the* **WEEK 2**  
**CORe**



**edwards and ward**

a recipe for success

## Recipe

Recipe: S03426                      Roasted Sausages & Gravy

| Ingredient |   | Amount |
|------------|---|--------|
| 09451      | Everyday Favourties Pork Sausages 8's         | 20     |
| 03013      | Everyday Favourites Gluten Free Gravy Granule | 40g    |
| Water      | Water   | 400ml  |

Yield: 10 Ptn

## Method

Place the sausages on a flat tray and cook as per manufacturer's instructions until a core temperature of +75C is reached

Whisk gravy granules into boiling water

Picture: None

## Recipe

Recipe: S00035 Mash

| Ingredient                     | Amount |
|--------------------------------|--------|
| 74887 Potatoes                 | 1 Kg   |
| 71815 Kerrymaid Premium Baking | 56g    |

Yield: 10

## Method

1. Steam or boil the potatoes until soft
2. Mash the potatoes with the margarine until smooth, light and fluffy

Picture: None

## Recipe

Recipe: S092455 Yorkshire Pudding

| Ingredient |                                   | Amount |
|------------|-----------------------------------|--------|
| 34079      | Everyday Favourites Plain Flour   | 100g   |
| 09126      | Eggs                              | 2      |
| 06149      | Semi Skimmed Milk                 | 300ml  |
| 03435      | Everyday Favourites Vegetable Oil | 20ml   |

Yield: 12

## Method

1. Add the flour and eggs to a bowl and start to whisk together.
2. Gradually add the milk, mixing well at each stage to ensure there are no lumps.
3. Once all the milk has been added, give a final whisk to ensure the batter is smooth.
4. Divide the oil between a 12 hole muffin tin – using a pastry brush makes this easier.
5. Place the muffin tin into an oven at 200c for 5 minutes to heat up.
6. Carefully remove the tin from the oven and pour the batter between the 12 holes.
7. Place back into the oven and cook for 20-25 minutes until the puddings have risen and are fully cooked.
8. Serve as an additional item for the required dishes.

Picture: None

## Recipe

Recipe: S092446      Bang Bang Cauliflower Rice Pot

| Ingredient  | Amount     |
|---|------------|
| 83372      Everyday Favourites Cauliflower Florets - FROZ | 1250g      |
| 86811      Everyday Favourites Cornflour                  | 100g       |
| 70389      Everyday Favourites Cajun Spice                | 10g        |
| 53325      Basmati Rice                                   | 500g       |
| Absorbed We: Water Absorbed in Cooking                    | (absorbed) |
| 84901      Carrots  | 200g       |
| 75634      Fresh Spring Onions                            | 3 stalks   |
| 75305      Fresh Red Chilli                               | 1          |
| 04364      Everyday Favourites Choice Peas                | 200g       |
| 88797      Flying Goose Sriracha Hot Chilli Sauce         | 100ml      |
| 89541      Lee Kum Kee Premium Dark Soy Sauce             | 50ml       |
| 66032      T&L Light Brown Soft Sugar                     | 50g        |
| 04742      Everyday Favourites Sweet Chilli Sauce         | 50ml       |
| Water      Water  | 100ml      |

Yield: 10 Ptn

## Method

1. Remove the cauliflower from the freezer and place into a pot of rapidly boiling water or the steamer. Leave for 5 minutes to help thaw. Drain and place onto a blue J cloth to absorb any moisture.
2. To make the vegetable rice, cook the rice as per manufacturers instruction. Then drain.
3. Peel and cube the carrot. Wash and slice the spring onion. Slice the fresh chilli.
4. Using the same pan the rice was drained from, add the oil and stir fry the carrot for 5 minutes. Add the peas and spring onion. Add the rice back to the pan and mix well.
5. Drain the thawed cauliflower and remove as much moisture as possible. Toss in the cornflour and cajun spice.
6. Place onto a lined baking tray and roast in the oven at 200c for 10 minutes. You want to achieve a crispy outside but firm inside.
7. To make the sauce combine the sriracha, soy sauce, water, brown sugar and sweet chilli in a sauce pan. Bring to the boil ensuring the sugar has dissolved, then remove from the heat.
8. To serve, place the rice into a 12oz pot, divide the cauliflower into the pots. Drizzle over the spicy sauce and finish with a couple of pieces of fresh chilli.

Picture: None

## Recipe

Recipe: S092447 Bolognese 'N' Mac in a Garlic Butter Burrito

| Ingredient  | Amount     |
|---|------------|
| 03435 Everyday Favourites Vegetable Oil             | 1 tbsp     |
| 75456 Fresh Onions Medium                           | 100g       |
| 84901 Carrots                                       | 100g       |
| 22216 Et Voila Garlic Puree                         | 2 tsp      |
| 55727 Fresh Mushrooms                               | 100g       |
| 73806 Beef Mince 85% VL                             | 300g       |
| 17576 Everyday Favourites Chopped Tomatoes          | 300g       |
| 70358 Everyday Favourites Mixed Herbs               | 1 tsp      |
| 03013 Everyday Favourites Gluten Free Gravy Granule | 2 tbsp     |
| Water Water   | 300ml      |
| 07059 Everyday Favourites Flour Tortilla 25cm (10") | 10         |
| 71815 Kerrymaid Premium Baking                      | 50g        |
| 22216 Et Voila Garlic Puree                         | 1tsp       |
| 30142 Everyday Favourites Dry Oregano               | 1tsp       |
| 70488 Everyday Favourites Macaroni                  | 200g       |
| Absorbed Water: Water Absorbed in Cooking           | (absorbed) |
| 20015 Red Cabbage                                   | 300g       |
| 84901 Carrots                                       | 1          |
| 04132 Everyday Favourites Light Mayonnaise          | 50ml       |

Yield: 10 Ptn

## Method

## Bolognese Sauce

1. Finely grate the carrots, mushrooms and finely dice the onions.
2. Place the beef mince into a dry pan and sear until browned. Always ensure you create a bit of colour.
3. Remove from the pan and drain away the excess fat. place back on a low heat for the vegetables.
4. Add veg oil the chopped onions, garlic puree (always add the onions first to prevent the garlic from burning) to the pan.
5. Sweat the vegetables gently and add the mixed herbs, then re-introduce the mince.
6. Add 300ml of water, chopped tomatoes, mixed herbs, gravy powder and black pepper to the meat and simmer for 30 minutes. If you feel the mix is too thick add a little water to get the right consistency.

## Pasta

1. Cook the pasta in boiling water for 8-9 minutes or until cooked
2. Drain thoroughly and stir the sauce through.

## Melted Garlic Butter:

1. Melt Kerrymaid either in a sauce pan or a tub in microwave.
2. Add garlic and oregano to melted Kerrymaid.

## Burrito:

1. Lay out all your wraps on a flat even surface and distribute the pasta bolognese evenly between the wraps. Enclose by folding in to a cylinder ensuring the sides are closed. Brush each burrito with melted garlic mixture.
2. Place on to a baking sheet and bake lightly (180c) until to the correct temperature.
3. Alternatively steam (make sure the gastro you place it in is well covered to avoid additional moisture hitting the burrito's).
4. Serve by cutting them in half and presenting them filling side up in a 12oz pot with a portion of slaw to the side of the burrito.

Picture: None



## Recipe

Recipe: S092448 Veggie Toad in the Hole with Onion Gravy

| Ingredient  | Amount      |
|---|-------------|
| 70195 Katerveg Vegan Sausage                        | 10          |
| 87351 Aunt Bessie's Baked Yorkshire Puddings (4")   | 10          |
| 03013 Everyday Favourites Gluten Free Gravy Granule | Heaped Tbsp |
| Water Water   | 250ml       |

Yield: 10 Ptn

## Method

1. Preheat Oven to 200°C/Fan Oven 180°C/395°F/Gas Mark 6,
2. Place vegan sausages on a preheated baking tray and cook in the centre of the oven for 16-18 minutes, turning once halfway through cooking
3. Cook Yorkshire Puddings for 4 minutes
4. Whisk gravy granules into boiling water
5. Place 100g mash (Recipe S00035) in 12oz pot then place sausage inside the Yorkshire onto mash and top with gravy.

Watch the video here:

<https://youtu.be/vi6X2APiZjg>

Please note this is a primary portion, so the presentation of the dish differs.

## Picture



## Recipe

Recipe: S092460      Loaded Chicken Yorkshire

| Ingredient   | Amount |
|--|--------|
| S092442      Roast Chicken Roll with Gravy             | 5      |
| S00060      Roasties                                   | 12     |
| 87351      Aunt Bessie's Baked Yorkshire Puddings (4") | 12     |

Yield: 12

## Method

Chicken Roll – Follow recipe S092442

Roasties - Follow recipe S00060

Veggies – Veg of the day

Yorkshires - Place on a baking tray near top oven preheated to 200C, cook for 4-6 minutes or until crisp.

Gravy - Whisk gravy granules into boiling water

To assemble, place the Yorkshire pudding into a 12oz pot, fill with the roast potatoes, vegetables and chicken roll. Pour over the gravy to finish and serve.

Picture: None

## Recipe

Recipe: S092442 Roast Chicken Roll with Gravy

| Ingredient |   | Amount |
|------------|---|--------|
| 83893      | Chicken Breast Fillet (200-230g)              | 5      |
| 03013      | Everyday Favourites Gluten Free Gravy Granule | 35g    |
| Water      | Water   | 500ml  |

Yield: 12

## Method

- When ordering the chicken ensure you order butterflied chicken supreme's
- Take a large sheet of foil and place on to a chopping board
- Do the same for the greaseproof
- The sheets should be about 50cm long and as wide as the roll.
- Take the first piece of chicken and place this on to the greaseproof to the left as you look at it. The chicken should be flat and have the thicker part of the chicken facing away from you.
- Place the next supreme the opposite way and overlap slightly.
- Repeat this process until you have 5 supremes laying evenly across the centre of the greaseproof

## To roll

- Take the greaseproof with your thumb and forefingers by each corner and lift and move the paper away from you like you are making a swiss roll. As the roll starts to form tuck the greaseproof underneath the rolled supremes.
- Then repeat with the foil and start to mould and reinforce the shape of a tight cylinder.
- Crimp either end to seal the chicken within the greaseproof and foil parcel.
- To cook place the roll on to a baking sheet and roast for 40-45 mins on 190c or until the chicken reaches the correct temperature.
- Leave to rest in the parcel before slicing into 12 even slices or 40 smaller slices to create more coverage.

## Gravy

1. Whisk gravy granules into boiling water

Watch the video here:

<https://youtu.be/stMMgwyLHBQ>

## Picture



## Recipe

Recipe: S00060

Roasties

| Ingredient                              | Amount |
|---|--------|
| 74887 Potatoes                          | 840g   |
| 03435 Everyday Favourites Vegetable Oil | 20ml   |

Yield: 10

## Method

1. Steam or par boil the potatoes for 8-10 minutes
2. Drain the potatoes well, mix thoroughly with the oil
3. Roast the potatoes in a moderate oven for 35-40 minutes or until crisp and golden, but fluffy in the middle

Watch the video here:

[https://youtu.be/R9zhX0kJ\\_S8](https://youtu.be/R9zhX0kJ_S8)

## Picture



## Recipe

Recipe: S092461                      Stuffing Ball

| Ingredient                           | Amount |
|--------------------------------------|--------|
| 17309      Sage & Onion Stuffing Mix | 250g   |
| Water      Water                     | 75ml   |

Yield: 10 Ptn

## Method

1. Stir 75 ml of boiling water into the stuffing mix then mix well until the water is fully absorbed
2. Divide into 10 equal sized balls, place on a lined baking tray and cook at 175C for 10-12 minutes. Allowing 1 per portion.

Picture: None

## Recipe

Recipe: S092449 **Bombay Potato Burrito**

| Ingredient  | Amount |
|---|--------|
| 74887 Potatoes                                      | 1500g  |
| 04439 Everyday Favourites Cooking Salt              | 1 tsp  |
| 70299 Everyday Favourites Ground Turmeric           | 1 tsp  |
| 03435 Everyday Favourites Vegetable Oil             | 2 tbsp |
| 75456 Fresh Onions Medium                           | 1      |
| 75603 Fresh Tomatoes                                | 2      |
| 75256 Fresh Coriander                               | 50g    |
| 70395 Everyday Favourites Madras Curry Powder       | 1 tbsp |
| 71815 Kerrymaid Premium Baking                      | 20g    |
| 07059 Everyday Favourites Flour Tortilla 25cm (10") | 10     |

Yield: 10 Ptn

## Method

1. Wash and dice the potatoes. Add to a pan and cover with water, bring to the boil and then simmer for 5-10 minutes until the potatoes are starting to soften. Drain and set aside.
2. Peel and dice the onions. Dice the tomatoes. Wash and chop the coriander.
3. Line a large tray with parchment paper and add the drained potatoes. To this add the onion, salt, turmeric, oil and curry powder. Mix well. Place into an oven at 190c and roast for 20-25 minutes. Checking halfway to turn.
4. Once the potatoes are fully cooked remove from the oven and add the chopped tomatoes and  $\frac{3}{4}$  of the coriander, mix well together.
5. Melt the Kerrymaid and add the remaining coriander.
6. Lay the tortilla wraps out onto the work surface and divide the Bombay potato mix evenly between them.
7. Wrap the tortilla up into a burrito, start by folding the sides in, then rolling up from the bottom and lifting to tuck all the filling in and finish with the seal on the bottom.
8. Place all the wrapped burritos onto a baking tray and brush with the melted coriander butter mix.
9. Place back into the oven and bake for 10 minutes.
10. Serve cut in half with a portion of the dairy free slaw (Recipe S092450)

Picture: None

## Recipe

Recipe: S092450 Dairy Free Slaw

| Ingredient                                    | Amount |
|---|--------|
| 20016 White Cabbage                           | 200g   |
| 20015 Red Cabbage                             | 200g   |
| 84901 Carrots                                 | 100g   |
| 75456 Fresh Onions Medium                     | 50g    |
| 70279 Everyday Favourites Ground Black Pepper | 1 tsp  |
| 07313 KTC Lemon Juice                         | 1 tsp  |
| 03435 Everyday Favourites Vegetable Oil       | 1 tsp  |

Yield: 10 Ptn

## Method

1. Remove any damaged leaves from the cabbage and finely shred. If you have a food processor you can use the blade function to do this. Peel and finely slice the onion.
2. Peel and grate the carrot.
3. Add all the raw vegetables to a bowl and add the salt, pepper, oil and lemon juice. Give a good mix.
4. Cover and leave to rest in the fridge for 1 hour.
5. Place into pots to serve as required.

Picture: None

## Recipe

## Recipe: S240924 Chicken Biryani with Korma Curry Sauce

| Ingredient   | Amount |
|--|--------|
| 03435 Everyday Favourites Vegetable Oil            | 2 tbsp |
| 71438 Farmstead Chicken Thigh Boneless Skinless 80 | 600g   |
| 75456 Fresh Onions Medium                          | 3      |
| 70525 Frozen Leaf Spinach                          | 200g   |
| 70299 Everyday Favourites Ground Turmeric          | 1 tsp  |
| 70395 Everyday Favourites Madras Curry Powder      | 1 tsp  |
| 70361 Everyday Favourites Garlic Powder            | 2 tsp  |
| 53325 Basmati Rice                                 | 500g   |
| 04192 Everyday Favourites GF Vegetable Bouillon    | 2 tbsp |
| Water Water  | 1000ml |
| 04439 Everyday Favourites Cooking Salt             | 1 tsp  |
| 70279 Everyday Favourites Ground Black Pepper      | 1 tsp  |
| 03435 Everyday Favourites Vegetable Oil            | 1 tbsp |
| 75456 Fresh Onions Medium                          | 1      |
| 70361 Everyday Favourites Garlic Powder            | 1 tsp  |
| Water Water  | 350ml  |
| 29825 Cook Asia Coconut Milk                       | 100ml  |

Yield: 10 Ptn

## Method

## Method for Biryani:

1. Peel and dice the onion (leave 1 for sauce)
2. Cut the chicken thighs into strips and brown off in a thick based pan with oil.
3. Add the diced onions to the pan and cook till soft then add the spinach and saute for 2 minutes until it breaks up.
4. Add curry powder, turmeric, garlic powder and rice and cook for 1 min.
5. Add the veg bouillon, water, salt & pepper to the to the pan. Simmer until the rice is tender, stirring occasionally to stop the rice from sticking.
6. Turn off the heat, cover with a lid or foil and let it steam for 10 minutes before serving.

## Chef's Tip

After cooking rice and onions and spices till soft the next stage can be done in a large tin in the oven (just add everything together and keep stirring to stop it all sticking) if you have the space or continue in a saucepan on top of cooker.

## Method for Korma Sauce:

1. In a saucepan place the cooking oil and finely chopped onions
2. Once the onions have lightly browned add the curry powder, garlic powder and a couple of tablespoons of water. Allow the water to reduce. This will stop the powders from burning and creating a bitter curry.
3. Add crushed banana. Stir to combine.
4. Add the stock. Simmer for 10 minutes
5. Add the coconut milk and reduce the liquid until thickened and serve.
6. In 12oz place Chicken Biryani and top with Korma sauce and 40g veg.

Picture: None



## Recipe

Recipe: S092453

Mini Naan

Ingredient

Amount

|       |  |    |
|-------|--|----|
| 61490 | Cook Asia Mini Round Garlic & Coriander Naan | 10 |
|-------|--|----|

Yield: 10 Ptn

## Method

1. Remove from packaging and sprinkle lightly with water, place onto a baking tray and into a preheated oven at 200°C for approximately 4-5 minutes.
2. Serve as an additional item to required dishes.

Picture: None

## Recipe

Recipe: S092451 Mexican Fried Corn Quesadilla

| Ingredient  | Amount |
|---|--------|
| 07059 Everyday Favourites Flour Tortilla 25cm (10") | 10     |
| 50882 Santa Maria Refried Beans                     | 415g   |
| 38596 Frozen Sweetcorn                              | 200g   |
| 29718 Everyday Favourites Grated Mozzarella         | 400g   |
| 71815 Kerrymaid Premium Baking                      | 50g    |
| 30142 Everyday Favourites Dry Oregano               | 1 tsp  |
| 30144 Everyday Favourites Crushed Chillies          | 1 tsp  |
| 22216 Et Voila Garlic Puree                         | 1 tsp  |

Yield: 10 Ptn

## Method

1. Place 5 tortillas onto the work surface.
2. Divide the refried beans between the tortillas and spread reaching the edges.
3. Sprinkle over the sweetcorn between the tortillas.
4. Spread the cheese over the top of the corn, ensuring it reaches the edges.
5. Place the remaining 5 tortillas on top of the layered ones, creating a large tortilla 'sandwich'.
6. Melt the Kerrymaid and mix in the oregano, chili and garlic. Using a pastry brush, brush the mix over the top of the tortilla.
7. Place the quesadilla onto a lined baking tray and bake in the oven at 180c for 10-12 minutes or until it is crisp and the cheese has melted inside.
8. Cut each quesadilla in half to create a semi-circle, then each semi-circle into 4 pieces.
9. Serve in a 12oz pot with the golden rice.

Picture: None

## Recipe

Recipe: S092452 Golden Rice

| Ingredient                                | Amount     |
|---|------------|
| 53325 Basmati Rice                        | 400g       |
| Absorbed We Water Absorbed in Cooking     | (absorbed) |
| 70299 Everyday Favourites Ground Turmeric | 2 tsp      |
| 04439 Everyday Favourites Cooking Salt    | 1 tsp      |

Yield: 10 Ptn

## Method

1. Place the rice, turmeric and salt into a larger pan. Cover with water and bring to a boil.
2. Simmer for 15-17 minutes until the rice is cooked.
3. Drain and serve

Picture: None

## Recipe

Recipe: S092457      Battered Fish

| Ingredient  | Amount  |
|---|---------|
| 55572      Harry Ramsden's MSC Battered Pollock Fillets | 10 Each |

Yield: 10 Ptn

## Method

1. For best results always cook from frozen.
2. Place fillet on a pre heated baking tray and bake for 15-20 minutes at 200C. Ensure the core temperature reaches 75C

Picture: None

## Recipe

Recipe: S092456 Sweet Chilli Paneer Gyros

| Ingredient  | Amount |
|---|--------|
| 07059 Everyday Favourites Flour Tortilla 25cm (10") | 10     |
| 42832 Diced Paneer Cheese                           | 250g   |
| 75085 Fresh Iceberg Lettuce                         | 200g   |
| 75456 Fresh Onions Medium                           | 100g   |
| 75495 Red Peppers                                   | 1      |
| 79347 Fresh Cucumber                                | 1/2    |
| 04742 Everyday Favourites Sweet Chilli Sauce        | 100ml  |
| 19253 Everyday Favourites Oven Chips                | 1kg    |

Yield: 10 Ptn

## Method

1. Drain the paneer, place onto a lined baking tray and roast in the oven at 180c for 10-15 minutes until the outsides are crisp.
2. Wash and shred the lettuce. Wash and cut the cucumber. Wash and slice the pepper. Peel and slice the onion.
3. Cook the chips as per manufacturers instructions.
4. Lay the tortilla on the work surface. Divide the lettuce, cucumber, pepper and onion between them. Next add the chips, then the paneer. Finish by drizzling the sweet chilli sauce over.
5. Fold the bottom of the tortilla up to create a base, then fold the left and right side into the centre to close the wrap. Leaving the top open to see the filling.
6. Use half a piece of the botanical paper to wrap around the bottom half of the gyros to lay onto the serving area.

Picture: None



Recipe

Recipe: S00188 Chips/Fries

| Ingredient |                                | Amount |
|------------|--------------------------------|--------|
| 19253      | Everyday Favourites Oven Chips | 1100g  |

Yield: 10 Ptn

Method

1. Spread the chips evenly onto a baking tray
2. Bake in a moderate oven for 10-14 minutes or until cooked

Picture: None

## Recipe

Recipe: S092458 Classic Dog with Sauces

| Ingredient |  | Amount |
|------------|--|--------|
| 84520      | Quorn Frankfurter                            | 10     |
| 81540      | Everyday Favourites Hot Dog Roll Side Sliced | 10     |
| 04393      | Everyday Favourites Tomato Ketchup           | 100ml  |
| 02873      | Everyday Favourites English Mustard          | 50ml   |

Yield: 10 Ptn

## Method

1. Cook sausages as instructed – 1 per hot dog roll
2. Place sausages into roll and top with the sauces.

Picture: None

## Recipe

Recipe: S092459 Fish Finger Po Boy

| Ingredient |  | Amount |
|------------|--|--------|
| 07397      | Young's MSC Minced Pollock Fish Fingers 25g  | 20     |
| 81540      | Everyday Favourites Hot Dog Roll Side Sliced | 10     |
| 75085      | Fresh Iceberg Lettuce                        | 200g   |
| 04393      | Everyday Favourites Tomato Ketchup           | 40ml   |
| 04132      | Everyday Favourites Light Mayonnaise         | 40ml   |

Yield: 10 Ptn

## Method

1. Cook the fish fingers as per manufacturers instructions.
2. Finely shred the lettuce and wash.
3. Mix the mayonnaise with the ketchup.
4. Open the hot dog roll and spread the sauce, add a layer of iceberg lettuce.
5. Top with 2 fish fingers and serve

Picture: None



Recipe with Allergens Exploded

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Legend

- Contains
- May Contain
- Does Not Contain
- No Information

|                |  |                      | Contains              |                       |                       |                       |                                  |                                  |                       |                                  |                       |                       |                       |                       |                       |                       |                                  |                       |                       |                       |                       |                       |                       |                               |                                  |                       |                       |                       |                                  |
|----------------|--|----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|----------------------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------------------------|----------------------------------|-----------------------|-----------------------|-----------------------|----------------------------------|
|                |  |                      | Almonds               | Barley                | Brazil Nuts           | Cashew Nuts           | Celery                           | Cereals containing Gluten        | Crustaceans           | Eggs                             | Fish                  | Hazelnuts             | Lupin                 | Macadamia Nuts        | Milk                  | Molluscs              | Mustard                          | Oats                  | Peanuts               | Pecan Nuts            | Pistachio Nuts        | Rye                   | Sesame                | Sulphur Dioxide and Sulphites | Soya                             | Nuts                  | Walnuts               | Wheat                 |                                  |
| <b>S092446</b> | <b>Bang Bang Cauliflower Rice Pot</b>            | <b>Yield: 10 Ptn</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 83372          | Everyday Favourites Cauliflower Florets - FROZEN | 1250g                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 86811          | Everyday Favourites Cornflour                    | 100g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 70389          | Everyday Favourites Cajun Spice                  | 10g                  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 53325          | Basmati Rice                                     | 500g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| Absorbed Water | Water Absorbed in Cooking                        | (absorbed)           | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 84901          | Carrots  | 200g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 75634          | Fresh Spring Onions                              | 3 stalks             | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 75305          | Fresh Red Chilli                                 | 1                    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 04364          | Everyday Favourites Choice Peas                  | 200g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 88797          | Flying Goose Sriracha Hot Chilli Sauce           | 100ml                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 89541          | Lee Kum Kee Premium Dark Soy Sauce               | 50ml                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 66032          | T&L Light Brown Soft Sugar                       | 50g                  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 04742          | Everyday Favourites Sweet Chilli Sauce           | 50ml                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| Water          | Water  | 100ml                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| <b>S092457</b> | <b>Battered Fish</b>                             | <b>Yield: 10 Ptn</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 55572          | Harry Ramsden's MSC Battered Pollock Fillets     | 10 Each              | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |

Recipe with Allergens Exploded

kwilliamson@edwardsandward.co.uk

**Legend**

- Contains
- May Contain
- Does Not Contain
- \* No Information

|                |   |                      | Contains              |                       |                       |                       |                       |                                  |                       |                                  |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                               |                       |                       |                       |                       |                                  |
|----------------|---|----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|
|                |   |                      | Almonds               | Barley                | Brazil Nuts           | Cashew Nuts           | Celery                | Cereals containing Gluten        | Crustaceans           | Eggs                             | Fish                  | Hazelnuts             | Lupin                 | Macadamia Nuts        | Milk                  | Molluscs              | Mustard               | Oats                  | Peanuts               | Pecan Nuts            | Pistachio Nuts        | Rye                   | Sesame                | Sulphur Dioxide and Sulphites | Soya                  | Nuts                  | Walnuts               | Wheat                 |                                  |
| <b>S092447</b> | <b>Bolognese 'N' Mac in a Garlic Butter Burrirt</b> | <b>Yield: 10 Ptn</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 03435          | Everyday Favourites Vegetable Oil                   | 1 tbsp               | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 75456          | Fresh Onions Medium                                 | 100g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 22216          | Et Voila Garlic Puree                               | 2 tsp                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 84901          | Carrots   | 100g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 55727          | Fresh Mushrooms                                     | 100g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 73806          | Beef Mince 85% VL                                   | 300g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 17576          | Everyday Favourites Chopped Tomatoes                | 300g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 03013          | Everyday Favourites Gluten Free Gravy Granules      | 2 tbsp               | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 70358          | Everyday Favourites Mixed Herbs                     | 1 tsp                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| Water          | Water   | 300ml                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 07059          | Everyday Favourites Flour Tortilla 25cm (10")       | 10                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 71815          | Kerrymaid Premium Baking                            | 50g                  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 22216          | Et Voila Garlic Puree                               | 1tsp                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 30142          | Everyday Favourites Dry Oregano                     | 1tsp                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 70488          | Everyday Favourites Macaroni                        | 200g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| Absorbed Water | Water Absorbed in Cooking                           | (absorbed)           | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 20015          | Red Cabbage   | 300g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |

Recipe with Allergens Exploded

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Legend

- Contains
- May Contain
- Does Not Contain
- No Information

| Contains              |                       |                       |                       |                       |                           |                       |                                  |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                               |                       |                       |                       |                       |                       |
|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|---------------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| Almonds               | Barley                | Brazil Nuts           | Cashew Nuts           | Celery                | Cereals containing Gluten | Crustaceans           | Eggs                             | Fish                  | Hazelnuts             | Lupin                 | Macadamia Nuts        | Milk                  | Molluscs              | Mustard               | Oats                  | Peanuts               | Pecan Nuts            | Pistachio Nuts        | Rye                   | Sesame                | Sulphur Dioxide and Sulphites | Soya                  | Nuts                  | Walnuts               | Wheat                 |                       |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

Product Description

|       |                                      |      |
|-------|--------------------------------------|------|
| 84901 | Carrots                              | 1    |
| 04132 | Everyday Favourites Light Mayonnaise | 50ml |

|                |   |                      |
|----------------|---|----------------------|
| <b>S092449</b> | <b>Bombay Potato Burrito</b>                  | <b>Yield: 10 Ptn</b> |
| 74887          | Potatoes                                      | 1500g                |
| 04439          | Everyday Favourites Cooking Salt              | 1 tsp                |
| 70299          | Everyday Favourites Ground Turmeric           | 1 tsp                |
| 03435          | Everyday Favourites Vegetable Oil             | 2 tbsp               |
| 75456          | Fresh Onions Medium                           | 1                    |
| 75603          | Fresh Tomatoes                                | 2                    |
| 75256          | Fresh Coriander                               | 50g                  |
| 70395          | Everyday Favourites Madras Curry Powder       | 1 tbsp               |
| 71815          | Kerrymaid Premium Baking                      | 20g                  |
| 07059          | Everyday Favourites Flour Tortilla 25cm (10") | 10                   |

|                       |                       |                       |                       |                       |                                  |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                                  |
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| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |

|                |  |                      |
|----------------|--|----------------------|
| <b>S240924</b> | <b>Chicken Biryani with Korma Curry Sauce</b>    | <b>Yield: 10 Ptn</b> |
| 03435          | Everyday Favourites Vegetable Oil                | 2 tbsp               |
| 71438          | Farmstead Chicken Thigh Boneless Skinless 80-100 | 600g                 |
| 75456          | Fresh Onions Medium                              | 3                    |

|                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |
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| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

Recipe with Allergens Exploded

kwilliamson@edwardsandward.co.uk

Legend

- Contains
- May Contain
- Does Not Contain
- No Information

| Product Description |   |                      | Contains              |                       |                       |                       |                                  |                           |                                  |                       |                       |                       |                       |                       |                       |                       |                                  |                       |                       |                       |                       |                       |                       |                               |                       |                       |                       |                       |
|---------------------|---|----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|---------------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|
|                     |   |                      | Almonds               | Barley                | Brazil Nuts           | Cashew Nuts           | Celery                           | Cereals containing Gluten | Crustaceans                      | Eggs                  | Fish                  | Hazelnuts             | Lupin                 | Macadamia Nuts        | Milk                  | Molluscs              | Mustard                          | Oats                  | Peanuts               | Pecan Nuts            | Pistachio Nuts        | Rye                   | Sesame                | Sulphur Dioxide and Sulphites | Soya                  | Nuts                  | Walnuts               | Wheat                 |
| 70525               | Frozen Leaf Spinach                       | 200g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>     | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 70299               | Everyday Favourites Ground Turmeric       | 1 tsp                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>     | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 70395               | Everyday Favourites Madras Curry Powder   | 1 tsp                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>     | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 70361               | Everyday Favourites Garlic Powder         | 2 tsp                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>     | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 53325               | Basmati Rice                              | 500g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>     | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 04192               | Everyday Favourites GF Vegetable Bouillon | 2 tbsp               | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>     | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Water               | Water                                     | 1000ml               | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>     | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 04439               | Everyday Favourites Cooking Salt          | 1 tsp                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>     | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 70279               | Everyday Favourites Ground Black Pepper   | 1 tsp                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>     | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 03435               | Everyday Favourites Vegetable Oil         | 1 tbsp               | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>     | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 75456               | Fresh Onions Medium                       | 1                    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>     | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 70361               | Everyday Favourites Garlic Powder         | 1 tsp                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>     | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Water               | Water                                     | 350ml                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>     | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 29825               | Cook Asia Coconut Milk                    | 100ml                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>     | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| <b>S00188</b>       | <b>Chips/Fries</b>                        | <b>Yield: 10 Ptn</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>     | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 19253               | Everyday Favourites Oven Chips            | 1100g                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>     | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| <b>S092458</b>      | <b>Classic Dog with Sauces</b>            | <b>Yield: 10 Ptn</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>     | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

Recipe with Allergens Exploded

kwilliamson@edwardsandward.co.uk

Legend

- Contains
- May Contain
- Does Not Contain
- \* No Information

Contains

|         |        |             |             |        |                           |             |      |      |           |       |                |      |          |         |      |         |            |                |     |        |                               |      |      |         |       |
|---------|--------|-------------|-------------|--------|---------------------------|-------------|------|------|-----------|-------|----------------|------|----------|---------|------|---------|------------|----------------|-----|--------|-------------------------------|------|------|---------|-------|
| Almonds | Barley | Brazil Nuts | Cashew Nuts | Celery | Cereals containing Gluten | Crustaceans | Eggs | Fish | Hazelnuts | Lupin | Macadamia Nuts | Milk | Molluscs | Mustard | Oats | Peanuts | Pecan Nuts | Pistachio Nuts | Rye | Sesame | Sulphur Dioxide and Sulphites | Soya | Nuts | Walnuts | Wheat |
|---------|--------|-------------|-------------|--------|---------------------------|-------------|------|------|-----------|-------|----------------|------|----------|---------|------|---------|------------|----------------|-----|--------|-------------------------------|------|------|---------|-------|

Product Description

|       |  |       |                       |
|-------|--|-------|-----------------------|
| 84520 | Quorn Frankfurter                            | 10    | <input type="radio"/> |
| 81540 | Everyday Favourites Hot Dog Roll Side Sliced | 10    | <input type="radio"/> |
| 04393 | Everyday Favourites Tomato Ketchup           | 100ml | <input type="radio"/> |
| 02873 | Everyday Favourites English Mustard          | 50ml  | <input type="radio"/> |

|                |   |                      |                       |
|----------------|---|----------------------|-----------------------|
| <b>S092450</b> | <b>Dairy Free Slaw</b>                  | <b>Yield: 10 Ptn</b> | <input type="radio"/> |
| 20016          | White Cabbage                           | 200g                 | <input type="radio"/> |
| 20015          | Red Cabbage                             | 200g                 | <input type="radio"/> |
| 84901          | Carrots                                 | 100g                 | <input type="radio"/> |
| 75456          | Fresh Onions Medium                     | 50g                  | <input type="radio"/> |
| 70279          | Everyday Favourites Ground Black Pepper | 1 tsp                | <input type="radio"/> |
| 07313          | KTC Lemon Juice                         | 1 tsp                | <input type="radio"/> |
| 03435          | Everyday Favourites Vegetable Oil       | 1 tsp                | <input type="radio"/> |

|                |  |                      |                       |
|----------------|--|----------------------|-----------------------|
| <b>S092459</b> | <b>Fish Finger Po Boy</b>                    | <b>Yield: 10 Ptn</b> | <input type="radio"/> |
| 07397          | Young's MSC Minced Pollock Fish Fingers 25g  | 20                   | <input type="radio"/> |
| 81540          | Everyday Favourites Hot Dog Roll Side Sliced | 10                   | <input type="radio"/> |
| 75085          | Fresh Iceberg Lettuce                        | 200g                 | <input type="radio"/> |
| 04393          | Everyday Favourites Tomato Ketchup           | 40ml                 | <input type="radio"/> |

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- No Information

Contains

| Almonds | Barley | Brazil Nuts | Cashew Nuts | Celery | Cereals containing Gluten | Crustaceans | Eggs | Fish | Hazelnuts | Lupin | Macadamia Nuts | Milk | Molluscs | Mustard | Oats | Peanuts | Pecan Nuts | Pistachio Nuts | Rye | Sesame | Sulphur Dioxide and Sulphites | Soya | Nuts | Walnuts | Wheat |
|---------|--------|-------------|-------------|--------|---------------------------|-------------|------|------|-----------|-------|----------------|------|----------|---------|------|---------|------------|----------------|-----|--------|-------------------------------|------|------|---------|-------|
|---------|--------|-------------|-------------|--------|---------------------------|-------------|------|------|-----------|-------|----------------|------|----------|---------|------|---------|------------|----------------|-----|--------|-------------------------------|------|------|---------|-------|

Product Description

|                |  |               |                       |
|----------------|--|---------------|-----------------------|
| 04132          | Everyday Favourites Light Mayonnaise           | 40ml          | <input type="radio"/> |
| S092452        | Golden Rice                                    | Yield: 10 Ptn | <input type="radio"/> |
| 53325          | Basmati Rice                                   | 400g          | <input type="radio"/> |
| Absorbed Water | Water Absorbed in Cooking                      | (absorbed)    | <input type="radio"/> |
| 70299          | Everyday Favourites Ground Turmeric            | 2 tsp         | <input type="radio"/> |
| 04439          | Everyday Favourites Cooking Salt               | 1 tsp         | <input type="radio"/> |
| S092460        | Loaded Chicken Yorkshire                       | Yield: 12     | <input type="radio"/> |
| S092442        | Roast Chicken Roll with Gravy                  | 5             | <input type="radio"/> |
| S00060         | Roasties                                       | 12            | <input type="radio"/> |
| 87351          | Aunt Bessie's Baked Yorkshire Puddings (4")    | 12            | <input type="radio"/> |
| S00060         | Roasties                                       | 12 each       | <input type="radio"/> |
| S092442        | Roast Chicken Roll with Gravy                  | 1125 each     | <input type="radio"/> |
| 74887          | Potatoes                                       | 1.01kg        | <input type="radio"/> |
| 83893          | Chicken Breast Fillet (200-230g)               | 105.47kg      | <input type="radio"/> |
| 03013          | Everyday Favourites Gluten Free Gravy Granules | 3.28kg        | <input type="radio"/> |

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| Product Description |   |                      | Contains              |                       |                       |                       |                                  |                           |                       |                       |                       |                       |                                  |                                  |                       |                       |                       |                       |                       |                       |                       |                       |                       |                               |                       |                       |                                  |                                  |
|---------------------|---|----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|---------------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------------------------|-----------------------|-----------------------|----------------------------------|----------------------------------|
|                     |   |                      | Almonds               | Barley                | Brazil Nuts           | Cashew Nuts           | Celery                           | Cereals containing Gluten | Crustaceans           | Eggs                  | Fish                  | Hazelnuts             | Lupin                            | Macadamia Nuts                   | Milk                  | Molluscs              | Mustard               | Oats                  | Peanuts               | Pecan Nuts            | Pistachio Nuts        | Rye                   | Sesame                | Sulphur Dioxide and Sulphites | Soya                  | Nuts                  | Walnuts                          | Wheat                            |
| 03435               | Everyday Favourites Vegetable Oil                 | 24ml                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            |
|                     | Water   | 46.88L               | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            |
| <b>S00035</b>       | <b>Mash</b>                                       | <b>Yield: 10</b>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            |
| 74887               | Potatoes  | 1 Kg                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            |
| 71815               | Kerrymaid Premium Baking                          | 56g                  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            |
| <b>S092451</b>      | <b>Mexican Fried Corn Quesadilla</b>              | <b>Yield: 10 Ptn</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> |
| 07059               | Everyday Favourites Flour Tortilla 25cm (10")     | 10                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |                                  |
| 50882               | Santa Maria Refried Beans                         | 415g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            |
| 38596               | Frozen Sweetcorn                                  | 200g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            |
| 29718               | Everyday Favourites Grated Mozzarella             | 400g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            |
| 71815               | Kerrymaid Premium Baking                          | 50g                  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            |
| 30142               | Everyday Favourites Dry Oregano                   | 1 tsp                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            |
| 30144               | Everyday Favourites Crushed Chillies              | 1 tsp                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            |
| 22216               | Et Voila Garlic Puree                             | 1 tsp                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            |
| <b>S092453</b>      | <b>Mini Naan</b>                                  | <b>Yield: 10 Ptn</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |                                  |
| 61490               | Cook Asia Mini Round Garlic & Coriander Naan Bre: | 10                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |                                  |

Recipe with Allergens Exploded

kwilliamson@edwardsandward.co.uk

| Legend                           |                  |
|----------------------------------|------------------|
| <input checked="" type="radio"/> | Contains         |
| <input type="radio"/>            | May Contain      |
| <input type="radio"/>            | Does Not Contain |
| *                                | No Information   |

Contains

| Almonds | Barley | Brazil Nuts | Cashew Nuts | Celery | Cereals containing Gluten | Crustaceans | Eggs | Fish | Hazelnuts | Lupin | Macadamia Nuts | Milk | Molluscs | Mustard | Oats | Peanuts | Pecan Nuts | Pistachio Nuts | Rye | Sesame | Sulphur Dioxide and Sulphites | Soya | Nuts | Walnuts | Wheat |
|---------|--------|-------------|-------------|--------|---------------------------|-------------|------|------|-----------|-------|----------------|------|----------|---------|------|---------|------------|----------------|-----|--------|-------------------------------|------|------|---------|-------|
|---------|--------|-------------|-------------|--------|---------------------------|-------------|------|------|-----------|-------|----------------|------|----------|---------|------|---------|------------|----------------|-----|--------|-------------------------------|------|------|---------|-------|

Product Description

|                |  |                      |                       |
|----------------|--|----------------------|-----------------------|
| <b>S092442</b> | <b>Roast Chicken Roll with Gravy</b>           | <b>Yield: 12</b>     | <input type="radio"/> |
| 83893          | Chicken Breast Fillet (200-230g)               | 5                    | <input type="radio"/> |
| 03013          | Everyday Favourites Gluten Free Gravy Granules | 35g                  | <input type="radio"/> |
| Water          | Water  | 500ml                | <input type="radio"/> |
| <b>S03426</b>  | <b>Roasted Sausages &amp; Gravy</b>            | <b>Yield: 10 Ptn</b> | <input type="radio"/> |
| 09451          | Everyday Favourities Pork Sausages 8's         | 20                   | <input type="radio"/> |
| 03013          | Everyday Favourites Gluten Free Gravy Granules | 40g                  | <input type="radio"/> |
| Water          | Water  | 400ml                | <input type="radio"/> |
| <b>S00060</b>  | <b>Roasties</b>                                | <b>Yield: 10</b>     | <input type="radio"/> |
| 74887          | Potatoes                                       | 840g                 | <input type="radio"/> |
| 03435          | Everyday Favourites Vegetable Oil              | 20ml                 | <input type="radio"/> |
| <b>S092461</b> | <b>Stuffing Ball</b>                           | <b>Yield: 10 Ptn</b> | <input type="radio"/> |
| 17309          | Sage & Onion Stuffing Mix                      | 250g                 | <input type="radio"/> |
| Water          | Water  | 75ml                 | <input type="radio"/> |
| <b>S092456</b> | <b>Sweet Chilli Paneer Gyros</b>               | <b>Yield: 10 Ptn</b> | <input type="radio"/> |



Recipe with Allergens Exploded

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Legend

- Contains
- May Contain
- Does Not Contain
- No Information

|                            |   |                      | Contains              |                       |                       |                       |                                  |                                  |                                  |                                  |                       |                       |                       |                       |                                  |                       |                       |                       |                       |                       |                       |                       |                       |                               |                                  |                                  |                       |                                  |                                  |
|----------------------------|---|----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|----------------------------------|----------------------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------------------------|----------------------------------|----------------------------------|-----------------------|----------------------------------|----------------------------------|
|                            |   |                      | Almonds               | Barley                | Brazil Nuts           | Cashew Nuts           | Celery                           | Cereals containing Gluten        | Crustaceans                      | Eggs                             | Fish                  | Hazelnuts             | Lupin                 | Macadamia Nuts        | Milk                             | Molluscs              | Mustard               | Oats                  | Peanuts               | Pecan Nuts            | Pistachio Nuts        | Rye                   | Sesame                | Sulphur Dioxide and Sulphites | Soya                             | Nuts                             | Walnuts               | Wheat                            |                                  |
| <b>Product Description</b> |   |                      |                       |                       |                       |                       |                                  |                                  |                                  |                                  |                       |                       |                       |                       |                                  |                       |                       |                       |                       |                       |                       |                       |                       |                               |                                  |                                  |                       |                                  |                                  |
| 07059                      | Everyday Favourites Flour Tortilla 25cm (10")   | 10                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> |
| 42832                      | Diced Paneer Cheese                             | 250g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            |
| 75085                      | Fresh Iceberg Lettuce                           | 200g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            |
| 75456                      | Fresh Onions Medium                             | 100g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            |
| 75495                      | Red Peppers                                     | 1                    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            |
| 79347                      | Fresh Cucumber                                  | 1/2                  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            |
| 04742                      | Everyday Favourites Sweet Chilli Sauce          | 100ml                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            |
| 19253                      | Everyday Favourites Oven Chips                  | 1kg                  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            |
| <b>S092448</b>             | <b>Veggie Toad in the Hole with Onion Gravy</b> | <b>Yield: 10 Ptn</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |                                  |
| 70195                      | Katerveg Vegan Sausage                          | 10                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            |                                  |
| 87351                      | Aunt Bessie's Baked Yorkshire Puddings (4")     | 10                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input checked="" type="radio"/> |                                  |
| 03013                      | Everyday Favourites Gluten Free Gravy Granules  | Heaped Tbsp          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            |
| Water                      | Water   | 250ml                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            |
| <b>S092455</b>             | <b>Yorkshire Pudding</b>                        | <b>Yield: 12</b>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input checked="" type="radio"/> |                                  |
| 34079                      | Everyday Favourites Plain Flour                 | 100g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input checked="" type="radio"/> |                                  |
| 09126                      | Eggs  | 2                    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            |                                  |
| 06149                      | Semi Skimmed Milk                               | 300ml                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            |                                  |

Recipe with Allergens Exploded

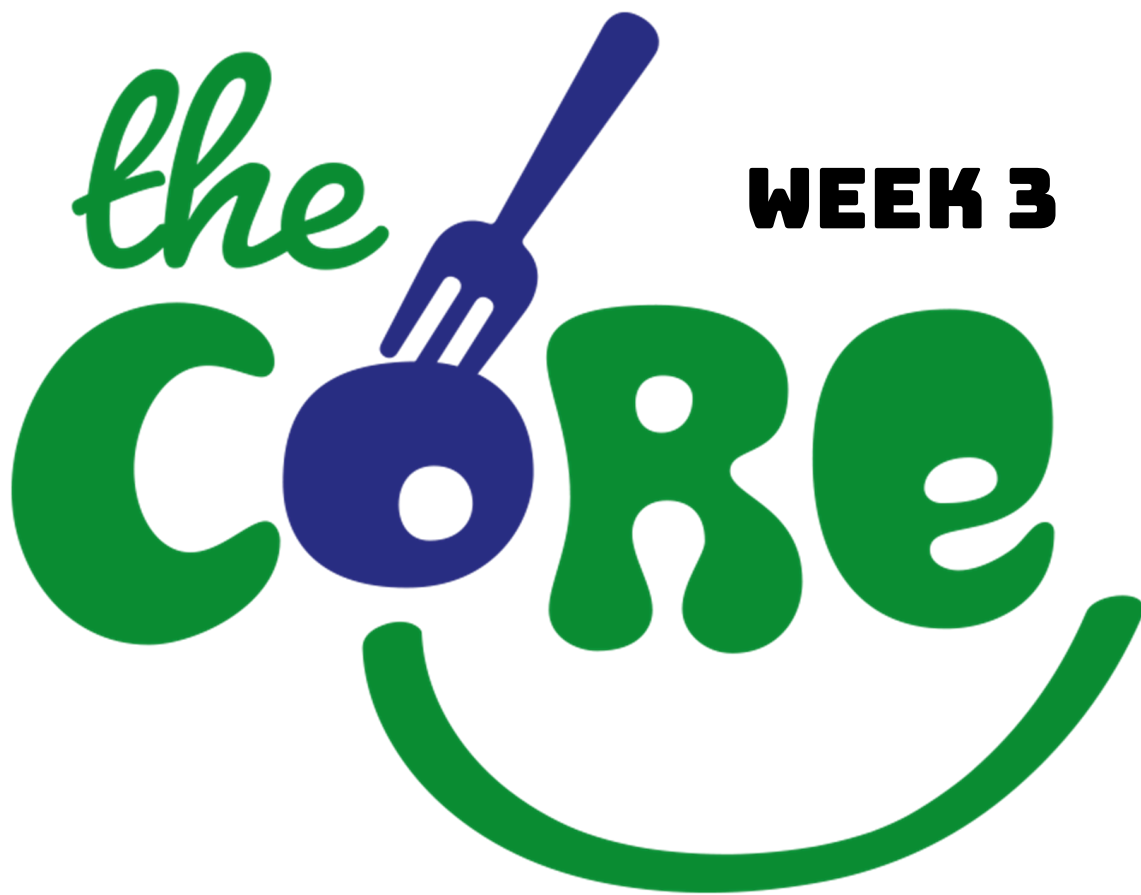
kwilliamson@edwardsandward.co.uk

Legend

- Contains
- May Contain
- Does Not Contain
- No Information

|                     |                                   | Contains |                       |                       |                       |                       |                           |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                               |                       |                       |                       |                       |                       |
|---------------------|-----------------------------------|----------|-----------------------|-----------------------|-----------------------|-----------------------|---------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| Product Description |                                   | Almonds  | Barley                | Brazil Nuts           | Cashew Nuts           | Celery                | Cereals containing Gluten | Crustaceans           | Eggs                  | Fish                  | Hazelnuts             | Lupin                 | Macadamia Nuts        | Milk                  | Molluscs              | Mustard               | Oats                  | Peanuts               | Pecan Nuts            | Pistachio Nuts        | Rye                   | Sesame                | Sulphur Dioxide and Sulphites | Soya                  | Nuts                  | Walnuts               | Wheat                 |                       |
| 03435               | Everyday Favourites Vegetable Oil | 20ml     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

*the* **WEEK 3**  
**CORe**



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a recipe for success

## Recipe

Recipe: S092465      Loaded Chilli Beef Wedges

| Ingredient   | Amount  |
|--|---------|
| 75409      Fresh Jacket Potatoes 60`s                    | 5       |
| 03435      Everyday Favourites Vegetable Oil             | 1 tbsp  |
| 75456      Fresh Onions Medium                           | 1       |
| 73806      Beef Mince 85% VL                             | 400g    |
| 03435      Everyday Favourites Vegetable Oil             | 1 tbsp  |
| 70372      Everyday Favourites Hot Chilli Powder         | 1 tsp   |
| 03350      Canned Red Kidney Beans In Water              | 200g    |
| 03013      Everyday Favourites Gluten Free Gravy Granule | 2 tbsp  |
| 97692      Everyday Favourites Diced Mixed Peppers       | 150g    |
| 75634      Fresh Spring Onions                           | 1 stalk |
| 29718      Everyday Favourites Grated Mozzarella         | 80g     |

Yield: 10 Ptn

## Method

1. Cut the potatoes into wedges, 8 per potato. Coat with oil and place into the oven at 180c to bake.
2. Peel and finely dice the onion.
3. To a pan add the beef mince, brown the beef until cooked through. Drain the meat and set aside.
4. To the pan add the diced onion with the oil. Cook for 5 minutes until the onion is softened.
5. Add the beef mince back to the pan. Add the garlic, coriander and chili powder and stir well.
6. Add the chopped tomatoes, water, kidney beans and gravy granules and stir well. Bring to a boil.
7. Once the mix is boiling, turn down the heat and reduce to a simmer. Cook for 15 minutes.
8. After 15 minutes taste the chili, if it needs a pinch of salt or sugar add a tsp to counteract any acidic taste.
9. Add the frozen peppers and stir through. The chilli is now ready.
10. For the topping, wash and finely slice the spring onion.
11. In a 12oz pot place 4 wedges on the bottom, top with the hot beef chilli, then the cheese and spring onion.

Picture: None

## Recipe

Recipe: S092466 Channa Saag Masala

| Ingredient   | Amount |
|--|--------|
| 75456 Fresh Onions Medium                          | 1      |
| 22216 Et Voila Garlic Puree                        | 2 tsp  |
| 70403 Everyday Favourites Mild Madras Curry Powder | 1 tbsp |
| 17576 Everyday Favourites Chopped Tomatoes         | 600g   |
| Water Water  | 200ml  |
| 29825 Cook Asia Coconut Milk                       | 100ml  |
| 98544 Canned Royal Crown Chick Peas Water          | 600g   |
| 70525 Frozen Leaf Spinach                          | 200g   |
| 03435 Everyday Favourites Vegetable Oil            | 1 tbsp |
| 04381 Frozen Whole Green Beans                     | 500g   |

Yield: 10 Ptn

## Method

1. Peel and dice the onion.
2. Add the oil to a pan and add the onion, cook on a medium low heat for 5 minutes until soft. Add the garlic and cook for a further minute.
3. Add the curry powder, chopped tomato, water, coconut milk and chickpeas. Mix well, bring to a boil. Turn to a simmer and cook for 15 minutes.
4. Add the spinach and cook for a further 5-10 minutes until the spinach has thawed in the curry, mix well.
5. Cook the green beans as per manufacturers instruction.
6. To serve, use the pilau rice recipe and portion into a 12oz pot. Top with the chickpea curry and the green beans on the side.

Picture: None

## Recipe

Recipe: S092470 Pilau Rice

| Ingredient                                | Amount |
|---|--------|
| 53325 Basmati Rice                        | 500g   |
| Water Water                               | 1l     |
| 70299 Everyday Favourites Ground Turmeric | 1 tsp  |
| 70377 Chef William Whole Green Cardamom   | 5g     |
| 04439 Everyday Favourites Cooking Salt    | 1 tsp  |

Yield: 10 Ptn

## Method

1. Wash the basmati in a sieve under running water. Empty into a saucepan.
2. Add the turmeric, salt and cardamom to the pan along with the rice and give a good stir.
3. Bring the water to the boil, then turn down to the lowest heat. Cover with a lid or tightly with foil. Leave to simmer for 10 minutes.
4. After 10 minutes turn the heat off but keep the lid or the foil on, do not remove at all.
5. Leave to steam for 15 minutes, then remove the lid or foil.
6. Fluff the rice with a spoon or fork and remove the cardamom pods.
7. Serve with the required main dish.

Picture: None

## Recipe

Recipe: S092453

Mini Naan

Ingredient

Amount

|       |  |    |
|-------|--|----|
| 61490 | Cook Asia Mini Round Garlic & Coriander Naan | 10 |
|-------|--|----|

Yield: 10 Ptn

## Method

1. Remove from packaging and sprinkle lightly with water, place onto a baking tray and into a preheated oven at 200°C for approximately 4-5 minutes.
2. Serve as an additional item to required dishes.

Picture: None

## Recipe

Recipe: S092467 Salt &amp; Pepper Chicken With Oriental Noodles

| Ingredient   | Amount     |
|--|------------|
| 03435 Everyday Favourites Vegetable Oil            | 3 tbsp     |
| 71438 Farmstead Chicken Thigh Boneless Skinless 80 | 600g       |
| 70374 Chef William Chinese 5 Spice                 | 1 tbsp     |
| 86811 Everyday Favourites Cornflour                | 300g       |
| 04439 Everyday Favourites Cooking Salt             | 2 tsp      |
| 75634 Fresh Spring Onions                          | 50g        |
| 75305 Fresh Red Chilli                             | 1          |
| 78250 Cook Asia Chop Suey Style Noodles            | 500g       |
| Absorbed Water: Water Absorbed in Cooking          | (absorbed) |
| 84901 Carrots                                      | 200g       |
| 97692 Everyday Favourites Diced Mixed Peppers      | 200g       |
| 22216 Et Voila Garlic Puree                        | 1 tbsp     |
| 30163 Everyday Favourites Ground Ginger            | 1 tsp      |
| 89541 Lee Kum Kee Premium Dark Soy Sauce           | 30ml       |
| 70403 Everyday Favourites Mild Madras Curry Powder | 1 tbsp     |

Yield: 10 Ptn

## Method

- In a large bowl, mix the cornflour, salt, five-spice and tablespoon of pepper together and set aside.
- Cut chicken into strips.
- Heat 1 tbsp oil in a thick bottomed saucepan. Toss the chicken in the flour mixture, working in batches. Carefully add it to the oil and cook for 2–3 minutes on one side, until golden brown and cooked through. Turn and cook for a further 2–3 minutes.
- Heat the 1 tablespoon of oil in a clean pan over a medium heat. Add the spring onions, chilli, garlic and remaining teaspoon of pepper with a pinch of salt. Fry for 1–2 minutes, then add the cooked chicken. Toss and cook for a further 2–3 minutes, until the chicken is coated in the onions, garlic and chilli.
- Place noodles into a bowl/pan of boiling water and let sit to cook for 5-10 minutes, then drain.
- Slice onion, baton the carrot and weigh out peppers needed.
- In a thick bottom pan, heat oil. Once heated add all the vegetables to stir fry.
- Stir fry for 3-4 minutes until vegetables soften.
- Add garlic, ginger and curry powder to vegetables and stir fry for a further 2-3 minutes.
- Add in drained noodles and stir fry all together with soy sauce.
- Pot up in 12oz pot top with chicken and serve.

Picture: None



## Recipe

Recipe: S092468 Chinese Curry Sauce

| Ingredient |  | Amount |
|------------|--|--------|
| 86811      | Everyday Favourites Cornflour                | 50g    |
| 70374      | Chef William Chinese 5 Spice                 | 1 tbsp |
| 04192      | Everyday Favourites GF Vegetable Bouillon    | 25g    |
| 30163      | Everyday Favourites Ground Ginger            | 1 tsp  |
| 70403      | Everyday Favourites Mild Madras Curry Powder | 2 tbsp |
| Water      | Water  | 1l     |

Yield: 10 Ptn

## Method

1. In a bowl mix together cornflour, ginger, 5 spice and curry powder with 100ml of cold water and set aside.
2. In a saucepan add water. Once boiling add bouillon, whisking continuously.
3. Slowly stir in cornflour mixture, and on a very low heat cook out for 2-3 minutes stirring continuously to avoid sticking.

Picture: None

## Recipe

Recipe: S092469 Singapore Vegetable Noodles

| Ingredient   | Amount     |
|--|------------|
| 03435 Everyday Favourites Vegetable Oil            | 2 tbsp     |
| 75456 Fresh Onions Medium                          | 1          |
| 84901 Carrots                                      | 200g       |
| 97692 Everyday Favourites Diced Mixed Peppers      | 200g       |
| 70403 Everyday Favourites Mild Madras Curry Powder | 1 tbsp     |
| 78250 Cook Asia Chop Suey Style Noodles            | 500g       |
| Absorbed We Water Absorbed in Cooking              | (absorbed) |
| 75634 Fresh Spring Onions                          | 50g        |
| 22216 Et Voila Garlic Puree                        | 1 tbsp     |
| 30163 Everyday Favourites Ground Ginger            | 1 tsp      |
| 09398 Broccoli                                     | 300g       |
| 89541 Lee Kum Kee Premium Dark Soy Sauce           | 30ml       |

Yield: 10 Ptn

## Method

Method:

1. Place noodles into a bowl/pan of boiling water and let sit to cook for 5-10 minutes, then drain.
2. Slice onion, baton the carrot, chop broccoli and weigh out peppers needed.
3. In a thick bottom pan, heat oil. Once heated add all the vegetables to stir fry.
4. Stir fry for 3-4 minutes until vegetables soften.
5. Add garlic, ginger and curry powder to vegetables and stir fry for a further 2-3 minutes.
6. Add in drained noodles and stir fry all together with soy sauce.
7. Pot up and serve.

Picture: None

## Recipe

Recipe: S092471 Turkey Keema Filled Bombay Jacket

| Ingredient  | Amount |
|---|--------|
| 27372 Turkey Mince                                  | 400g   |
| 75456 Fresh Onions Medium                           | 100g   |
| 84901 Carrots                                       | 100g   |
| 04364 Everyday Favourites Choice Peas               | 100g   |
| 70403 Everyday Favourites Mild Madras Curry Powder  | 2 tbsp |
| 17576 Everyday Favourites Chopped Tomatoes          | 500g   |
| Water Water   | 300ml  |
| 03013 Everyday Favourites Gluten Free Gravy Granule | 2 tbsp |
| 75409 Fresh Jacket Potatoes 60`s                    | 10     |
| 04381 Frozen Whole Green Beans                      | 500g   |

Yield: 10 Ptn

## Method

1. Coat the jacket potatoes with half the oil and 1tbsp of curry powder. Place into the oven and cook at 180c for 1 hour.
2. Make the keema curry. Peel and dice the onion and carrot.
3. Add the left over oil to a pan along with the onion and carrot and gently cook for 5 minutes until soft.
4. Add the turkey mince and brown until fully cooked.
5. Add the curry powder, tin tomatoes, water and gravy granules. Bring to a boil, then simmer for 15 minutes.
6. Add the peas and stir through.
7. Cook the green beans as per manufacturers instruction.
8. To serve cut a cross in the jacket potato and push each quarter to open the middle up. Put into a 12oz pot.
9. Top with the keema curry mix and serve with green beans on the side.

Picture: None

## Recipe

Recipe: S240912                      Loaded Yorkshire

| Ingredient   | Amount  |
|--|---------|
| 03435      Everyday Favourites Vegetable Oil             | 20ml    |
| 84901      Carrots                                       | 2       |
| 75456      Fresh Onions Medium                           | 2       |
| 74851      Swede   | 2500g   |
| 45738      Kater Veg Vegan Mince                         | 500g    |
| 70358      Everyday Favourites Mixed Herbs               | 1/2 tsp |
| 03013      Everyday Favourites Gluten Free Gravy Granule | 35g     |
| Water      Water   | 500ml   |
| 87351      Aunt Bessie's Baked Yorkshire Puddings (4")   | 10      |
| S00060      Roasties                                     | 10      |

Yield: 10 Ptn

## Method

For the savoury mince

1. Peel and finely dice the onions, grate the carrots and swede.
2. Add the veg oil to the pan and onions, swede and carrots and sweat for 3 minutes.
3. Add the mixed herbs and veggie mince, stir to incorporate, and cook for a further 3 minutes to create colour and encourage flavour.
4. Add gravy granules to the pan and stir well and slowly add the boiling water until you reach a porridge like consistency. Simmer for 20 mins.

For the Yorkshires

1. Place Yorkshire puddings on a baking tray near top oven preheated to 200C, cook for 4-6 minutes or until crisp.

Roasties - Follow recipe S00060

Veggies – Veg of the day

To assemble,

Place the Yorkshire pudding into a 12oz pot, fill with the roast potatoes, vegetables and savoury mince. Pour over the gravy to finish and serve.

Please note the video is for a primary portion, so quantities and serving suggestions are different. Please adjust accordingly.

Recipe

Picture

Loaded Yorkshire

Watch the video here:

<https://youtu.be/BAcrSl3s4tg?si=lavBlxXtta49rjcI>



## Recipe

Recipe: S00060 Roasties

| Ingredient                              | Amount |
|---|--------|
| 74887 Potatoes                          | 840g   |
| 03435 Everyday Favourites Vegetable Oil | 20ml   |

Yield: 10

## Method

1. Steam or par boil the potatoes for 8-10 minutes
2. Drain the potatoes well, mix thoroughly with the oil
3. Roast the potatoes in a moderate oven for 35-40 minutes or until crisp and golden, but fluffy in the middle

Watch the video here:  
[https://youtu.be/R9zhX0kJ\\_S8](https://youtu.be/R9zhX0kJ_S8)

## Picture



## Recipe

Recipe: S092472

## Moroccan Chicken Tagine with Cous Cous

| Ingredient   | Amount |
|--|--------|
| 71438 Farmstead Chicken Thigh Boneless Skinless 80 | 600g   |
| 75456 Fresh Onions Medium                          | 1      |
| 17576 Everyday Favourites Chopped Tomatoes         | 200g   |
| 04016 Chickpeas Canned in Water                    | 600g   |
| 70371 Everyday Favourites Ground Cinnamon          | 2 tsp  |
| 70299 Everyday Favourites Ground Turmeric          | 2 tsp  |
| 04192 Everyday Favourites GF Vegetable Bouillon    | 1 tbsp |
| 33212 Giant Cous Cous                              | 500g   |
| Water Water  | 500ml  |
| 75687 Fresh Flat Parsley                           | 100g   |

Yield: 10 Ptn

## Method

## Chicken:

1. Heat a large pan over medium-high heat. Add oil to pan; swirl to coat.
2. Add chicken to pan, meaty side down; cook 5 minutes or until well browned. Remove from pan (do not brown other side).
3. Dice onion and sauté 4 minutes with chickem. Add cinnamon, turmeric and mixed spice and stir for 1 minute.
4. Add chopped tomatoes and chickpeas and simmer for 20 minutes.
5. Stir and add 30 g of stock diluted with 600ml of boiling water.
6. Cover with tin foil and cook on a medium heat for 2 hours.
7. Check it doesn't reduce too much and top with water.

## Cous Cous

1. Add 500ml of water to a pan and bring to boil.
2. Add cous cous and cook for 5-10 minutes or until tender. Then drain. rinse with boiling water to remove any starch.
3. Finely chop parsley and add to cous cous.

In 12 oz pot add 50 g of herby cous cous and then top with your Moroccan chicken.

Picture: None

## Recipe

Recipe: S092473 Falafel &amp; Tabbouleh Budha Bowl

| Ingredient                                      | Amount |
|---|--------|
| 41447 Everyday Favourites Fine Falafel          | 30     |
| 33212 Giant Cous Cous                           | 500g   |
| Water Water                                     | 500ml  |
| 70358 Everyday Favourites Mixed Herbs           | 2 tsp  |
| 04192 Everyday Favourites GF Vegetable Bouillon | 2 tsp  |
| 04514 Everyday Favourites Ratatouille           | 300g   |
| 75603 Fresh Tomatoes                            | 2      |
| 20015 Red Cabbage                               | 100g   |
| 88797 Flying Goose Sriracha Hot Chilli Sauce    | 20ml   |

Yield: 10 Ptn

## Method

1. Cook the falafel as per manufacturers instructions.
2. Roast the ratatouille mix in the oven at 180c for 10 minutes, or until fully cooked.
3. Mix the couscous with the mixed herbs and vegetable bouillon, add 460ml boiling water and stir well. Cover with cling film and leave to sit for 10 minutes.
4. Remove the cling film and fluff the couscous with a fork. Add the cooked ratatouille and mix through.
5. Dice the tomatoes. Shred the red cabbage.
6. To serve, portion the couscous into a 12oz pot, top with 3 falafel balls. Add the shredded cabbage and diced tomato. Drizzle over sriracha to finish.

Picture: None



## Recipe

Recipe: S092474      Garlic Flatbread

| Ingredient                                 | Amount |
|--|--------|
| 61491      White Pitta Bread               | 5      |
| 71815      Kerrymaid Premium Baking        | 50g    |
| 22216      Et Voila Garlic Puree           | 1 tsp  |
| 30142      Everyday Favourites Dry Oregano | 1 tsp  |

Yield: 10 Ptn

## Method

1.      Pre heat oven to 180 degrees.
2.      Melt Kerrymaid either in a sauce pan or a tub in microwave.
3.      Add garlic and oregano to melted Kerrymaid.
4.      Brush each pitta with melted mixture.
5.      Bake for 2-3 minutes.
6.      Once cooked cut pittas in half.

Picture: None

## Recipe

Recipe: S092475 EFC Chicken

| Ingredient   | Amount |
|--|--------|
| 71438 Farmstead Chicken Thigh Boneless Skinless 80 | 10     |
| 70389 Everyday Favourites Cajun Spice              | 20g    |
| 34079 Everyday Favourites Plain Flour              | 200g   |
| 06767 Everyday Favourites Natural Breadcrumbs      | 200g   |
| 06149 Semi Skimmed Milk                            | 200ml  |

Yield: 10 Ptn

## Method

1. Set up to breadcrumb coat the chicken. Place the flour into a tray add half of the cajun spice. Place the breadcrumbs into another tray with the remaining half of the spice. Pour the milk into a third tray.
2. Starting with the flour place the chicken into the flour and coat all over. Then dip the chicken into the milk, again ensuring it is fully coated as the breadcrumbs need to stick to this.
3. Then place the chicken into the breadcrumbs and coat completely. Place onto a baking tray covered with parchment paper. Repeat the process until all of the chicken is coated.
4. Place into a preheated oven at 190c and bake for 15-25 minutes depending on the powerfulness of your oven, check half way and turn over to ensure all sides are golden brown.
5. Serve in the 12oz pot. 1 piece of chicken, chips (Recipe S00188) and either corn on the cob (Recipe S092476) or bbq beans (Recipe S092477).

Picture: None



Recipe

Recipe: S00188 Chips/Fries

| Ingredient |                                | Amount |
|------------|--------------------------------|--------|
| 19253      | Everyday Favourites Oven Chips | 1100g  |

Yield: 10 Ptn

Method

1. Spread the chips evenly onto a baking tray
2. Bake in a moderate oven for 10-14 minutes or until cooked

Picture: None

## Recipe

Recipe: S092476                      Corn on the Cob

| Ingredient                                    | Amount |
|---|--------|
| 04575      Everyday Favourites Mini Corn Cobs | 5      |

Yield: 10 Ptn

## Method

1. Boil or steam the corn for 7-10 minute.
2. Drain well before serving.
3. Once drained cut each corn in half.
4. Serve half per serving.

Picture: None

## Recipe

Recipe: S092477      BBQ Beans

| Ingredient   | Amount |
|--|--------|
| 30396      Everyday Reduced Sugar/Salt Baked Beans | 420g   |
| 29566      Everyday Favourites BBQ Sauce           | 50g    |

Yield: 10 Ptn

## Method

1. Place the beans into a saucepan
2. Add the bbq sauce
3. Bring the beans to a gentle simmer until they reach 75c or over.
4. Serve with the required main course

Picture: None

## Recipe

Recipe: S092478                      Veggie Burger

| Ingredient |                                       | Amount |
|------------|---------------------------------------|--------|
| 41152      | Everyday Favourites Vegetable Burger  | 10     |
| 81210      | Everyday Favourites Mk4 Sandwich Baps | 10     |
| 75085      | Fresh Iceberg Lettuce                 | 100g   |
| 75603      | Fresh Tomatoes                        | 2      |
| 75497      | Kerrymaid Cheese Slices               | 10     |

Yield: 10 Ptn

## Method

1. Place burger on a preheated baking tray in preheated 200C oven and cook for 20mins, turning once.
2. Wash and shred the lettuce. Wash and slice each tomato into 5 slices.
3. Lay out your burger buns and place your burger onto the bottom bun, top with cheese slice, lettuce and tomato.
4. Place 100g Fries (Recipe S00188) into a 12oz pot and place burger on top and serve.

Picture: None

## Recipe

Recipe: S092458 Classic Dog with Sauces

| Ingredient   | Amount |
|--|--------|
| 84520 Quorn Frankfurter                            | 10     |
| 81540 Everyday Favourites Hot Dog Roll Side Sliced | 10     |
| 04393 Everyday Favourites Tomato Ketchup           | 100ml  |
| 02873 Everyday Favourites English Mustard          | 50ml   |

Yield: 10 Ptn

## Method

1. Cook sausages as instructed – 1 per hot dog roll
2. Place sausages into roll and top with the sauces.

Picture: None

## Recipe

Recipe: S092459 Fish Finger Po Boy

| Ingredient   | Amount |
|--|--------|
| 07397 Young's MSC Minced Pollock Fish Fingers 25g  | 20     |
| 81540 Everyday Favourites Hot Dog Roll Side Sliced | 10     |
| 75085 Fresh Iceberg Lettuce                        | 200g   |
| 04393 Everyday Favourites Tomato Ketchup           | 40ml   |
| 04132 Everyday Favourites Light Mayonnaise         | 40ml   |

Yield: 10 Ptn

## Method

1. Cook the fish fingers as per manufacturers instructions.
2. Finely shred the lettuce and wash.
3. Mix the mayonnaise with the ketchup.
4. Open the hot dog roll and spread the sauce, add a layer of iceberg lettuce.
5. Top with 2 fish fingers and serve

Picture: None



Recipe with Allergens Exploded

kwilliamson@edwardsandward.co.uk

Legend

- Contains
- May Contain
- Does Not Contain
- No Information

|  |  |        | Contains              |                       |                       |                       |                       |                           |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                               |                       |                       |                       |                       |                       |
|--|--|--------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|---------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
|  |  |        | Almonds               | Barley                | Brazil Nuts           | Cashew Nuts           | Celery                | Cereals containing Gluten | Crustaceans           | Eggs                  | Fish                  | Hazelnuts             | Lupin                 | Macadamia Nuts        | Milk                  | Molluscs              | Mustard               | Oats                  | Peanuts               | Pecan Nuts            | Pistachio Nuts        | Rye                   | Sesame                | Sulphur Dioxide and Sulphites | Soya                  | Nuts                  | Walnuts               | Wheat                 |                       |
| <b>S092477 BBQ Beans Yield: 10 Ptn</b>           |  |        | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 30396  | Everyday Reduced Sugar/Salt Baked Beans      | 420g   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 29566  | Everyday Favourites BBQ Sauce                | 50g    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| <b>S092466 Channa Saag Masala Yield: 10 Ptn</b>  |  |        | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 75456  | Fresh Onions Medium                          | 1      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 22216  | Et Voila Garlic Puree                        | 2 tsp  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 70403  | Everyday Favourites Mild Madras Curry Powder | 1 tbsp | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 17576  | Everyday Favourites Chopped Tomatoes         | 600g   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Water  | Water  | 200ml  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 29825  | Cook Asia Coconut Milk                       | 100ml  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 98544  | Canned Royal Crown Chick Peas Water          | 600g   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 70525  | Frozen Leaf Spinach                          | 200g   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 03435  | Everyday Favourites Vegetable Oil            | 1 tbsp | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 04381  | Frozen Whole Green Beans                     | 500g   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| <b>S092468 Chinese Curry Sauce Yield: 10 Ptn</b> |  |        | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 86811  | Everyday Favourites Cornflour                | 50g    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 70374  | Chef William Chinese 5 Spice                 | 1 tbsp | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

Recipe with Allergens Exploded

kwilliamson@edwardsandward.co.uk

Legend

- Contains
- May Contain
- Does Not Contain
- No Information

Contains

|         |        |             |             |        |                           |             |      |      |           |       |                |      |          |         |      |         |            |                |     |        |                               |      |      |         |       |
|---------|--------|-------------|-------------|--------|---------------------------|-------------|------|------|-----------|-------|----------------|------|----------|---------|------|---------|------------|----------------|-----|--------|-------------------------------|------|------|---------|-------|
| Almonds | Barley | Brazil Nuts | Cashew Nuts | Celery | Cereals containing Gluten | Crustaceans | Eggs | Fish | Hazelnuts | Lupin | Macadamia Nuts | Milk | Molluscs | Mustard | Oats | Peanuts | Pecan Nuts | Pistachio Nuts | Rye | Sesame | Sulphur Dioxide and Sulphites | Soya | Nuts | Walnuts | Wheat |
|---------|--------|-------------|-------------|--------|---------------------------|-------------|------|------|-----------|-------|----------------|------|----------|---------|------|---------|------------|----------------|-----|--------|-------------------------------|------|------|---------|-------|

Product Description

|       |  |        |                       |
|-------|--|--------|-----------------------|
| 04192 | Everyday Favourites GF Vegetable Bouillon    | 25g    | <input type="radio"/> |
| 30163 | Everyday Favourites Ground Ginger            | 1 tsp  | <input type="radio"/> |
| 70403 | Everyday Favourites Mild Madras Curry Powder | 2 tbsp | <input type="radio"/> |
| Water | Water  | 1l     | <input type="radio"/> |

|               |                                |                      |                       |
|---------------|--------------------------------|----------------------|-----------------------|
| <b>S00188</b> | <b>Chips/Fries</b>             | <b>Yield: 10 Ptn</b> | <input type="radio"/> |
| 19253         | Everyday Favourites Oven Chips | 1100g                | <input type="radio"/> |

|                |  |                      |                       |
|----------------|--|----------------------|-----------------------|
| <b>S092458</b> | <b>Classic Dog with Sauces</b>               | <b>Yield: 10 Ptn</b> | <input type="radio"/> |
| 84520          | Quorn Frankfurter                            | 10                   | <input type="radio"/> |
| 81540          | Everyday Favourites Hot Dog Roll Side Sliced | 10                   | <input type="radio"/> |
| 04393          | Everyday Favourites Tomato Ketchup           | 100ml                | <input type="radio"/> |
| 02873          | Everyday Favourites English Mustard          | 50ml                 | <input type="radio"/> |

|                |                                    |                      |                       |
|----------------|------------------------------------|----------------------|-----------------------|
| <b>S092476</b> | <b>Corn on the Cob</b>             | <b>Yield: 10 Ptn</b> | <input type="radio"/> |
| 04575          | Everyday Favourites Mini Corn Cobs | 5                    | <input type="radio"/> |

|                |  |                      |                       |
|----------------|--|----------------------|-----------------------|
| <b>S092475</b> | <b>EFC Chicken</b>                               | <b>Yield: 10 Ptn</b> | <input type="radio"/> |
| 71438          | Farmstead Chicken Thigh Boneless Skinless 80-100 | 10                   | <input type="radio"/> |
| 70389          | Everyday Favourites Cajun Spice                  | 20g                  | <input type="radio"/> |

Recipe with Allergens Exploded

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Legend

- Contains
- May Contain
- Does Not Contain
- No Information

| Product Description |  |                      | Contains              |                       |                       |                       |                       |                                  |                       |                                  |                                  |                       |                       |                       |                                  |                       |                       |                       |                       |                       |                       |                       |                       |                               |                       |                       |                       |                       |                                  |
|---------------------|--|----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|----------------------------------|----------------------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|
|                     |  |                      | Almonds               | Barley                | Brazil Nuts           | Cashew Nuts           | Celery                | Cereals containing Gluten        | Crustaceans           | Eggs                             | Fish                             | Hazelnuts             | Lupin                 | Macadamia Nuts        | Milk                             | Molluscs              | Mustard               | Oats                  | Peanuts               | Pecan Nuts            | Pistachio Nuts        | Rye                   | Sesame                | Sulphur Dioxide and Sulphites | Soya                  | Nuts                  | Walnuts               | Wheat                 |                                  |
| 34079               | Everyday Favourites Plain Flour              | 200g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 06767               | Everyday Favourites Natural Breadcrumbs      | 200g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 06149               | Semi Skimmed Milk                            | 200ml                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| <b>S092473</b>      | <b>Falafel &amp; Tabbouleh Budha Bowl</b>    | <b>Yield: 10 Ptn</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 41447               | Everyday Favourites Fine Falafel             | 30                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 33212               | Giant Cous Cous                              | 500g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| Water               | Water  | 500ml                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 70358               | Everyday Favourites Mixed Herbs              | 2 tsp                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 04192               | Everyday Favourites GF Vegetable Bouillon    | 2 tsp                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 04514               | Everyday Favourites Ratatouille              | 300g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 75603               | Fresh Tomatoes                               | 2                    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 20015               | Red Cabbage                                  | 100g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 88797               | Flying Goose Sriracha Hot Chilli Sauce       | 20ml                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| <b>S092459</b>      | <b>Fish Finger Po Boy</b>                    | <b>Yield: 10 Ptn</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 07397               | Young's MSC Minced Pollock Fish Fingers 25g  | 20                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 81540               | Everyday Favourites Hot Dog Roll Side Sliced | 10                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 75085               | Fresh Iceberg Lettuce                        | 200g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |

Recipe with Allergens Exploded

kwilliamson@edwardsandward.co.uk

Legend

- Contains
- May Contain
- Does Not Contain
- No Information

| Product Description |  |                      | Contains              |                       |                       |                       |                                  |                                  |                       |                                  |                       |                       |                       |                       |                                  |                       |                       |                       |                       |                       |                       |                       |                       |                               |                       |                       |                       |                       |                                  |
|---------------------|--|----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|----------------------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|
|                     |  |                      | Almonds               | Barley                | Brazil Nuts           | Cashew Nuts           | Celery                           | Cereals containing Gluten        | Crustaceans           | Eggs                             | Fish                  | Hazelnuts             | Lupin                 | Macadamia Nuts        | Milk                             | Molluscs              | Mustard               | Oats                  | Peanuts               | Pecan Nuts            | Pistachio Nuts        | Rye                   | Sesame                | Sulphur Dioxide and Sulphites | Soya                  | Nuts                  | Walnuts               | Wheat                 |                                  |
| 04393               | Everyday Favourites Tomato Ketchup             | 40ml                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 04132               | Everyday Favourites Light Mayonnaise           | 40ml                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| <b>S092474</b>      | <b>Garlic Flatbread</b>                        | <b>Yield: 10 Ptn</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 61491               | White Pitta Bread                              | 5                    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 71815               | Kerrymaid Premium Baking                       | 50g                  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 22216               | Et Voila Garlic Puree                          | 1 tsp                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 30142               | Everyday Favourites Dry Oregano                | 1 tsp                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| <b>S092465</b>      | <b>Loaded Chilli Beef Wedges</b>               | <b>Yield: 10 Ptn</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 75409               | Fresh Jacket Potatoes 60`s                     | 5                    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 03435               | Everyday Favourites Vegetable Oil              | 1 tbsp               | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 75456               | Fresh Onions Medium                            | 1                    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 73806               | Beef Mince 85% VL                              | 400g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 03435               | Everyday Favourites Vegetable Oil              | 1 tbsp               | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 70372               | Everyday Favourites Hot Chilli Powder          | 1 tsp                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 03350               | Canned Red Kidney Beans In Water               | 200g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 03013               | Everyday Favourites Gluten Free Gravy Granules | 2 tbsp               | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 97692               | Everyday Favourites Diced Mixed Peppers        | 150g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |

Recipe with Allergens Exploded

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Legend

- Contains
- May Contain
- Does Not Contain
- No Information

| Contains |        |             |             |        |                           |             |      |      |           |       |                |      |          |         |      |         |            |                |     |        |                               |      |      |         |       |
|----------|--------|-------------|-------------|--------|---------------------------|-------------|------|------|-----------|-------|----------------|------|----------|---------|------|---------|------------|----------------|-----|--------|-------------------------------|------|------|---------|-------|
| Almonds  | Barley | Brazil Nuts | Cashew Nuts | Celery | Cereals containing Gluten | Crustaceans | Eggs | Fish | Hazelnuts | Lupin | Macadamia Nuts | Milk | Molluscs | Mustard | Oats | Peanuts | Pecan Nuts | Pistachio Nuts | Rye | Sesame | Sulphur Dioxide and Sulphites | Soya | Nuts | Walnuts | Wheat |

Product Description

|       |                                       |         |                       |                       |                       |                       |                       |                       |                       |                       |                       |                                  |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |
|-------|---------------------------------------|---------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 75634 | Fresh Spring Onions                   | 1 stalk | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 29718 | Everyday Favourites Grated Mozzarella | 80g     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

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|---------|--|---------------|-----------------------|-----------------------|-----------------------|----------------------------------|----------------------------------|----------------------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|----------------------------------|
| S240912 | Loaded Yorkshire                               | Yield: 10 Ptn | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 03435   | Everyday Favourites Vegetable Oil              | 20ml          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 84901   | Carrots  | 2             | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 75456   | Fresh Onions Medium                            | 2             | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 74851   | Swede  | 2500g         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 45738   | Kater Veg Vegan Mince                          | 500g          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 70358   | Everyday Favourites Mixed Herbs                | 1/2 tsp       | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 03013   | Everyday Favourites Gluten Free Gravy Granules | 35g           | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| Water   | Water  | 500ml         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 87351   | Aunt Bessie's Baked Yorkshire Puddings (4")    | 10            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| S00060  | Roasties                                       | 10            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |

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|--------|-----------------------------------|---------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| S00060 | Roasties                          | 10 each | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 74887  | Potatoes                          | 840g    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 03435  | Everyday Favourites Vegetable Oil | 20ml    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

|         |           |               |                       |                       |                       |                                  |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                                  |
|---------|-----------|---------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|
| S092453 | Mini Naan | Yield: 10 Ptn | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
|---------|-----------|---------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|



Recipe with Allergens Exploded

kwilliamson@edwardsandward.co.uk

Legend

- Contains
- May Contain
- Does Not Contain
- No Information

| Contains |        |             |             |        |                           |             |      |      |           |       |                |      |          |         |      |         |            |                |     |        |                               |      |      |         |       |
|----------|--------|-------------|-------------|--------|---------------------------|-------------|------|------|-----------|-------|----------------|------|----------|---------|------|---------|------------|----------------|-----|--------|-------------------------------|------|------|---------|-------|
| Almonds  | Barley | Brazil Nuts | Cashew Nuts | Celery | Cereals containing Gluten | Crustaceans | Eggs | Fish | Hazelnuts | Lupin | Macadamia Nuts | Milk | Molluscs | Mustard | Oats | Peanuts | Pecan Nuts | Pistachio Nuts | Rye | Sesame | Sulphur Dioxide and Sulphites | Soya | Nuts | Walnuts | Wheat |

| Product Description |   |                      | Almonds               | Barley                | Brazil Nuts           | Cashew Nuts           | Celery                           | Cereals containing Gluten        | Crustaceans           | Eggs                  | Fish                  | Hazelnuts             | Lupin                 | Macadamia Nuts        | Milk                  | Molluscs              | Mustard               | Oats                  | Peanuts               | Pecan Nuts            | Pistachio Nuts        | Rye                   | Sesame                | Sulphur Dioxide and Sulphites | Soya                  | Nuts                             | Walnuts               | Wheat                 |                                  |
|---------------------|---|----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------------------------|-----------------------|----------------------------------|-----------------------|-----------------------|----------------------------------|
| 04439               | Everyday Favourites Cooking Salt                      | 1 tsp                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| <b>S00060</b>       | <b>Roasties</b>                                       | <b>Yield: 10</b>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 74887               | Potatoes  | 840g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 03435               | Everyday Favourites Vegetable Oil                     | 20ml                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| <b>S092467</b>      | <b>Salt &amp; Pepper Chicken With Oriental Noodle</b> | <b>Yield: 10 Ptn</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 03435               | Everyday Favourites Vegetable Oil                     | 3 tbsp               | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 71438               | Farmstead Chicken Thigh Boneless Skinless 80-100      | 600g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 70374               | Chef William Chinese 5 Spice                          | 1 tbsp               | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 86811               | Everyday Favourites Cornflour                         | 300g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 04439               | Everyday Favourites Cooking Salt                      | 2 tsp                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 75634               | Fresh Spring Onions                                   | 50g                  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 75305               | Fresh Red Chilli                                      | 1                    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 78250               | Cook Asia Chop Suey Style Noodles                     | 500g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| Absorbed Water      | Water Absorbed in Cooking                             | (absorbed)           | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 84901               | Carrots   | 200g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 97692               | Everyday Favourites Diced Mixed Peppers               | 200g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 22216               | Et Voila Garlic Puree                                 | 1 tbsp               | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |

Recipe with Allergens Exploded

kwilliamson@edwardsandward.co.uk

Legend

- Contains
- May Contain
- Does Not Contain
- No Information

|                            |  | Contains             |                       |                       |                       |                       |                                  |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                               |                                  |                       |                       |                                  |
|----------------------------|--|----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------------------------|----------------------------------|-----------------------|-----------------------|----------------------------------|
|                            |  | Almonds              | Barley                | Brazil Nuts           | Cashew Nuts           | Celery                | Cereals containing Gluten        | Crustaceans           | Eggs                  | Fish                  | Hazelnuts             | Lupin                 | Macadamia Nuts        | Milk                  | Molluscs              | Mustard               | Oats                  | Peanuts               | Pecan Nuts            | Pistachio Nuts        | Rye                   | Sesame                | Sulphur Dioxide and Sulphites | Soya Nuts                        | Walnuts               | Wheat                 |                                  |
| <b>Product Description</b> |  |                      |                       |                       |                       |                       |                                  |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                               |                                  |                       |                       |                                  |
| 30163                      | Everyday Favourites Ground Ginger            | 1 tsp                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 89541                      | Lee Kum Kee Premium Dark Soy Sauce           | 30ml                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 70403                      | Everyday Favourites Mild Madras Curry Powder | 1 tbps               | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| <b>S092469</b>             | <b>Singapore Vegetable Noodles</b>           | <b>Yield: 10 Ptn</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 03435                      | Everyday Favourites Vegetable Oil            | 2 tbsp               | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 75456                      | Fresh Onions Medium                          | 1                    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 84901                      | Carrots                                      | 200g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 97692                      | Everyday Favourites Diced Mixed Peppers      | 200g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 70403                      | Everyday Favourites Mild Madras Curry Powder | 1 tbps               | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 78250                      | Cook Asia Chop Suey Style Noodles            | 500g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| Absorbed Water             | Water Absorbed in Cooking                    | (absorbed)           | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 75634                      | Fresh Spring Onions                          | 50g                  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 22216                      | Et Voila Garlic Puree                        | 1 tbsp               | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 30163                      | Everyday Favourites Ground Ginger            | 1 tsp                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 09398                      | Broccoli                                     | 300g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 89541                      | Lee Kum Kee Premium Dark Soy Sauce           | 30ml                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| <b>S092471</b>             | <b>Turkey Keema Filled Bombay Jacket</b>     | <b>Yield: 10 Ptn</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |



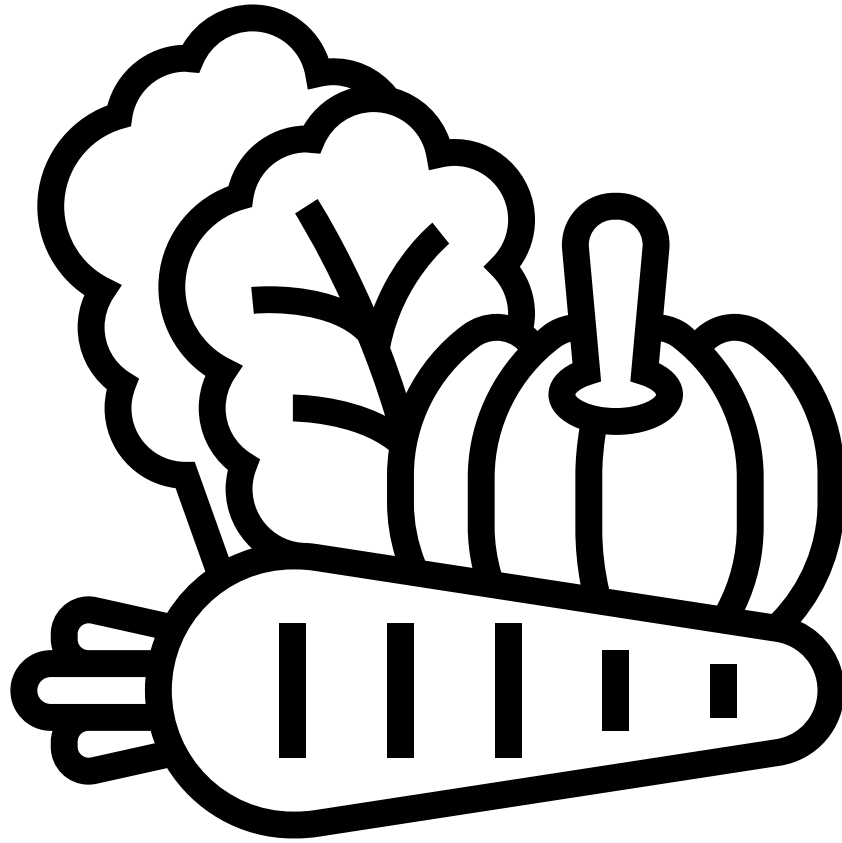
Recipe with Allergens Exploded

kwilliamson@edwardsandward.co.uk

Legend

- Contains
- May Contain
- Does Not Contain
- No Information

| Product Description |  |                      | Contains              |                       |                       |                       |                                  |                                  |                       |                       |                       |                       |                       |                       |                                  |                       |                       |                       |                       |                       |                       |                       |                       |                               |                       |                       |                       |                       |                                  |
|---------------------|--|----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|
|                     |  |                      | Almonds               | Barley                | Brazil Nuts           | Cashew Nuts           | Celery                           | Cereals containing Gluten        | Crustaceans           | Eggs                  | Fish                  | Hazelnuts             | Lupin                 | Macadamia Nuts        | Milk                             | Molluscs              | Mustard               | Oats                  | Peanuts               | Pecan Nuts            | Pistachio Nuts        | Rye                   | Sesame                | Sulphur Dioxide and Sulphites | Soya                  | Nuts                  | Walnuts               | Wheat                 |                                  |
| 27372               | Turkey Mince                                   | 400g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 75456               | Fresh Onions Medium                            | 100g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 84901               | Carrots  | 100g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 04364               | Everyday Favourites Choice Peas                | 100g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 70403               | Everyday Favourites Mild Madras Curry Powder   | 2 tbsp               | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 17576               | Everyday Favourites Chopped Tomatoes           | 500g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| Water               | Water  | 300ml                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 03013               | Everyday Favourites Gluten Free Gravy Granules | 2 tbsp               | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 75409               | Fresh Jacket Potatoes 60`s                     | 10                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 04381               | Frozen Whole Green Beans                       | 500g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| <b>S092478</b>      | <b>Veggie Burger</b>                           | <b>Yield: 10 Ptn</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 41152               | Everyday Favourites Vegetable Burger           | 10                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 81210               | Everyday Favourites Mk4 Sandwich Baps          | 10                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 75085               | Fresh Iceberg Lettuce                          | 100g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 75603               | Fresh Tomatoes                                 | 2                    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 75497               | Kerrymaid Cheese Slices                        | 10                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |



# Vegetables



**edwards and ward**

a recipe for success

## Recipe

Recipe: S00054 Garden Peas

| Ingredient                            | Amount |
|---------------------------------------|--------|
| 04364 Everyday Favourites Choice Peas | 600g   |

Yield: 10

## Method

1. Steam peas for 4-5 minutes
2. Alternatively boil in 750ml of water for 4-5 minutes

Picture: None

## Recipe

Recipe: S00167                      Green Beans

| Ingredient                          | Amount |
|-------------------------------------|--------|
| 04381      Frozen Whole Green Beans | 600g   |

Yield: 10

## Method

1. Steam for 3-4 minutes or until cooked
2. Alternatively boil in water for 5-6 minutes

Picture: None

## Recipe

Recipe: S00173                      Baked Beans

| Ingredient |   | Amount |
|------------|---|--------|
| 30396      | Everyday Reduced Sugar/Salt Baked Beans | 600g   |

Yield: 10

## Method

1. Heat through gently until core temperature of 75°C + is reached

Picture: None



## Recipe

Recipe: S00180                      Broccoli

| Ingredient |          | Amount |
|------------|----------|--------|
| 09398      | Broccoli | 600g   |

Yield: 10

## Method

1. Wash and cut into evenly sized florets
2. Steam for 4-5 minutes or until cooked
3. Alternatively boil in water until cooked

Picture: None

## Recipe

Recipe: S00182                      Sliced Carrots

| Ingredient         | Amount |
|--------------------|--------|
| 84901      Carrots | 500g   |

Yield: 10

## Method

1. Peel and wash the carrots
2. Cut into evenly sized slices
3. Steam for 4-5 minutes or until cooked
4. Alternatively boil in water until cooked

Picture: None



## Recipe

Recipe: S00184                      Cauliflower

| Ingredient |                   | Amount |
|------------|-------------------|--------|
| 75468      | Fresh Cauliflower | 1      |

Yield: 10

## Method

1. Wash and cut into evenly sized florets
2. Steam for 5-6 minutes or until cooked
3. Alternatively boil in water for 3-5 minutes or until cooked

Picture: None





## Recipe

Recipe: S00445 Cabbage

| Ingredient |               | Amount |
|------------|---------------|--------|
| 75032      | Savoy Cabbage | 600g   |

Yield: 10

## Method

Finely shred the cabbage and cook in the boiling water for 2-3 minutes or until tender

Drain well and serve

Picture: None

## Recipe

Recipe: S00656                      Slaw

| Ingredient   | Amount |
|--|--------|
| 20016      White Cabbage                           | 200g   |
| 84901      Carrots                                 | 100g   |
| 04132      Everyday Favourites Light Mayonnaise    | 30g    |
| 04393      Everyday Favourites Tomato Ketchup      | 10ml   |
| 70279      Everyday Favourites Ground Black Pepper | 1g     |

Yield: 10 Ptn

## Method

1. Peel and grate the carrots and set aside in a bowl
2. Core and slice or grate the cabbage.
3. Add to the carrot and then add the seasoning and leave to wilt for 10minutes
4. Add the mayonnaise and ketchup for a tangy flavour

Picture: None

## Recipe

Recipe: S02141                      Steamed Spinach

| Ingredient |              | Amount |
|------------|--------------|--------|
| 98474      | Baby Spinach | 600g   |

Yield: 8

### Method

Wash thoroughly, steam for 3 - 4

Picture: None

## Recipe

Recipe: S03821                      Carrot Batons

| Ingredient         | Amount |
|--------------------|--------|
| 84901      Carrots | 600g   |

Yield: 10

## Method

1. Peel and wash the carrots
2. Cut into evenly sized batons
3. Steam for 4-5 minutes or until cooked
4. Alternatively boil in water until cooked

Picture: None

Recipe with Allergens Exploded

kwilliamson@edwardsandward.co.uk

Legend

- Contains
- May Contain
- Does Not Contain
- No Information

| Contains |        |             |             |        |                           |             |      |      |           |       |                |      |          |         |      |         |            |                |     |        |                               |      |      |         |       |
|----------|--------|-------------|-------------|--------|---------------------------|-------------|------|------|-----------|-------|----------------|------|----------|---------|------|---------|------------|----------------|-----|--------|-------------------------------|------|------|---------|-------|
| Almonds  | Barley | Brazil Nuts | Cashew Nuts | Celery | Cereals containing Gluten | Crustaceans | Eggs | Fish | Hazelnuts | Lupin | Macadamia Nuts | Milk | Molluscs | Mustard | Oats | Peanuts | Pecan Nuts | Pistachio Nuts | Rye | Sesame | Sulphur Dioxide and Sulphites | Soya | Nuts | Walnuts | Wheat |

| Product Description |   |           | Almonds               | Barley                | Brazil Nuts           | Cashew Nuts           | Celery                | Cereals containing Gluten | Crustaceans           | Eggs                  | Fish                  | Hazelnuts             | Lupin                 | Macadamia Nuts        | Milk                  | Molluscs              | Mustard               | Oats                  | Peanuts               | Pecan Nuts            | Pistachio Nuts        | Rye                   | Sesame                | Sulphur Dioxide and Sulphites | Soya                  | Nuts                  | Walnuts               | Wheat                 |                       |
|---------------------|---|-----------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|---------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| S00173              | Baked Beans                             | Yield: 10 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 30396               | Everyday Reduced Sugar/Salt Baked Beans | 600g      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| S00180              | Broccoli                                | Yield: 10 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 09398               | Broccoli                                | 600g      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| S00445              | Cabbage                                 | Yield: 10 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 75032               | Savoy Cabbage                           | 600g      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| S03821              | Carrot Batons                           | Yield: 10 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 84901               | Carrots                                 | 600g      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| S00184              | Cauliflower                             | Yield: 10 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 75468               | Fresh Cauliflower                       | 1         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| S00054              | Garden Peas                             | Yield: 10 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 04364               | Everyday Favourites Choice Peas         | 600g      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| S00167              | Green Beans                             | Yield: 10 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 04381               | Frozen Whole Green Beans                | 600g      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

Recipe with Allergens Exploded

kwilliamson@edwardsandward.co.uk

Legend

- Contains
- May Contain
- Does Not Contain
- No Information

|               |   |                      | Contains              |                       |                       |                       |                       |                           |                       |                                  |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                               |                       |                       |                       |                       |                       |
|---------------|---|----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|---------------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
|               |   |                      | Almonds               | Barley                | Brazil Nuts           | Cashew Nuts           | Celery                | Cereals containing Gluten | Crustaceans           | Eggs                             | Fish                  | Hazelnuts             | Lupin                 | Macadamia Nuts        | Milk                  | Molluscs              | Mustard               | Oats                  | Peanuts               | Pecan Nuts            | Pistachio Nuts        | Rye                   | Sesame                | Sulphur Dioxide and Sulphites | Soya                  | Nuts                  | Walnuts               | Wheat                 |                       |
| <b>S00656</b> | <b>Slaw</b>                             | <b>Yield: 10 Ptn</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 20016         | White Cabbage                           | 200g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 84901         | Carrots                                 | 100g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 04132         | Everyday Favourites Light Mayonnaise    | 30g                  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 04393         | Everyday Favourites Tomato Ketchup      | 10ml                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 70279         | Everyday Favourites Ground Black Pepper | 1g                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| <b>S00182</b> | <b>Sliced Carrots</b>                   | <b>Yield: 10</b>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 84901         | Carrots                                 | 500g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| <b>S02141</b> | <b>Steamed Spinach</b>                  | <b>Yield: 8</b>      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 98474         | Baby Spinach                            | 600g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |



**edwards and ward**

a recipe for success

## Recipe

Recipe: S092423                      Chocolate Croissant

| Ingredient                                 | Amount |
|--|--------|
| 01169      Everyday Favourites Croissants  | 10     |
| 66086      Dr. Oetker Milk Chocolate Drops | 80g    |

Yield: 10 Ptn

## Method

1. Bake the croissant a per manufacturer's instructions
2. Gently melt the chocolate drops. There are 3 ways to do this: in a saucepan over simmering water, using a microwave on 20 second bursts ensuring to stir after each 20 seconds or place into a heatproof bowl and place under the servey lights, keep and eye on the drops and stir occasionally.
3. Once the drops are melted drizzle over the croissant and leave to set. This can also be served warm on the hot counter.

Picture: None



## Recipe

Recipe: S092424 Jam Croissant

| Ingredient                                | Amount |
|---|--------|
| 01169 Everyday Favourites Croissants      | 10     |
| 41193 Everyday Favourites Mixed Fruit Jam | 100g   |

Yield: 10 Ptn

## Method

1. Bake the croissant a per manufacturer's instructions
2. Once baked slice in half lengthways.
3. Spread the jam inside the croissant and close back.
4. Serve ambient or serve warm on the hot counter.

Picture: None

## Recipe

Recipe: S092425 Cheese & Bacon Turnover

| Ingredient |  | Amount  |
|------------|--|---------|
| 60756      | Everyday Favourites Puff Pastry Sheets | 1 Sheet |
| 29718      | Everyday Favourites Grated Mozzarella  | 200g    |
| 48282      | Farmstead Unsmoked Rindless Back Bacon | 10      |

Yield: 10 Ptn

## Method

1. Thaw the puff pastry sheet and cut into 10 equal pieces.
2. Lay the bacon onto a baking tray and bake at 190c for 8 minutes.
3. In the centre of each piece of pastry put the bacon then top with the cheese.
4. Bring in two opposite corners to the centre and pinch together to seal.
5. Bake in a pre-heated oven at 180c for 10 minutes.

Picture: None

## Recipe

Recipe: S092426 Cheese & Bean Turnover

| Ingredient |   | Amount  |
|------------|---|---------|
| 60756      | Everyday Favourites Puff Pastry Sheets  | 1 Sheet |
| 29718      | Everyday Favourites Grated Mozzarella   | 200g    |
| 30396      | Everyday Reduced Sugar/Salt Baked Beans | 400g    |

Yield: 10 Ptn

## Method

1. Thaw the puff pastry sheet and cut into 10 equal pieces.
2. In the centre of each piece of pastry put the beans then top with the cheese.
3. Bring in two opposite corners to the centre and pinch together to seal.
4. Bake in a pre-heated oven at 180c for 10 minutes.

Picture: None

## Recipe

Recipe: S092435 Breakfast Pizza

| Ingredient   | Amount |
|--|--------|
| 41902 Pizza Plus Foods Wholemeal Rectangle Pizza 1 | 1      |
| 02631 Gustoso Italian Pizza Sauce                  | 80g    |
| 36271 Arla Pro Pizza Topping                       | 160g   |
| 13382 Lamb Weston Hash Browns                      | 2      |
| 43367 Chicken Sausages 16's (RT, GF)               | 3      |

Yield: 10

## Method

1. Cook the sausages and hash browns as per instruction, then cut them into a small diced cubes.
2. Spread the pizza sauce evenly over the pizza base
3. Sprinkle over the chicken sausages and hash browns.
4. Top with the cheese
5. Bake in a preheated oven at 180c for 10-12 minutes or until golden brown.
6. Cut into 10 equal pieces.

### Chef's Tip

By topping right to the edges it creates a better yield.

Picture: None

## Recipe

Recipe: S092436 Veggie Breakfast Pizza

| Ingredient |  | Amount |
|------------|--|--------|
| 41902      | Pizza Plus Foods Wholemeal Rectangle Pizza 1 | 1      |
| 02631      | Gustoso Italian Pizza Sauce                  | 80g    |
| 36271      | Arla Pro Pizza Topping                       | 160g   |
| 13382      | Lamb Weston Hash Browns                      | 2      |

Yield: 10

## Method

1. Cook hash browns as per instruction, then cut them into a small diced cubes.
2. Spread the pizza sauce evenly over the pizza base
3. Sprinkle over the hash browns.
4. Top with the cheese
5. Bake in a preheated oven at 180c for 10-12 minutes or until golden brown.
6. Cut into 10 equal pieces.

### Chef's Tip

By topping right to the edges it creates a better yield.

Picture: None

## Recipe

Recipe: S092437 Breakfast Flatbread

| Ingredient |   | Amount |
|------------|---|--------|
| 48282      | Farmstead Unsmoked Rindless Back Bacon        | 3      |
| 13382      | Lamb Weston Hash Browns                       | 2      |
| 29718      | Everyday Favourites Grated Mozzarella         | 100g   |
| 07059      | Everyday Favourites Flour Tortilla 25cm (10") | 2      |

Yield: 4 Ptn

## Method

1. Place the bacon rashers on a lined baking sheet and bake at 190c for 10mins to ensure a crisp rasher, then allow to cool.
2. Place the hash browns onto a lined baking tray and bake to the product instructions and allow to cool.
3. Place the cheese in a bowl. Crumble the hash browns onto the cheese.
4. Dice the cooked bacon and add to the cheese mix.
5. Lay out the wrap and sprinkle with the mix. Top with a second wrap and cut into quarters
6. Lay onto a baking sheet and cook for 10 minutes at 180c until golden and the cheese has melted .

Picture: None

## Recipe

Recipe: S092438 Veggie Breakfast Flatbread

| Ingredient  | Amount |
|---|--------|
| 13382 Lamb Weston Hash Browns                       | 2      |
| 29718 Everyday Favourites Grated Mozzarella         | 100g   |
| 07059 Everyday Favourites Flour Tortilla 25cm (10") | 2      |
| 30396 Everyday Reduced Sugar/Salt Baked Beans       | 80g    |

Yield: 4 Ptn

## Method

1. Place the hash browns onto a lined baking tray and bake to the product instructions and allow to cool.
2. Place the cheese in a bowl. Crumble the hash browns onto the cheese.
3. Lay out the wrap and spread the beans evenly then sprinkle with the mix. Top with a second wrap and cut into quarters
4. Lay onto a baking sheet and cook for 10 minutes at 180c until golden and the cheese has melted.

Picture: None

## Recipe

Recipe: S092464 Sausage Roll

| Ingredient                                | Amount |
|---|--------|
| 50447 Everyday Favourites Sausage Roll 4" | 10     |
| 06149 Semi Skimmed Milk                   | 1 tbsp |

Yield: 10 Ptn

## Method

1. Place the sausage rolls on to a baking sheet
2. Brush the sausage rolls with the milk
3. Place in the oven at 200c. and bake for 15-18 mins

Picture: None





Recipe

Recipe: Y09001 Plant Based Sausage Roll

| Ingredient |                                    | Amount |
|------------|------------------------------------|--------|
| 60011      | V Kitchen Plant Based Sausage Roll | 10     |

Yield: 10 Ptn

Method

1. Place the sausage rolls on to a baking sheet
2. Place in the oven at 200c. and bake for 15-18 mins

Picture: None

Recipe with Allergens Exploded

kwilliamson@edwardsandward.co.uk

Legend

- Contains
- May Contain
- Does Not Contain
- No Information

|                |  |                      | Contains              |                       |                       |                       |                                  |                                  |                       |                       |                       |                       |                       |                       |                                  |                       |                       |                       |                       |                       |                       |                       |                       |                               |                       |                       |                       |                       |                                  |
|----------------|--|----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|
|                |  |                      | Almonds               | Barley                | Brazil Nuts           | Cashew Nuts           | Celery                           | Cereals containing Gluten        | Crustaceans           | Eggs                  | Fish                  | Hazelnuts             | Lupin                 | Macadamia Nuts        | Milk                             | Molluscs              | Mustard               | Oats                  | Peanuts               | Pecan Nuts            | Pistachio Nuts        | Rye                   | Sesame                | Sulphur Dioxide and Sulphites | Soya                  | Nuts                  | Walnuts               | Wheat                 |                                  |
| <b>S092437</b> | <b>Breakfast Flatbread</b>                       | <b>Yield: 4 Ptn</b>  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 48282          | Farmstead Unsmoked Rindless Back Bacon           | 3                    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 13382          | Lamb Weston Hash Browns                          | 2                    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 29718          | Everyday Favourites Grated Mozzarella            | 100g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 07059          | Everyday Favourites Flour Tortilla 25cm (10")    | 2                    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| <b>S092435</b> | <b>Breakfast Pizza</b>                           | <b>Yield: 10</b>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 41902          | Pizza Plus Foods Wholemeal Rectangle Pizza 11"x' | 1                    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 02631          | Gustoso Italian Pizza Sauce                      | 80g                  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 36271          | Arla Pro Pizza Topping                           | 160g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 13382          | Lamb Weston Hash Browns                          | 2                    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 43367          | Chicken Sausages 16's (RT, GF)                   | 3                    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| <b>S092425</b> | <b>Cheese &amp; Bacon Turnover</b>               | <b>Yield: 10 Ptn</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 60756          | Everyday Favourites Puff Pastry Sheets           | 1 Sheet              | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 29718          | Everyday Favourites Grated Mozzarella            | 200g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 48282          | Farmstead Unsmoked Rindless Back Bacon           | 10                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| <b>S092426</b> | <b>Cheese &amp; Bean Turnover</b>                | <b>Yield: 10 Ptn</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |

Recipe with Allergens Exploded

kwilliamson@edwardsandward.co.uk

Legend

- Contains
- May Contain
- Does Not Contain
- \* No Information

|                            |   |                      | Contains              |                                  |                       |                       |                       |                                  |                       |                       |                       |                       |                       |                       |                                  |                       |                       |                       |                       |                       |                       |                       |                       |                               |                       |                       |                       |                       |                                  |
|----------------------------|---|----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|
|                            |   |                      | Almonds               | Barley                           | Brazil Nuts           | Cashew Nuts           | Celery                | Cereals containing Gluten        | Crustaceans           | Eggs                  | Fish                  | Hazelnuts             | Lupin                 | Macadamia Nuts        | Milk                             | Molluscs              | Mustard               | Oats                  | Peanuts               | Pecan Nuts            | Pistachio Nuts        | Rye                   | Sesame                | Sulphur Dioxide and Sulphites | Soya                  | Nuts                  | Walnuts               | Wheat                 |                                  |
| <b>Product Description</b> |   |                      |                       |                                  |                       |                       |                       |                                  |                       |                       |                       |                       |                       |                       |                                  |                       |                       |                       |                       |                       |                       |                       |                       |                               |                       |                       |                       |                       |                                  |
| 60756                      | Everyday Favourites Puff Pastry Sheets  | 1 Sheet              | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 29718                      | Everyday Favourites Grated Mozzarella   | 200g                 | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 30396                      | Everyday Reduced Sugar/Salt Baked Beans | 400g                 | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| <b>S092423</b>             | <b>Chocolate Croissant</b>              | <b>Yield: 10 Ptn</b> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 01169                      | Everyday Favourites Croissants          | 10                   | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 66086                      | Dr. Oetker Milk Chocolate Drops         | 80g                  | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| <b>S092424</b>             | <b>Jam Croissant</b>                    | <b>Yield: 10 Ptn</b> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 01169                      | Everyday Favourites Croissants          | 10                   | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 41193                      | Everyday Favourites Mixed Fruit Jam     | 100g                 | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| <b>Y09001</b>              | <b>Plant Based Sausage Roll</b>         | <b>Yield: 10 Ptn</b> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 60011                      | V Kitchen Plant Based Sausage Roll      | 10                   | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| <b>S092464</b>             | <b>Sausage Roll</b>                     | <b>Yield: 10 Ptn</b> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 50447                      | Everyday Favourites Sausage Roll 4"     | 10                   | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 06149                      | Semi Skimmed Milk                       | 1 tbsp               | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| <b>S092438</b>             | <b>Veggie Breakfast Flatbread</b>       | <b>Yield: 4 Ptn</b>  | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |

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Legend

- Contains
- May Contain
- Does Not Contain
- \* No Information

|                     |  |                  | Contains              |                       |                       |                       |                                  |                                  |                       |                       |                       |                       |                       |                       |                                  |                       |                       |                       |                       |                       |                       |                       |                       |                               |                       |                       |                       |                                  |                       |
|---------------------|--|------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|
| Product Description |  |                  | Almonds               | Barley                | Brazil Nuts           | Cashew Nuts           | Celery                           | Cereals containing Gluten        | Crustaceans           | Eggs                  | Fish                  | Hazelnuts             | Lupin                 | Macadamia Nuts        | Milk                             | Molluscs              | Mustard               | Oats                  | Peanuts               | Pecan Nuts            | Pistachio Nuts        | Rye                   | Sesame                | Sulphur Dioxide and Sulphites | Soya                  | Nuts                  | Walnuts               | Wheat                            |                       |
| 13382               | Lamb Weston Hash Browns                          | 2                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |
| 29718               | Everyday Favourites Grated Mozzarella            | 100g             | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |
| 07059               | Everyday Favourites Flour Tortilla 25cm (10")    | 2                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |                       |
| 30396               | Everyday Reduced Sugar/Salt Baked Beans          | 80g              | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |
| <b>S092436</b>      | <b>Veggie Breakfast Pizza</b>                    | <b>Yield: 10</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |                       |
| 41902               | Pizza Plus Foods Wholemeal Rectangle Pizza 11"x' | 1                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |                       |
| 02631               | Gustoso Italian Pizza Sauce                      | 80g              | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |
| 36271               | Arla Pro Pizza Topping                           | 160g             | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |                       |
| 13382               | Lamb Weston Hash Browns                          | 2                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |



**edwards and ward**

a recipe for success

## Recipe

Recipe: S092401 Margherita Pizza (Rectangular Base)

| Ingredient   | Amount |
|--|--------|
| 41902 Pizza Plus Foods Wholemeal Rectangle Pizza 1 | 1      |
| 02631 Gustoso Italian Pizza Sauce                  | 80g    |
| 36271 Arla Pro Pizza Topping                       | 160g   |

Yield: 8 Ptn

## Method

1. Spread the pizza sauce evenly over the pizza base
2. Top with the cheese
3. Bake in a preheated oven at 180c for 10-12 minutes or until golden brown.
4. 8 equal pieces.

### Chef's Tip

By topping right to the edges it creates a better yield.

Picture: None

## Recipe

Recipe: S092402 Margherita Pizza (Circular Base)

| Ingredient                           | Amount |
|--------------------------------------|--------|
| 20812 Capri 12 Inch Deep Pizza Crust | 1      |
| 02631 Gustoso Italian Pizza Sauce    | 60g    |
| 36271 Arla Pro Pizza Topping         | 140g   |

Yield: 6 Ptn

## Method

1. Spread the pizza sauce evenly over the pizza base
2. Top with the cheese
3. Bake in a preheated oven at 180c for 10-12 minutes or until golden brown.
4. 6 equal pieces.

### Chef's Tip

By topping right to the edges it creates a better yield.

Picture: None

## Recipe

Recipe: S092403                      Pepperoni Pizza (Rectangular Base)

| Ingredient |  | Amount |
|------------|--|--------|
| 41902      | Pizza Plus Foods Wholemeal Rectangle Pizza 1 | 1      |
| 02631      | Gustoso Italian Pizza Sauce                  | 80g    |
| 36271      | Arla Pro Pizza Topping                       | 160g   |
| 74700      | Sliced Pepperoni                             | 24     |

Yield: 8 Ptn

## Method

1. Spread the pizza sauce evenly over the pizza base
2. Add 3 pieces of pepperoni to each serving slice (there will be 6 for round and 8 for rectangle)
3. Top with the cheese
4. Bake in a preheated oven at 180c for 10-12 minutes or until golden brown.
5. Cut into 8 equal pieces.

### Chef's Tip

By topping right to the edges it creates a better yield.

Picture: None



## Recipe

Recipe: S092404      Pepperoni Pizza (Circular Base)

| Ingredient |                                | Amount |
|------------|--------------------------------|--------|
| 20812      | Capri 12 Inch Deep Pizza Crust | 1      |
| 02631      | Gustoso Italian Pizza Sauce    | 60g    |
| 36271      | Arla Pro Pizza Topping         | 140g   |
| 74700      | Sliced Pepperoni               | 18     |

Yield: 6

## Method

1. Spread the pizza sauce evenly over the pizza base
2. Add 3 pieces of pepperoni to each serving slice (there will be 6 for round and 8 for rectangle)
3. Top with the cheese
4. Bake in a preheated oven at 180c for 10-12 minutes or until golden brown.
5. Cut into 6 equal pieces.

### Chef's Tip

By topping right to the edges it creates a better yield.

Picture: None

## Recipe

Recipe: S092405 Fajita Pizza (Rectangular Base)

| Ingredient   | Amount |
|--|--------|
| 41902 Pizza Plus Foods Wholemeal Rectangle Pizza 1 | 1      |
| 02631 Gustoso Italian Pizza Sauce                  | 80g    |
| 36271 Arla Pro Pizza Topping                       | 160g   |
| 04505 Everyday Favourites Sliced Mixed Peppers     | 25g    |
| 75456 Fresh Onions Medium                          | 100g   |
| 76587 Casa De Mare Sliced Green Jalapeno Peppers   | 20g    |

Yield: 8 Ptn

## Method

1. Finely slice the onion and cut the jalapeno slices in half if you prefer.
2. Spread the pizza sauce evenly over the pizza base
3. Spread the onions, peppers and jalapenos evenly over the sauce
6. Top with the cheese
7. Bake in a preheated oven at 180c for 10-12 minutes or until golden brown.
8. Cut into 8 equal pieces.

## Chef's Tip

By topping right to the edges it creates a better yield.

Picture: None

## Recipe

Recipe: S092406 Fajita Pizza (Circular Base)

| Ingredient                                       | Amount |
|--|--------|
| 20812 Capri 12 Inch Deep Pizza Crust             | 1      |
| 02631 Gustoso Italian Pizza Sauce                | 60g    |
| 36271 Arla Pro Pizza Topping                     | 140g   |
| 04505 Everyday Favourites Sliced Mixed Peppers   | 25g    |
| 75456 Fresh Onions Medium                        | 50g    |
| 76587 Casa De Mare Sliced Green Jalapeno Peppers | 20g    |

Yield: 6

## Method

1. Finely slice the onion and cut the jalapeno slices in half if you prefer.
2. Spread the pizza sauce evenly over the pizza base
3. Spread the onions, peppers and jalapenos evenly over the sauce
6. Top with the cheese
7. Bake in a preheated oven at 180c for 10-12 minutes or until golden brown.
8. Cut into 6 equal pieces.

## Chef's Tip

By topping right to the edges it creates a better yield.

Picture: None

## Recipe

Recipe: S092407 Meatfeast Pizza (Rectangular Base)

| Ingredient   | Amount |
|--|--------|
| 41902 Pizza Plus Foods Wholemeal Rectangle Pizza 1 | 1      |
| 02631 Gustoso Italian Pizza Sauce                  | 80g    |
| 36271 Arla Pro Pizza Topping                       | 160g   |
| 74700 Sliced Pepperoni                             | 16     |
| 43367 Chicken Sausages 16's (RT, GF)               | 3      |

Yield: 8 Ptn

## Method

1. Cook the sausages as per instruction, then cut them into a small diced cubes.
2. Spread the pizza sauce evenly over the pizza base
3. place 2 pieces of pepperoni per slice and sprinkle over the chicken sausage.
4. Top with the cheese
5. Bake in a preheated oven at 180c for 10-12 minutes or until golden brown.
6. Cut into 8 equal pieces.

### Chef's Tip

By topping right to the edges it creates a better yield.

Picture: None

## Recipe

Recipe: S092408 Meatfeast Pizza (Circular Base)

| Ingredient                           | Amount |
|--------------------------------------|--------|
| 20812 Capri 12 Inch Deep Pizza Crust | 1      |
| 02631 Gustoso Italian Pizza Sauce    | 60g    |
| 36271 Arla Pro Pizza Topping         | 140g   |
| 74700 Sliced Pepperoni               | 12     |
| 43367 Chicken Sausages 16's (RT, GF) | 2      |

Yield: 6 Ptn

## Method

1. Cook the sausages as per instruction, then cut them into a small diced cubes.
2. Spread the pizza sauce evenly over the pizza base
3. place 2 pieces of pepperoni per slice and sprinkle over the chicken sausage.
4. Top with the cheese
5. Bake in a preheated oven at 180c for 10-12 minutes or until golden brown.
6. Cut into 6 equal pieces.

## Chef's Tip

By topping right to the edges it creates a better yield.

Picture: None

## Recipe

Recipe: S092409 BBQ Chicken Pizza (Rectangular Base)

| Ingredient   | Amount |
|--|--------|
| 41902 Pizza Plus Foods Wholemeal Rectangle Pizza 1 | 1      |
| 02631 Gustoso Italian Pizza Sauce                  | 60g    |
| 04703 Everyday Favourites BBQ Sauce                | 20g    |
| 36271 Arla Pro Pizza Topping                       | 160g   |
| 43367 Chicken Sausages 16's (RT, GF)               | 3      |
| 75456 Fresh Onions Medium                          | 150g   |

Yield: 8 Ptn

## Method

1. Cook the sausages as per instruction, then cut them into a small diced cubes.
2. Finely slice the onion
3. Mix the BBQ sauce with the pizza sauce and spread evenly over the pizza base
4. Sprinkle the sliced onion and diced chicken sausage over the base.
5. Top with the cheese
6. Bake in a preheated oven at 180c for 10-12 minutes or until golden brown.
7. Cut into 8 equal pieces.

### Chef's Tip

By topping right to the edges it creates a better yield.

Picture: None

## Recipe

Recipe: S092410 BBQ Chicken Pizza (Circular Base)

| Ingredient                           | Amount |
|--------------------------------------|--------|
| 20812 Capri 12 Inch Deep Pizza Crust | 1      |
| 02631 Gustoso Italian Pizza Sauce    | 40g    |
| 04703 Everyday Favourites BBQ Sauce  | 20g    |
| 36271 Arla Pro Pizza Topping         | 160g   |
| 43367 Chicken Sausages 16's (RT, GF) | 2      |
| 75456 Fresh Onions Medium            | 100g   |

Yield: 6 Ptn

## Method

1. Cook the sausages as per instruction, then cut them into a small diced cubes.
2. Finely slice the onion
3. Mix the BBQ sauce with the pizza sauce and spread evenly over the pizza base
4. Sprinkle the sliced onion and diced chicken sausage over the base.
5. Top with the cheese
6. Bake in a preheated oven at 180c for 10-12 minutes or until golden brown.
7. Cut into 6 equal pieces.

## Chef's Tip

By topping right to the edges it creates a better yield.

Picture: None

## Recipe

Recipe: S092411 Hawaiian Pizza (Rectangular Base)

| Ingredient   | Amount    |
|--|-----------|
| 41902 Pizza Plus Foods Wholemeal Rectangle Pizza 1 | 1         |
| 02631 Gustoso Italian Pizza Sauce                  | 80g       |
| 36271 Arla Pro Pizza Topping                       | 160g      |
| 02565 Pineapple Slices Juice 8 Count               | 1.5 Slice |
| 15309 Abbey Farm Red Tractor Assured Sliced Ham    | 75g       |

Yield: 8 Ptn

## Method

1. Cut the ham into small dice and cut the pineapple into small pieces.
2. Spread the pizza sauce evenly over the pizza base
3. Evenly distribute the ham and pineapple over the sauce
5. Top with the cheese
6. Bake in a preheated oven at 180c for 10-12 minutes or until golden brown.
7. Cut into 8 equal pieces.

### Chef's Tip

By topping right to the edges it creates a better yield.

Picture: None



## Recipe

Recipe: S092412 Hawaiian Pizza (Circular Base)

| Ingredient                                      | Amount    |
|---|-----------|
| 20812 Capri 12 Inch Deep Pizza Crust            | 1         |
| 02631 Gustoso Italian Pizza Sauce               | 60g       |
| 36271 Arla Pro Pizza Topping                    | 140g      |
| 02565 Pineapple Slices Juice 8 Count            | 1.5 Slice |
| 15309 Abbey Farm Red Tractor Assured Sliced Ham | 50g       |

Yield: 8 Ptn

## Method

1. Cut the ham into small dice and cut the pineapple into small pieces.
2. Spread the pizza sauce evenly over the pizza base
3. Evenly distribute the ham and pineapple over the sauce
5. Top with the cheese
6. Bake in a preheated oven at 180c for 10-12 minutes or until golden brown.
7. Cut into 6 equal pieces.

### Chef's Tip

By topping right to the edges it creates a better yield.

Picture: None

Recipe with Allergens Exploded

kwilliamson@edwardsandward.co.uk

Legend

- Contains
- May Contain
- Does Not Contain
- No Information

Contains

|         |        |             |             |        |                           |             |      |      |           |       |                |      |          |         |      |         |            |                |     |        |                               |      |      |         |       |
|---------|--------|-------------|-------------|--------|---------------------------|-------------|------|------|-----------|-------|----------------|------|----------|---------|------|---------|------------|----------------|-----|--------|-------------------------------|------|------|---------|-------|
| Almonds | Barley | Brazil Nuts | Cashew Nuts | Celery | Cereals containing Gluten | Crustaceans | Eggs | Fish | Hazelnuts | Lupin | Macadamia Nuts | Milk | Molluscs | Mustard | Oats | Peanuts | Pecan Nuts | Pistachio Nuts | Rye | Sesame | Sulphur Dioxide and Sulphites | Soya | Nuts | Walnuts | Wheat |
|---------|--------|-------------|-------------|--------|---------------------------|-------------|------|------|-----------|-------|----------------|------|----------|---------|------|---------|------------|----------------|-----|--------|-------------------------------|------|------|---------|-------|

Product Description

| Product ID | Product Name                                     | Yield        | Almonds               | Barley                | Brazil Nuts           | Cashew Nuts           | Celery                | Cereals containing Gluten        | Crustaceans           | Eggs                  | Fish                  | Hazelnuts             | Lupin                 | Macadamia Nuts        | Milk                             | Molluscs              | Mustard               | Oats                  | Peanuts               | Pecan Nuts            | Pistachio Nuts        | Rye                   | Sesame                | Sulphur Dioxide and Sulphites | Soya                  | Nuts                  | Walnuts               | Wheat                 |                                  |
|------------|--|--------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|
| S092410    | BBQ Chicken Pizza (Circular Base)                | Yield: 6 Ptn | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 20812      | Capri 12 Inch Deep Pizza Crust                   | 1            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 02631      | Gustoso Italian Pizza Sauce                      | 40g          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 04703      | Everday Favourites BBQ Sauce                     | 20g          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 36271      | Arla Pro Pizza Topping                           | 160g         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 43367      | Chicken Sausages 16's (RT, GF)                   | 2            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 75456      | Fresh Onions Medium                              | 100g         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| S092409    | BBQ Chicken Pizza (Rectangular Base)             | Yield: 8 Ptn | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 41902      | Pizza Plus Foods Wholemeal Rectangle Pizza 11"x' | 1            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 02631      | Gustoso Italian Pizza Sauce                      | 60g          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 04703      | Everday Favourites BBQ Sauce                     | 20g          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 36271      | Arla Pro Pizza Topping                           | 160g         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 43367      | Chicken Sausages 16's (RT, GF)                   | 3            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 75456      | Fresh Onions Medium                              | 150g         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| S092406    | Fajita Pizza (Circular Base)                     | Yield: 6     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 20812      | Capri 12 Inch Deep Pizza Crust                   | 1            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 02631      | Gustoso Italian Pizza Sauce                      | 60g          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |

Recipe with Allergens Exploded

kwilliamson@edwardsandward.co.uk

Legend

- Contains
- May Contain
- Does Not Contain
- No Information

|                            |  |                     | Contains              |                       |                       |                       |                                  |                                  |                       |                       |                       |                       |                       |                       |                                  |                       |                       |                       |                       |                       |                       |                       |                       |                               |                       |                       |                       |                       |                                  |
|----------------------------|--|---------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|
|                            |  |                     | Almonds               | Barley                | Brazil Nuts           | Cashew Nuts           | Celery                           | Cereals containing Gluten        | Crustaceans           | Eggs                  | Fish                  | Hazelnuts             | Lupin                 | Macadamia Nuts        | Milk                             | Molluscs              | Mustard               | Oats                  | Peanuts               | Pecan Nuts            | Pistachio Nuts        | Rye                   | Sesame                | Sulphur Dioxide and Sulphites | Soya                  | Nuts                  | Walnuts               | Wheat                 |                                  |
| <b>Product Description</b> |  |                     |                       |                       |                       |                       |                                  |                                  |                       |                       |                       |                       |                       |                       |                                  |                       |                       |                       |                       |                       |                       |                       |                       |                               |                       |                       |                       |                       |                                  |
| 36271                      | Arla Pro Pizza Topping                           | 140g                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 04505                      | Everyday Favourites Sliced Mixed Peppers         | 25g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 75456                      | Fresh Onions Medium                              | 50g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 76587                      | Casa De Mare Sliced Green Jalapeno Peppers       | 20g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| <b>S092405</b>             | <b>Fajita Pizza (Rectangular Base)</b>           | <b>Yield: 8 Ptn</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 41902                      | Pizza Plus Foods Wholemeal Rectangle Pizza 11"x' | 1                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 02631                      | Gustoso Italian Pizza Sauce                      | 80g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 36271                      | Arla Pro Pizza Topping                           | 160g                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 04505                      | Everyday Favourites Sliced Mixed Peppers         | 25g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 75456                      | Fresh Onions Medium                              | 100g                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 76587                      | Casa De Mare Sliced Green Jalapeno Peppers       | 20g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| <b>S092412</b>             | <b>Hawaiian Pizza (Circular Base)</b>            | <b>Yield: 8 Ptn</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 20812                      | Capri 12 Inch Deep Pizza Crust                   | 1                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 02631                      | Gustoso Italian Pizza Sauce                      | 60g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 36271                      | Arla Pro Pizza Topping                           | 140g                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 02565                      | Pineapple Slices Juice 8 Count                   | 1.5 Slice           | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 15309                      | Abbey Farm Red Tractor Assured Sliced Ham        | 50g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |

Recipe with Allergens Exploded

kwilliamson@edwardsandward.co.uk

Legend

- Contains
- May Contain
- Does Not Contain
- No Information

Contains

|         |        |             |             |        |                           |             |      |      |           |       |                |      |          |         |      |         |            |                |     |        |                               |      |      |         |       |
|---------|--------|-------------|-------------|--------|---------------------------|-------------|------|------|-----------|-------|----------------|------|----------|---------|------|---------|------------|----------------|-----|--------|-------------------------------|------|------|---------|-------|
| Almonds | Barley | Brazil Nuts | Cashew Nuts | Celery | Cereals containing Gluten | Crustaceans | Eggs | Fish | Hazelnuts | Lupin | Macadamia Nuts | Milk | Molluscs | Mustard | Oats | Peanuts | Pecan Nuts | Pistachio Nuts | Rye | Sesame | Sulphur Dioxide and Sulphites | Soya | Nuts | Walnuts | Wheat |
|---------|--------|-------------|-------------|--------|---------------------------|-------------|------|------|-----------|-------|----------------|------|----------|---------|------|---------|------------|----------------|-----|--------|-------------------------------|------|------|---------|-------|

Product Description

|                |  |                     |                       |
|----------------|--|---------------------|-----------------------|
| <b>S092411</b> | <b>Hawaiian Pizza (Rectangular Base)</b>         | <b>Yield: 8 Ptn</b> | <input type="radio"/> |
| 41902          | Pizza Plus Foods Wholemeal Rectangle Pizza 11"x' | 1                   | <input type="radio"/> |
| 02631          | Gustoso Italian Pizza Sauce                      | 80g                 | <input type="radio"/> |
| 36271          | Arla Pro Pizza Topping                           | 160g                | <input type="radio"/> |
| 02565          | Pineapple Slices Juice 8 Count                   | 1.5 Slice           | <input type="radio"/> |
| 15309          | Abbey Farm Red Tractor Assured Sliced Ham        | 75g                 | <input type="radio"/> |
| <b>S092402</b> | <b>Margherita Pizza (Circular Base)</b>          | <b>Yield: 6 Ptn</b> | <input type="radio"/> |
| 20812          | Capri 12 Inch Deep Pizza Crust                   | 1                   | <input type="radio"/> |
| 02631          | Gustoso Italian Pizza Sauce                      | 60g                 | <input type="radio"/> |
| 36271          | Arla Pro Pizza Topping                           | 140g                | <input type="radio"/> |
| <b>S092401</b> | <b>Margherita Pizza (Rectangular Base)</b>       | <b>Yield: 8 Ptn</b> | <input type="radio"/> |
| 41902          | Pizza Plus Foods Wholemeal Rectangle Pizza 11"x' | 1                   | <input type="radio"/> |
| 02631          | Gustoso Italian Pizza Sauce                      | 80g                 | <input type="radio"/> |
| 36271          | Arla Pro Pizza Topping                           | 160g                | <input type="radio"/> |
| <b>S092408</b> | <b>Meatfeast Pizza (Circular Base)</b>           | <b>Yield: 6 Ptn</b> | <input type="radio"/> |
| 20812          | Capri 12 Inch Deep Pizza Crust                   | 1                   | <input type="radio"/> |

Recipe with Allergens Exploded

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Legend

- Contains
- May Contain
- Does Not Contain
- No Information

|                            |  |                     | Contains              |                       |                       |                       |                                  |                                  |                       |                       |                       |                       |                       |                       |                                  |                       |                       |                       |                       |                       |                       |                       |                       |                               |                       |                       |                       |                       |                                  |
|----------------------------|--|---------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|
|                            |  |                     | Almonds               | Barley                | Brazil Nuts           | Cashew Nuts           | Celery                           | Cereals containing Gluten        | Crustaceans           | Eggs                  | Fish                  | Hazelnuts             | Lupin                 | Macadamia Nuts        | Milk                             | Molluscs              | Mustard               | Oats                  | Peanuts               | Pecan Nuts            | Pistachio Nuts        | Rye                   | Sesame                | Sulphur Dioxide and Sulphites | Soya                  | Nuts                  | Walnuts               | Wheat                 |                                  |
| <b>Product Description</b> |  |                     |                       |                       |                       |                       |                                  |                                  |                       |                       |                       |                       |                       |                       |                                  |                       |                       |                       |                       |                       |                       |                       |                       |                               |                       |                       |                       |                       |                                  |
| 02631                      | Gustoso Italian Pizza Sauce                      | 60g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 36271                      | Arla Pro Pizza Topping                           | 140g                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 74700                      | Sliced Pepperoni                                 | 12                  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 43367                      | Chicken Sausages 16's (RT, GF)                   | 2                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| <b>S092407</b>             | <b>Meatfeast Pizza (Rectangular Base)</b>        | <b>Yield: 8 Ptn</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 41902                      | Pizza Plus Foods Wholemeal Rectangle Pizza 11"x' | 1                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 02631                      | Gustoso Italian Pizza Sauce                      | 80g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 36271                      | Arla Pro Pizza Topping                           | 160g                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 74700                      | Sliced Pepperoni                                 | 16                  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 43367                      | Chicken Sausages 16's (RT, GF)                   | 3                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| <b>S092404</b>             | <b>Pepperoni Pizza (Circular Base)</b>           | <b>Yield: 6</b>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 20812                      | Capri 12 Inch Deep Pizza Crust                   | 1                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 02631                      | Gustoso Italian Pizza Sauce                      | 60g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 36271                      | Arla Pro Pizza Topping                           | 140g                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 74700                      | Sliced Pepperoni                                 | 18                  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| <b>S092403</b>             | <b>Pepperoni Pizza (Rectangular Base)</b>        | <b>Yield: 8 Ptn</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |

Recipe with Allergens Exploded

kwilliamson@edwardsandward.co.uk

| Legend                           |                  |
|----------------------------------|------------------|
| <input checked="" type="radio"/> | Contains         |
| <input type="radio"/>            | May Contain      |
| <input type="radio"/>            | Does Not Contain |
| *                                | No Information   |

|                     |  | Contains |                       |                       |                       |                       |                                  |                       |                       |                       |                       |                       |                       |                                  |                       |                       |                       |                       |                       |                       |                       |                       |                               |                       |                       |                       |                       |                                  |
|---------------------|--|----------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|
| Product Description |  | Almonds  | Barley                | Brazil Nuts           | Cashew Nuts           | Celery                | Cereals containing Gluten        | Crustaceans           | Eggs                  | Fish                  | Hazelnuts             | Lupin                 | Macadamia Nuts        | Milk                             | Molluscs              | Mustard               | Oats                  | Peanuts               | Pecan Nuts            | Pistachio Nuts        | Rye                   | Sesame                | Sulphur Dioxide and Sulphites | Soya                  | Nuts                  | Walnuts               | Wheat                 |                                  |
| 41902               | Pizza Plus Foods Wholemeal Rectangle Pizza 11"x' | 1        | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 02631               | Gustoso Italian Pizza Sauce                      | 80g      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 36271               | Arla Pro Pizza Topping                           | 160g     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 74700               | Sliced Pepperoni                                 | 24       | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |



**edwards and ward**

a recipe for success



Recipe

Recipe: S092428                      Fries - Classic

| Ingredient |                                | Amount |
|------------|--------------------------------|--------|
| 19253      | Everyday Favourites Oven Chips | 1100g  |

Yield: 10 Ptn

Method

1. Cook the chips as per manufacturer's instructions
2. Divide the chips into 8oz pots

Picture: None



## Recipe

Recipe: S092429                      Fries - Cheesy

| Ingredient                                       | Amount |
|--|--------|
| 19253      Everyday Favourites Oven Chips        | 1100g  |
| 29718      Everyday Favourites Grated Mozzarella | 200g   |

Yield: 10 Ptn

## Method

1. Cook the chips as per manufacturer's instructions
2. Divide the chips into 8oz pots
3. Top with the mozzarella
4. Place the pots onto a baking tray and place into the oven for 2-3 minutes for the cheese to melt.
5. Place onto the servery

Picture: None

## Recipe

Recipe: S092430 Fries - Bombay

| Ingredient                                    | Amount  |
|---|---------|
| 19253 Everyday Favourites Oven Chips          | 1100g   |
| 70395 Everyday Favourites Madras Curry Powder | 1/2 tsp |
| 04439 Everyday Favourites Cooking Salt        | 1/2 tsp |
| 70369 Chef William Garam Masala               | 1/2 tsp |
| 75603 Fresh Tomatoes                          | 1       |
| 75256 Fresh Coriander                         | 10g     |

Yield: 10 Ptn

## Method

1. Wash and dice the tomato. Wash and chop the coriander. Place into a bowl
2. Add the curry powder, salt and garam masala and mix with the tomato and coriander.
3. Cook the chips as per manufacturer's instructions
4. Put the cooked chips into the bowl with the Bombay seasoning mix and toss.
5. Serve in 8oz pots

Picture: None

## Recipe

Recipe: S092431 Fries - Saucy

| Ingredient                                      | Amount |
|---|--------|
| 19253 Everyday Favourites Oven Chips            | 1100g  |
| 70395 Everyday Favourites Madras Curry Powder   | 1 tbsp |
| 04192 Everyday Favourites GF Vegetable Bouillon | 1 tbsp |
| 86811 Everyday Favourites Cornflour             | 30g    |
| 04439 Everyday Favourites Cooking Salt          | 1 tsp  |
| Water Water                                     | 500ml  |

Yield: 10 Ptn

## Method

1. To make the curry sauce, place the water into a pan and bring to a boil.
2. Add the curry powder, salt and veg bouillon and stir well. Mix the cornflour with a splash of cold water to make a paste.
3. Turn the water down to a simmer and whisk through the cornflour paste. Stir well so no lumps are formed.
4. Remove from the heat ready to use later.
5. Cook the chips as per manufacturer's instructions
6. Divide the chips into 8oz pots. Warm the curry sauce through and top the chips with the sauce.

Picture: None

## Recipe

Recipe: S092432 Fries - Mexican

| Ingredient                                       | Amount |
|--|--------|
| 19253 Everyday Favourites Oven Chips             | 1100g  |
| 29718 Everyday Favourites Grated Mozzarella      | 200g   |
| 04377 Everyday Favourites Thick & Chunky Salsa   | 100g   |
| 76587 Casa De Mare Sliced Green Jalapeno Peppers | 30g    |

Yield: 10 Ptn

## Method

1. Cook the chips as per manufacturer's instructions
2. Divide the chips into 8oz pots
3. Top with the mozzarella and jalapenos
4. Place the pots onto a baking tray and place into the oven for 2-3 minutes for the cheese to melt.
5. Finish with a spoon of salsa and serve

Picture: None

## Recipe

Recipe: S092433      Fries - Salt & Pepper

| Ingredient  | Amount |
|---|--------|
| 19253      Everyday Favourites Oven Chips           | 1100g  |
| 70374      Chef William Chinese 5 Spice             | 1 tsp  |
| 04439      Everyday Favourites Cooking Salt         | 1 tsp  |
| 70407      Chef William Ground White Pepper         | 1 tsp  |
| 04505      Everyday Favourites Sliced Mixed Peppers | 100g   |

Yield: 10 Ptn

## Method

1. Remove the peppers from the freezer and allow to thaw
2. Cook the chips as per manufacturer's instructions
3. In a bowl add the peppers, Chinese 5 spice, salt and pepper. Mix.
4. Once the chips are cooked add them to the bowl and toss well with the flavourings.
5. Divide into 8oz pots and serve

Picture: None

## Recipe

Recipe: S092434                      Fries - Piri Piri

| Ingredient |                                  | Amount |
|------------|----------------------------------|--------|
| 19253      | Everyday Favourites Oven Chips   | 1100g  |
| 19820      | Schwartz Piri Piri Seasoning     | 1 tsp  |
| 04439      | Everyday Favourites Cooking Salt | 1 tsp  |

Yield: 10 Ptn

## Method

1. Cook the chips as per manufacturers instructions.
2. Mix the piri piri seasoning with the salt.
3. Once the chips are cooked add them to a bowl along with the piri piri salt. Toss well to combine.
4. Divide into 8oz pots and serve.

Picture: None

Recipe with Allergens Exploded

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Legend

- Contains
- May Contain
- Does Not Contain
- No Information

|  |                     |                      |         | Contains              |                       |                       |                       |                       |                           |                       |                       |                       |                       |                       |                                  |                                  |                       |                       |                       |                       |                       |                       |                       |                       |                               |                       |                       |                       |                       |                       |                       |
|--|---------------------|----------------------|---------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|---------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
|  |                     |                      |         | Almonds               | Barley                | Brazil Nuts           | Cashew Nuts           | Celery                | Cereals containing Gluten | Crustaceans           | Eggs                  | Fish                  | Hazelnuts             | Lupin                 | Macadamia Nuts                   | Milk                             | Molluscs              | Mustard               | Oats                  | Peanuts               | Pecan Nuts            | Pistachio Nuts        | Rye                   | Sesame                | Sulphur Dioxide and Sulphites | Soya                  | Nuts                  | Walnuts               | Wheat                 |                       |                       |
| <b>S092430 Fries - Bombay Yield: 10 Ptn</b>  |                     |                      |         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 19253  | Everyday Favourites | Oven Chips           | 1100g   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |                       |
| 70395  | Everyday Favourites | Madras Curry Powder  | 1/2 tsp | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |                       |
| 04439  | Everyday Favourites | Cooking Salt         | 1/2 tsp | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |                       |
| 70369  | Chef William        | Garam Masala         | 1/2 tsp | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |                       |
| 75603  | Fresh               | Tomatoes             | 1       | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |                       |
| 75256  | Fresh               | Coriander            | 10g     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |                       |
| <b>S092429 Fries - Cheesy Yield: 10 Ptn</b>  |                     |                      |         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 19253  | Everyday Favourites | Oven Chips           | 1100g   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |                       |
| 29718  | Everyday Favourites | Grated Mozzarella    | 200g    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |                       |
| <b>S092428 Fries - Classic Yield: 10 Ptn</b> |                     |                      |         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 19253  | Everyday Favourites | Oven Chips           | 1100g   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |                       |
| <b>S092432 Fries - Mexican Yield: 10 Ptn</b> |                     |                      |         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 19253  | Everyday Favourites | Oven Chips           | 1100g   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |                       |
| 29718  | Everyday Favourites | Grated Mozzarella    | 200g    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |                       |
| 04377  | Everyday Favourites | Thick & Chunky Salsa | 100g    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |                       |

Recipe with Allergens Exploded

kwilliamson@edwardsandward.co.uk

Legend

- Contains
- May Contain
- Does Not Contain
- No Information

| Product Description |  |                      | Contains              |                       |                       |                       |                       |                           |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                               |                       |                       |                       |                       |                       |
|---------------------|--|----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|---------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
|                     |  |                      | Almonds               | Barley                | Brazil Nuts           | Cashew Nuts           | Celery                | Cereals containing Gluten | Crustaceans           | Eggs                  | Fish                  | Hazelnuts             | Lupin                 | Macadamia Nuts        | Milk                  | Molluscs              | Mustard               | Oats                  | Peanuts               | Pecan Nuts            | Pistachio Nuts        | Rye                   | Sesame                | Sulphur Dioxide and Sulphites | Soya                  | Nuts                  | Walnuts               | Wheat                 |                       |
| 76587               | Casa De Mare Sliced Green Jalapeno Peppers | 30g                  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| <b>S092434</b>      | <b>Fries - Piri Piri</b>                   | <b>Yield: 10 Ptn</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 19253               | Everyday Favourites Oven Chips             | 1100g                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 19820               | Schwartz Piri Piri Seasoning               | 1 tsp                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 04439               | Everyday Favourites Cooking Salt           | 1 tsp                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| <b>S092433</b>      | <b>Fries - Salt &amp; Pepper</b>           | <b>Yield: 10 Ptn</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 19253               | Everyday Favourites Oven Chips             | 1100g                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 70374               | Chef William Chinese 5 Spice               | 1 tsp                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 04439               | Everyday Favourites Cooking Salt           | 1 tsp                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 70407               | Chef William Ground White Pepper           | 1 tsp                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 04505               | Everyday Favourites Sliced Mixed Peppers   | 100g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| <b>S092431</b>      | <b>Fries - Saucy</b>                       | <b>Yield: 10 Ptn</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 19253               | Everyday Favourites Oven Chips             | 1100g                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 70395               | Everyday Favourites Madras Curry Powder    | 1 tbsp               | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 04192               | Everyday Favourites GF Vegetable Bouillon  | 1 tbsp               | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 86811               | Everyday Favourites Cornflour              | 30g                  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |



Recipe with Allergens Exploded

kwilliamson@edwardsandward.co.uk

Legend

- Contains
- May Contain
- Does Not Contain
- No Information

|                     |                                  | Contains              |                       |                       |                       |                       |                           |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                               |                       |                       |                       |                       |                       |
|---------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|---------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| Product Description |                                  | Almonds               | Barley                | Brazil Nuts           | Cashew Nuts           | Celery                | Cereals containing Gluten | Crustaceans           | Eggs                  | Fish                  | Hazelnuts             | Lupin                 | Macadamia Nuts        | Milk                  | Molluscs              | Mustard               | Oats                  | Peanuts               | Pecan Nuts            | Pistachio Nuts        | Rye                   | Sesame                | Sulphur Dioxide and Sulphites | Soya                  | Nuts                  | Walnuts               | Wheat                 |                       |
| 04439               | Everyday Favourites Cooking Salt | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Water               | Water                            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |



**edwards and ward**

a recipe for success

## Recipe

Recipe: S092413                      Ham & Cheese Panini

| Ingredient |   | Amount |
|------------|---|--------|
| 93765      | Millhouse Panini                          | 10     |
| 15309      | Abbey Farm Red Tractor Assured Sliced Ham | 10     |
| 29718      | Everyday Favourites Grated Mozzarella     | 400g   |

Yield: 10 Ptn

## Method

1. Ensure the panini is fully thawed.
2. Cut the slice of ham in half and place inside the panini
3. Sprinkle the cheese on top of the ham
4. To cook, place the panini onto a lined baking tray, place in an oven at 190c and bake for 5 minutes to allow the cheese to melt and the panini to crisp up.
5. Serve by using a third of a sheet of the botanical paper to wrap down the centre of the panini.

Picture: None

## Recipe

Recipe: S092414 Cheese Panini

| Ingredient                                  | Amount |
|---|--------|
| 93765 Millhouse Panini                      | 10     |
| 29718 Everyday Favourites Grated Mozzarella | 600g   |

Yield: 10 Ptn

## Method

1. Ensure the panini is fully thawed.
2. Sprinkle the cheese inside the split panini.
3. To cook, place the panini onto a lined baking tray, place in an oven at 190c and bake for 5 minutes to allow the cheese to melt and the panini to crisp up.
4. Serve by using a third of a sheet of the botanical paper to wrap down the centre of the panini.

Picture: None

## Recipe

Recipe: S092415 Cheese & Pepperoni Panini

| Ingredient                                  | Amount |
|---|--------|
| 93765 Millhouse Panini                      | 10     |
| 74700 Sliced Pepperoni                      | 40     |
| 29718 Everyday Favourites Grated Mozzarella | 400g   |

Yield: 10 Ptn

## Method

1. Ensure the panini is fully thawed.
2. Sprinkle the cheese inside the split panini.
3. Lay 4 pieces of pepperoni inside the panini on top of the cheese.
4. To cook, place the panini onto a lined baking tray, place in an oven at 190c and bake for 5 minutes to allow the cheese to melt and the panini to crisp up.
5. Serve by using a third of a sheet of the botanical paper to wrap down the centre of the panini.

Picture: None

## Recipe

Recipe: S092416      Pizza Panini

| Ingredient                                       | Amount |
|--|--------|
| 93765      Millhouse Panini                      | 10     |
| 02631      Gustoso Italian Pizza Sauce           | 300g   |
| 29718      Everyday Favourites Grated Mozzarella | 400g   |

Yield: 10 Ptn

## Method

1. Ensure the panini is fully thawed.
2. Gently pull the panini at the split to spread the pizza sauce.
3. Sprinkle the cheese onto the pizza sauce inside the panini.
4. To cook, place the panini onto a lined baking tray, place in an oven at 190c and bake for 5 minutes to allow the cheese to melt and the panini to crisp up.
5. Serve by using a third of a sheet of the botanical paper to wrap down the centre of the panini.

Picture: None

## Recipe

Recipe: S092417                      BBQ Cheese Panini

| Ingredient                                       | Amount |
|--|--------|
| 93765      Millhouse Panini                      | 10     |
| 04703      Everyday Favourites BBQ Sauce         | 200g   |
| 29718      Everyday Favourites Grated Mozzarella | 400g   |

Yield: 10 Ptn

## Method

- 1      Ensure the panini is fully thawed.
2.      Mix the bbq sauce with the grated cheese
3.      Gently pull the panini at the split to evenly distribute the bbq cheese mix between the paninis.
4.      To cook, place the panini onto a lined baking tray, place in an oven at 190c and bake for 5 minutes to allow the cheese to melt and the panini to crisp up.
5.      Serve by using a third of a sheet of the botanical paper to wrap down the centre of the panini.

Picture: None





Recipe with Allergens Exploded

kwilliamson@edwardsandward.co.uk

Legend

- Contains
- May Contain
- Does Not Contain
- No Information

|                     |                                       | Contains |                       |                       |                       |                       |                                  |                       |                       |                       |                       |                       |                       |                                  |                       |                       |                       |                       |                       |                       |                       |                       |                               |                       |                       |                       |                       |                       |                                  |
|---------------------|---------------------------------------|----------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|
| Product Description |                                       | Almonds  | Barley                | Brazil Nuts           | Cashew Nuts           | Celery                | Cereals containing Gluten        | Crustaceans           | Eggs                  | Fish                  | Hazelnuts             | Lupin                 | Macadamia Nuts        | Milk                             | Molluscs              | Mustard               | Oats                  | Peanuts               | Pecan Nuts            | Pistachio Nuts        | Rye                   | Sesame                | Sulphur Dioxide and Sulphites | Soya                  | Nuts                  | Walnuts               | Wheat                 |                       |                                  |
| 93765               | Millhouse Panini                      | 10       | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 02631               | Gustoso Italian Pizza Sauce           | 300g     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 29718               | Everyday Favourites Grated Mozzarella | 400g     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |



**PASTA  
BOX**



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## Recipe

Recipe: S092418                      Mac 'N' Cheese

| Ingredient                                       | Amount     |
|--|------------|
| 71815      Kerrymaid Premium Baking              | 100g       |
| 34079      Everyday Favourites Plain Flour       | 100g       |
| 06149      Semi Skimmed Milk                     | 1000ml     |
| 29718      Everyday Favourites Grated Mozzarella | 400g       |
| 70488      Everyday Favourites Macaroni          | 600g       |
| Absorbed W: Water Absorbed in Cooking            | (absorbed) |

Yield: 10

## Method

1. Mix the cornflour with 100ml of the cold milk to a pasta.
2. Bring the remainder of the milk to a simmer.
3. Add the cornflour paste to the simmering milk, stirring all the time to avoid lumps. Let this cook out for 5 minutes. Season with salt and pepper. Turn to a very low heat.
4. Cook the macaroni in boiling water according to manufacturer's guidelines and drain thoroughly.
5. Add half the cheese mix to the white sauce and the drained macaroni. Stir through.
6. Decant into the 8oz hot food pots and sprinkle over the remaining cheese, this will melt naturally with the heat of the pasta and lights on the display servery.

Picture: None

## Recipe

Recipe: S092419                      Cajun Chicken Pasta

| Ingredient                                      | Amount     |
|---|------------|
| 03435      Everyday Favourites Vegetable Oil    | 1 tbsp     |
| 75456      Fresh Onions Medium                  | 100g       |
| 83893      Chicken Breast Fillet (200-230g)     | 300g       |
| 70389      Everyday Favourites Cajun Spice      | 2 tsp      |
| 17576      Everyday Favourites Chopped Tomatoes | 500g       |
| Water      Water                                | 250ml      |
| 06149      Semi Skimmed Milk                    | 50ml       |
| 70490      Everyday Favourites Penne            | 500g       |
| Absorbed W: Water Absorbed in Cooking           | (absorbed) |

Yield: 10 Ptn

## Method

1.      Slice the onions and put to one side. Dice the chicken into small chunks.
2.      Heat the oil in a pan and add the diced chicken, cook until browned. Add the sliced onions. Continue to cook until the chicken is fully cooked through.
3.      Add the Cajun seasoning and chopped tomatoes and water, stir through. Reduce to a simmer. After 10 minutes add the milk and stir through.
4.      Cook the penne in boiling water according to manufacturer's guidelines and drain thoroughly.
5.      Divide the pasta between the 8oz pots. Top with the sauce.
6.      Sprinkle with a little grated cheese if required.

Picture: None

## Recipe

Recipe: S092420 Meatball Pasta

| Ingredient                                  | Amount     |
|---|------------|
| 12019 Chicken Meatballs                     | 40         |
| 02631 Gustoso Italian Pizza Sauce           | 300g       |
| Water Water                                 | 250ml      |
| 29718 Everyday Favourites Grated Mozzarella | 100g       |
| 70358 Everyday Favourites Mixed Herbs       | 1 tsp      |
| 70490 Everyday Favourites Penne             | 500g       |
| Absorbed We Water Absorbed in Cooking       | (absorbed) |

Yield: 10 Ptn

## Method

1. Cook the meatballs following manufacturer's instructions until an internal temperature of 75c + is reached. Continue with the sauce whilst they are cooking.
2. Place the tomato sauce, water and herbs into a pan and gently bring to the boil, let it simmer whilst the meatballs are cooking.
3. Cook the penne in boiling water according to manufacturer's guidelines and drain thoroughly.
4. When the meatballs are fully cooked, add them to the tomato sauce and stir to coat.
5. To serve use the 8oz hot round pots. The pasta can be mixed in with the meatballs and sauce, or the pasta can be decanted into the pots first and topped with the meatballs and tomato sauce (4 per portion).
6. Top with grated cheese if required.

Picture: None

## Recipe

Recipe: S092421                      BBQ Chicken Pasta

| Ingredient  |  | Amount     |
|-------------|--|------------|
| 03435       | Everyday Favourites Vegetable Oil        | 1 tbsp     |
| 83893       | Chicken Breast Fillet (200-230g)         | 300g       |
| 04505       | Everyday Favourites Sliced Mixed Peppers | 100g       |
| 02631       | Gustoso Italian Pizza Sauce              | 200g       |
| 04703       | Everyday Favourites BBQ Sauce            | 100g       |
| Water       | Water                                    | 250ml      |
| 70490       | Everyday Favourites Penne                | 500g       |
| Absorbed W: | Water Absorbed in Cooking                | (absorbed) |

Yield: 10 Ptn

## Method

1. Dice the chicken into small chunks.
2. Heat the oil in a pan and add the diced chicken, cook until browned. Add the sliced peppers. Continue to cook until the chicken is fully cooked through.
3. Add the tomato sauce, BBQ sauce and water, stir through. Reduce to a simmer.
4. Cook the penne in boiling water according to manufacturer's guidelines and drain thoroughly.
5. Divide the pasta between the 8oz pots. Top with the sauce.
6. Sprinkle with a little grated cheese if required.

Picture: None

## Recipe

Recipe: S092422      Smoked Pepperoni Pasta

| Ingredient                                       | Amount     |
|--|------------|
| 75456      Fresh Onions Medium                   | 100g       |
| 74700      Sliced Pepperoni                      | 160g       |
| 02631      Gustoso Italian Pizza Sauce           | 300g       |
| Water      Water                                 | 250ml      |
| 70375      Everyday Favourites Paprika           | 1 tsp      |
| 29718      Everyday Favourites Grated Mozzarella | 100g       |
| 70490      Everyday Favourites Penne             | 500g       |
| Absorbed W: Water Absorbed in Cooking            | (absorbed) |

Yield: 10 Ptn

## Method

1.      Slice or dice the onion.
2.      In a pan add the onion and pepperoni and on a gentle heat let it cook until the pepperoni starts crisping up and the onions soften. Oil will release from the pepperoni so any extra shouldn't be needed.
3.      Add the tomato sauce, paprika and water to the same pan and stir in with the onion mix. Let the sauce simmer.
4.      Cook the penne in boiling water according to manufacturer's guidelines and drain thoroughly.
5.      Divide the pasta into the 8oz hot food pots and top with the pepperoni sauce. 4 slices of pepperoni per pot.
6.      Sprinkle with the grated cheese.

Picture: None

## Recipe

Recipe: S240960 Classic Tomato Pasta

| Ingredient  | Amount     |
|---|------------|
| 03435 Everyday Favourites Vegetable Oil             | 20ml       |
| 84901 Carrots                                       | 500g       |
| Water Water   | 1700ml     |
| 75456 Fresh Onions Medium                           | 2          |
| 70358 Everyday Favourites Mixed Herbs               | 2 tsp      |
| 22216 Et Voila Garlic Puree                         | 20g        |
| 04439 Everyday Favourites Cooking Salt              | 2 tsp      |
| 42360 Ciro Passata                                  | 1kg        |
| 03013 Everyday Favourites Gluten Free Gravy Granule | 2 tbsp     |
| 70490 Everyday Favourites Penne                     | 2000g      |
| Absorbed W: Water Absorbed in Cooking               | (absorbed) |

Yield: 40

## Method

### Sauce

1. Peel the carrots and cut off the two ends. Peel the onions.
2. Finely dice the onions. Cut the carrot in half lengthways, then lay flat, cut each half lengthways again into 3 or 4 long matchstick pieces. Cut across these pieces to get very finely chopped carrot. Repeat until all the carrot has been cut.
3. To a pan add the oil, onions and carrot. Stir for 5-8 minutes. The carrot needs to get some colour to it from the frying, it is ok if it catches on the bottom slightly.
4. Add the 1400ml of water to the pan, bring to a boil and let bubble away until almost all of the liquid has been absorbed. The carrot should be soft by now.
5. Using a potato masher mash the onion and carrot together until it breaks down.
6. Add the mixed herbs, garlic, salt and passata. Stir well. Bring to the boil.
7. Add the 300ml of water and gravy granules. Bring back to the boil and then simmer.
8. The sauce is now ready.

### Pasta

1. Cook the pasta in boiling water for 8-9 minutes or until cooked
2. Drain thoroughly and stir the sauce through.

### Chefs notes

If you have a stick blender skip step 5 and at the very end, use the stick blender to blend the sauce together. The sauce makes 40 portions, this can be kept safely for 3 days with a date label on in the fridge. It can also be frozen in batches ensuring a date and allergen label is placed onto the container with a use by date of 1 month. It can then be thawed the day prior to use in the refrigerator.



Recipe

Picture

## Classic Tomato Pasta

Watch the video here:

[https://youtu.be/3dKU4TGjsqk?si=imUloEvBEyhSa\\_nb](https://youtu.be/3dKU4TGjsqk?si=imUloEvBEyhSa_nb)



Recipe with Allergens Exploded

kwilliamson@edwardsandward.co.uk

Legend

- Contains
- May Contain
- Does Not Contain
- No Information

Contains

|         |        |             |             |        |                           |             |      |      |           |       |                |      |          |         |      |         |            |                |     |        |                               |      |      |         |       |
|---------|--------|-------------|-------------|--------|---------------------------|-------------|------|------|-----------|-------|----------------|------|----------|---------|------|---------|------------|----------------|-----|--------|-------------------------------|------|------|---------|-------|
| Almonds | Barley | Brazil Nuts | Cashew Nuts | Celery | Cereals containing Gluten | Crustaceans | Eggs | Fish | Hazelnuts | Lupin | Macadamia Nuts | Milk | Molluscs | Mustard | Oats | Peanuts | Pecan Nuts | Pistachio Nuts | Rye | Sesame | Sulphur Dioxide and Sulphites | Soya | Nuts | Walnuts | Wheat |
|---------|--------|-------------|-------------|--------|---------------------------|-------------|------|------|-----------|-------|----------------|------|----------|---------|------|---------|------------|----------------|-----|--------|-------------------------------|------|------|---------|-------|

Product Description

|                |  |                      |                       |
|----------------|--|----------------------|-----------------------|
| <b>S092421</b> | <b>BBQ Chicken Pasta</b>                 | <b>Yield: 10 Ptn</b> | <input type="radio"/> |
| 03435          | Everyday Favourites Vegetable Oil        | 1 tbsp               | <input type="radio"/> |
| 83893          | Chicken Breast Fillet (200-230g)         | 300g                 | <input type="radio"/> |
| 04505          | Everyday Favourites Sliced Mixed Peppers | 100g                 | <input type="radio"/> |
| 02631          | Gustoso Italian Pizza Sauce              | 200g                 | <input type="radio"/> |
| 04703          | Everday Favourites BBQ Sauce             | 100g                 | <input type="radio"/> |
| Water          | Water                                    | 250ml                | <input type="radio"/> |
| 70490          | Everyday Favourites Penne                | 500g                 | <input type="radio"/> |
| Absorbed Water | Water Absorbed in Cooking                | (absorbed)           | <input type="radio"/> |

|                |                                      |                      |                       |
|----------------|--------------------------------------|----------------------|-----------------------|
| <b>S092419</b> | <b>Cajun Chicken Pasta</b>           | <b>Yield: 10 Ptn</b> | <input type="radio"/> |
| 03435          | Everyday Favourites Vegetable Oil    | 1 tbsp               | <input type="radio"/> |
| 75456          | Fresh Onions Medium                  | 100g                 | <input type="radio"/> |
| 83893          | Chicken Breast Fillet (200-230g)     | 300g                 | <input type="radio"/> |
| 70389          | Everyday Favourites Cajun Spice      | 2 tsp                | <input type="radio"/> |
| 17576          | Everyday Favourites Chopped Tomatoes | 500g                 | <input type="radio"/> |
| Water          | Water                                | 250ml                | <input type="radio"/> |
| 06149          | Semi Skimmed Milk                    | 50ml                 | <input type="radio"/> |
| 70490          | Everyday Favourites Penne            | 500g                 | <input type="radio"/> |

Recipe with Allergens Exploded

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Legend

- Contains
- May Contain
- Does Not Contain
- No Information

Contains

|         |        |             |             |        |                           |             |      |      |           |       |                |      |          |         |      |         |            |                |     |        |                               |      |      |         |       |
|---------|--------|-------------|-------------|--------|---------------------------|-------------|------|------|-----------|-------|----------------|------|----------|---------|------|---------|------------|----------------|-----|--------|-------------------------------|------|------|---------|-------|
| Almonds | Barley | Brazil Nuts | Cashew Nuts | Celery | Cereals containing Gluten | Crustaceans | Eggs | Fish | Hazelnuts | Lupin | Macadamia Nuts | Milk | Molluscs | Mustard | Oats | Peanuts | Pecan Nuts | Pistachio Nuts | Rye | Sesame | Sulphur Dioxide and Sulphites | Soya | Nuts | Walnuts | Wheat |
|---------|--------|-------------|-------------|--------|---------------------------|-------------|------|------|-----------|-------|----------------|------|----------|---------|------|---------|------------|----------------|-----|--------|-------------------------------|------|------|---------|-------|

Product Description

| Absorbed Water | Water Absorbed in Cooking                      | (absorbed) | Almonds               | Barley                | Brazil Nuts           | Cashew Nuts           | Celery                | Cereals containing Gluten        | Crustaceans           | Eggs                  | Fish                  | Hazelnuts             | Lupin                 | Macadamia Nuts                   | Milk                             | Molluscs              | Mustard               | Oats                  | Peanuts               | Pecan Nuts            | Pistachio Nuts        | Rye                   | Sesame                | Sulphur Dioxide and Sulphites | Soya                  | Nuts                  | Walnuts               | Wheat                            |
|----------------|--|------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------------------------|-----------------------|-----------------------|-----------------------|----------------------------------|
| S240960        | Classic Tomato Pasta                           | Yield: 40  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 03435          | Everyday Favourites Vegetable Oil              | 20ml       | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 84901          | Carrots  | 500g       | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 75456          | Fresh Onions Medium                            | 2          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| Water          | Water  | 1700ml     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 70358          | Everyday Favourites Mixed Herbs                | 2 tsp      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 22216          | Et Voila Garlic Puree                          | 20g        | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 04439          | Everyday Favourites Cooking Salt               | 2 tsp      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 42360          | Ciro Passata                                   | 1kg        | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 03013          | Everyday Favourites Gluten Free Gravy Granules | 2 tbsp     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 70490          | Everyday Favourites Penne                      | 2000g      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| Absorbed Water | Water Absorbed in Cooking                      | (absorbed) | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| S092418        | Mac 'N' Cheese                                 | Yield: 10  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 71815          | Kerrymaid Premium Baking                       | 100g       | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 34079          | Everyday Favourites Plain Flour                | 100g       | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 06149          | Semi Skimmed Milk                              | 1000ml     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |

Recipe with Allergens Exploded

kwilliamson@edwardsandward.co.uk

Legend

- Contains
- May Contain
- Does Not Contain
- No Information

|                            |                                       |                      | Contains              |                       |                       |                       |                       |                                  |                       |                       |                       |                       |                       |                       |                                  |                       |                       |                       |                       |                       |                       |                       |                       |                               |                       |                       |                       |                       |                                  |
|----------------------------|---------------------------------------|----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|
|                            |                                       |                      | Almonds               | Barley                | Brazil Nuts           | Cashew Nuts           | Celery                | Cereals containing Gluten        | Crustaceans           | Eggs                  | Fish                  | Hazelnuts             | Lupin                 | Macadamia Nuts        | Milk                             | Molluscs              | Mustard               | Oats                  | Peanuts               | Pecan Nuts            | Pistachio Nuts        | Rye                   | Sesame                | Sulphur Dioxide and Sulphites | Soya                  | Nuts                  | Walnuts               | Wheat                 |                                  |
| <b>Product Description</b> |                                       |                      |                       |                       |                       |                       |                       |                                  |                       |                       |                       |                       |                       |                       |                                  |                       |                       |                       |                       |                       |                       |                       |                       |                               |                       |                       |                       |                       |                                  |
| 29718                      | Everyday Favourites Grated Mozzarella | 400g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 70488                      | Everyday Favourites Macaroni          | 600g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| Absorbed Water             | Water Absorbed in Cooking             | (absorbed)           | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| <b>S092420</b>             | <b>Meatball Pasta</b>                 | <b>Yield: 10 Ptn</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 12019                      | Chicken Meatballs                     | 40                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 02631                      | Gustoso Italian Pizza Sauce           | 300g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| Water                      | Water                                 | 250ml                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 29718                      | Everyday Favourites Grated Mozzarella | 100g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 70358                      | Everyday Favourites Mixed Herbs       | 1 tsp                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 70490                      | Everyday Favourites Penne             | 500g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| Absorbed Water             | Water Absorbed in Cooking             | (absorbed)           | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| <b>S092422</b>             | <b>Smoked Pepperoni Pasta</b>         | <b>Yield: 10 Ptn</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 75456                      | Fresh Onions Medium                   | 100g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 74700                      | Sliced Pepperoni                      | 160g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 02631                      | Gustoso Italian Pizza Sauce           | 300g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| Water                      | Water                                 | 250ml                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 70375                      | Everyday Favourites Paprika           | 1 tsp                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |

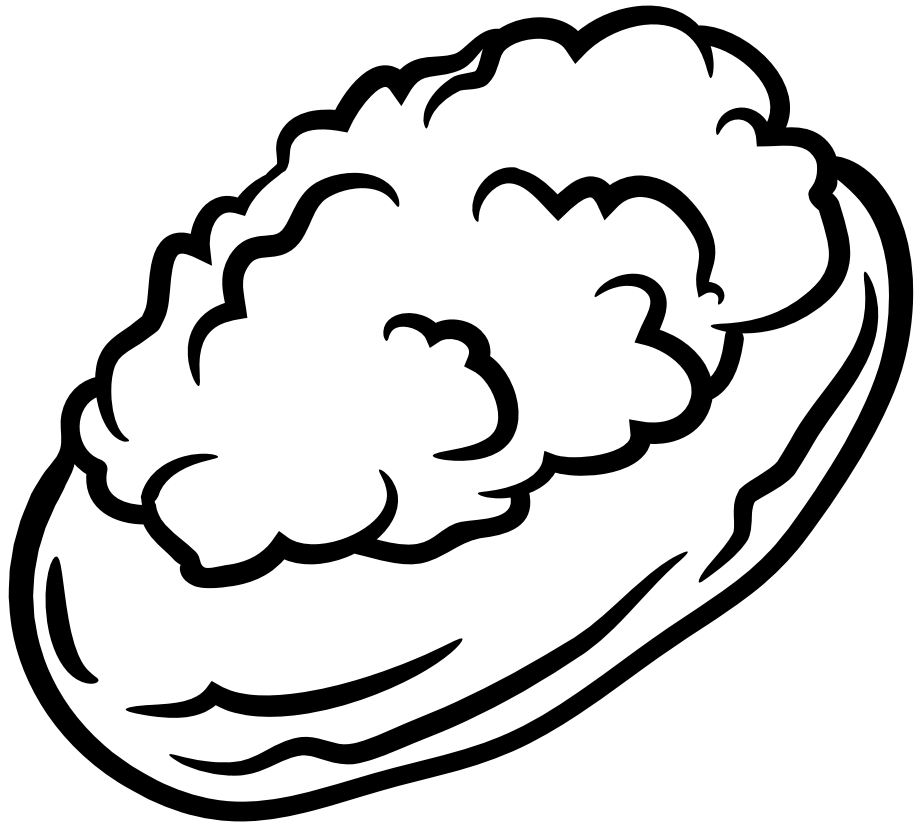
Recipe with Allergens Exploded

kwilliamson@edwardsandward.co.uk

Legend

- Contains
- May Contain
- Does Not Contain
- No Information

|                     |                                       | Contains   |                       |                       |                       |                       |                                  |                       |                       |                       |                       |                       |                       |                                  |                       |                       |                       |                       |                       |                       |                       |                       |                               |                       |                       |                       |                       |                                  |
|---------------------|---------------------------------------|------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|
| Product Description |                                       | Almonds    | Barley                | Brazil Nuts           | Cashew Nuts           | Celery                | Cereals containing Gluten        | Crustaceans           | Eggs                  | Fish                  | Hazelnuts             | Lupin                 | Macadamia Nuts        | Milk                             | Molluscs              | Mustard               | Oats                  | Peanuts               | Pecan Nuts            | Pistachio Nuts        | Rye                   | Sesame                | Sulphur Dioxide and Sulphites | Soya                  | Nuts                  | Walnuts               | Wheat                 |                                  |
| 29718               | Everyday Favourites Grated Mozzarella | 100g       | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 70490               | Everyday Favourites Penne             | 500g       | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| Absorbed Water      | Water Absorbed in Cooking             | (absorbed) | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |



# **Jacket Potatoes**



**edwards and ward**

a recipe for success

## Recipe

Recipe: S230945 Jacket with Tuna Mayo

| Ingredient                                 | Amount |
|--|--------|
| 30530 Tuna Chunks In Brine                 | 500g   |
| 04132 Everyday Favourites Light Mayonnaise | 190ml  |
| 75409 Fresh Jacket Potatoes 60`s           | 10     |

Yield: 10 Ptn

## Method

1. Cut and cook jackets in the oven at 180`c for 1 hour.
2. Once the potato is cooked cut half.
3. Using a knife score the flesh and lightly fluff, You can push in the skin to fluff.
4. Drain the tuna well, mix thoroughly with the mayonnaise
5. Serve topped with tuna mayo

## Picture

## Jacket Potatoes

Watch the video here:

<https://youtu.be/PKxo02U6YZ4?si=hL5Ya622cjQyuq0->

## Recipe

Recipe: S240953 Jacket with Cheese

| Ingredient |  | Amount |
|------------|--|--------|
| 02638      | Everyday Favourites Mature White Cheddar Che | 400g   |
| 75409      | Fresh Jacket Potatoes 60`s                   | 10     |

Yield: 10 Each

## Method

1. Cut and cook jackets in the oven at 180`c for 1 hour.
2. Once the potato is cooked cut half.
3. Using a knife score the flesh and lightly fluff, You can push in the skin to fluff.
4. Serve topped with grated cheese

## Picture

## Jacket Potatoes

Watch the video here:

<https://youtu.be/PKxo02U6YZ4?si=hL5Ya622cjQyuq0->



## Recipe

Recipe: S240954 Jacket with Baked Beans

| Ingredient                                    | Amount |
|---|--------|
| 30396 Everyday Reduced Sugar/Salt Baked Beans | 700g   |
| 75409 Fresh Jacket Potatoes 60`s              | 10     |

Yield: 10 Each

## Method

1. Cut and cook jackets in the oven at 180`c for 1 hour.
2. Once the potato is cooked cut half.
3. Using a knife score the flesh and lightly fluff, You can push in the skin to fluff.
4. Gently warm the baked beans in a pan until the core temperature of 75°C + is reached
5. Serve topped with baked beans

## Picture

## Jacket Potatoes

Watch the video here:

<https://youtu.be/PKxo02U6YZ4?si=hL5Ya622cjQyuq0->

## Recipe

Recipe: S240955 Jacket Potato with Cheesy Beans

| Ingredient |   | Amount |
|------------|---|--------|
| 30396      | Everyday Reduced Sugar/Salt Baked Beans   | 500g   |
| 29715      | Everyday Favourites Grated Mature Cheddar | 200g   |
| 75409      | Fresh Jacket Potatoes 60`s                | 10     |

Yield: 10 Each

## Method

1. Cut and cook jackets in the oven at 180`c for 1 hour.
2. Once the potato is cooked cut half.
3. Using a knife score the flesh and lightly fluff, You can push in the skin to fluff.
4. Gently warm the baked beans in a pan until the core temperature of 75°C + is reached
5. Serve topped with baked beans and cheese

## Picture

## Jacket Potatoes

Watch the video here:

<https://youtu.be/PKxo02U6YZ4?si=hL5Ya622cjQyuq0->

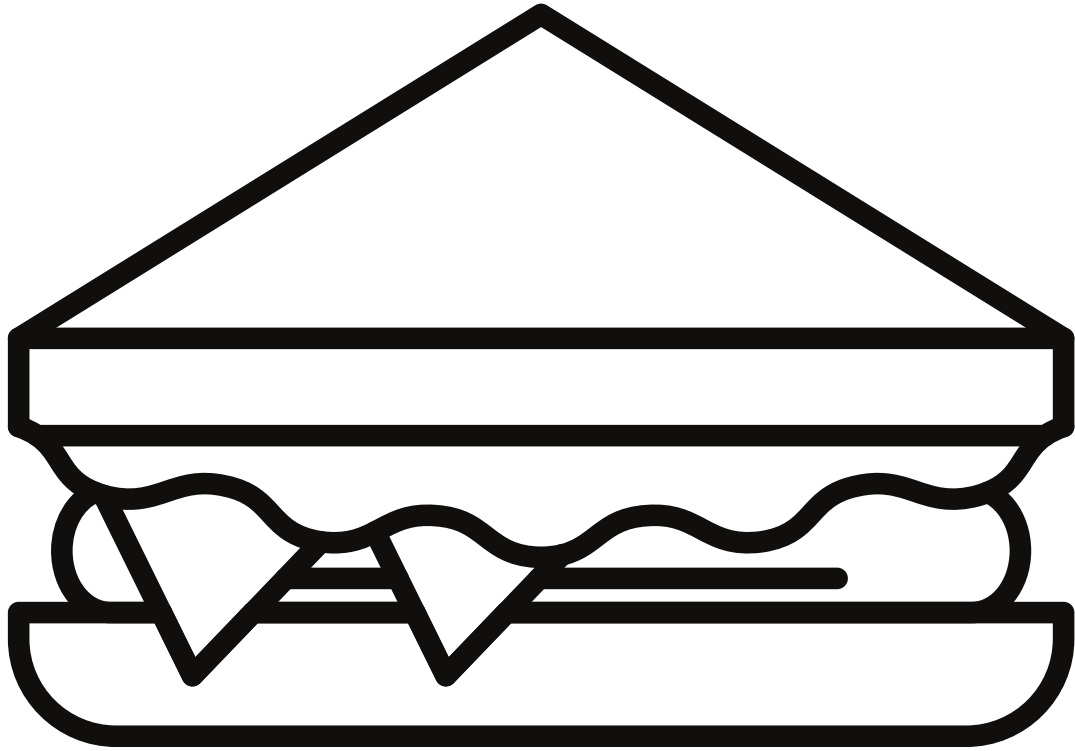
Recipe with Allergens Exploded

kwilliamson@edwardsandward.co.uk

Legend

- Contains
- May Contain
- Does Not Contain
- No Information

| Product Description |   |                       | Contains              |                       |                       |                       |                       |                           |                                  |                                  |                                  |                       |                       |                       |                                  |                       |                       |                       |                       |                       |                       |                       |                       |                               |                       |                       |                       |                       |                       |
|---------------------|---|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|---------------------------|----------------------------------|----------------------------------|----------------------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
|                     |   |                       | Almonds               | Barley                | Brazil Nuts           | Cashew Nuts           | Celery                | Cereals containing Gluten | Crustaceans                      | Eggs                             | Fish                             | Hazelnuts             | Lupin                 | Macadamia Nuts        | Milk                             | Molluscs              | Mustard               | Oats                  | Peanuts               | Pecan Nuts            | Pistachio Nuts        | Rye                   | Sesame                | Sulphur Dioxide and Sulphites | Soya                  | Nuts                  | Walnuts               | Wheat                 |                       |
| <b>S240955</b>      | <b>Jacket Potato with Cheesy Beans</b>          | <b>Yield: 10 Each</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 30396               | Everyday Reduced Sugar/Salt Baked Beans         | 500g                  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 29715               | Everyday Favourites Grated Mature Cheddar       | 200g                  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 75409               | Fresh Jacket Potatoes 60` s                     | 10                    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| <b>S240954</b>      | <b>Jacket with Baked Beans</b>                  | <b>Yield: 10 Each</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 30396               | Everyday Reduced Sugar/Salt Baked Beans         | 700g                  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 75409               | Fresh Jacket Potatoes 60` s                     | 10                    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| <b>S240953</b>      | <b>Jacket with Cheese</b>                       | <b>Yield: 10 Each</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 02638               | Everyday Favourites Mature White Cheddar Cheese | 400g                  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 75409               | Fresh Jacket Potatoes 60` s                     | 10                    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| <b>S230945</b>      | <b>Jacket with Tuna Mayo</b>                    | <b>Yield: 10 Ptn</b>  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/>            | <input checked="" type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 30530               | Tuna Chunks In Brine                            | 500g                  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/>            | <input checked="" type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 04132               | Everyday Favourites Light Mayonnaise            | 190ml                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 75409               | Fresh Jacket Potatoes 60` s                     | 10                    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |



# Sandwiches



**edwards and ward**

a recipe for success

## Recipe

Recipe: Y00853 Cheddar Cheese & Pickle Baguette

| Ingredient   | Amount |
|--|--------|
| 52211 Everyday Favourites White Half Baguette 26cm | 10     |
| 52777 Bebo Sunflower Light Spread                  | 100g   |
| 29715 Everyday Favourites Grated Mature Cheddar    | 350g   |
| 57683 Everyday Favourites Sweet Pickle             | 150g   |

Yield: 10 Ptn

## Method

1. Cook the baguettes as per the manufacturer's instructions then allow to cool
2. When cool, cut the baguette  $\frac{3}{4}$  of the way through and spread with the margarine
3. Spread the sweet pickle along the top half of the baguette
4. Sprinkle the grated Cheddar along the bottom half, cut in two and serve

Picture: None

## Recipe

Recipe: Y03209B      Ham Salad on Brown

| Ingredient  | Amount    |
|---|-----------|
| 11655      Fletchers Thick Sliced Wholemeal Bread | 20 Slices |
| 05360      Sliced Ham                             | 500g      |
| 52777      Bebo Sunflower Light Spread            | 100g      |
| 14954      Mixed Leafy Salad Bag                  | 150g      |
| 75603      Fresh Tomatoes                         | 600g      |

Yield: 10 Ptn

## Method

1.      Spread soft spread to the edges
2.      Place sliced ham evenly onto bread
3.      Lay 5 slices of tomato evenly across the ham
4.      Lay 5 slices of cucumber evenly across the tomato
5.      Add mixed leaves
6.      Place bread on top and cut in half

Picture: None

## Recipe

Recipe: Y03308B      Tuna Mayonnaise on Brown

| Ingredient   | Amount |
|--|--------|
| 11655      Fletchers Thick Sliced Wholemeal Bread  | 20     |
| 04132      Everyday Favourites Light Mayonnaise    | 150g   |
| 30530      Tuna Chunks In Brine                    | 500g   |
| 70279      Everyday Favourites Ground Black Pepper | 0.5g   |

Yield: 10 Ptn

## Method

1.      Mix tuna with mayonnaise
2.      Spread tuna mix ensuring it reaches all edges
3.      Place bread on top and cut in half

Picture: None

## Recipe

Recipe: Y03373B                      BLT on Brown

| Ingredient |  | Amount |
|------------|--|--------|
| 11655      | Fletchers Thick Sliced Wholemeal Bread | 20     |
| 52777      | Bebo Sunflower Light Spread            | 100g   |
| 48282      | Farmstead Unsmoked Rindless Back Bacon | 700g   |
| 75603      | Fresh Tomatoes                         | 450g   |
| 75085      | Fresh Iceberg Lettuce                  | 0.5    |

Yield: 10 Ptn

## Method

1. Spread soft spread to the edges
2. Place bacon on tray and cook at 180c for 12 minutes or until cooked then chill
3. Overlap bacon rashers evenly
4. Place slice tomatoes onto bacon
5. Evenly lay washed and dried iceberg lettuce on top
6. Place bread on top and cut in half

Picture: None



## Recipe

Recipe: Y03374W Cheddar Cheese & Pickle on White

| Ingredient                                      | Amount |
|---|--------|
| 44132 Mothers Pride Thick Sliced White Bread    | 20     |
| 52777 Bebo Sunflower Light Spread               | 100g   |
| 29715 Everyday Favourites Grated Mature Cheddar | 650g   |
| 57683 Everyday Favourites Sweet Pickle          | 100g   |

Yield: 10 Ptn

## Method

1. Spread soft spread to the edges
2. Evenly spread pickle
3. Evenly spread grated cheddar to the edges
4. Place bread on top and cut in half

Picture: None

## Recipe

Recipe: Y03386W      Egg Mayonnaise on White

| Ingredient  | Amount |
|---|--------|
| 44132      Mothers Pride Thick Sliced White Bread | 20     |
| 09126      Eggs                                   | 12     |
| 04132      Everyday Favourites Light Mayonnaise   | 200g   |

Yield: 10 Ptn

## Method

1. Boil eggs for 8 minutes and cool then peel
2. Grate boiled eggs and add mayonnaise and mix well
3. Spread egg mayonnaise on evenly onto bread
4. Place the bread on top and cut in half

Picture: None

## Recipe

Recipe: Y03387B      Ham on Brown

| Ingredient  | Amount |
|---|--------|
| 11655      Fletchers Thick Sliced Wholemeal Bread | 20     |
| 52777      Bebo Sunflower Light Spread            | 100g   |
| 05360      Sliced Ham                             | 500g   |

Yield: 10 Ptn

## Method

1.      Spread soft spread edge to edge on bread
2.      Place sliced ham evenly onto bread
3.      Place bread on top and slice in half

Picture: None

## Recipe

Recipe: Y03387W      Ham on White

| Ingredient  | Amount |
|---|--------|
| 44132      Mothers Pride Thick Sliced White Bread | 20     |
| 52777      Bebo Sunflower Light Spread            | 100g   |
| 05360      Sliced Ham                             | 500g   |

Yield: 10 Ptn

## Method

1.      Spread soft spread edge to edge on bread
2.      Place sliced ham evenly onto bread
3.      Place bread on top and slice in half

Picture: None

## Recipe

Recipe: Y03393 BLT Baguette

| Ingredient |  | Amount |
|------------|--|--------|
| 52211      | Everyday Favourites White Half Baguette 26cm | 10     |
| 48282      | Farmstead Unsmoked Rindless Back Bacon       | 700g   |
| 04132      | Everyday Favourites Light Mayonnaise         | 100g   |
| 75603      | Fresh Tomatoes                               | 450g   |
| 75085      | Fresh Iceberg Lettuce                        | 0.5    |

Yield: 10 Ptn

## Method

1. Pre heat oven to 200c
2. Place baguettes on a tray and cook for 6-8 minutes or until cook and leave to cool
3. Place bacon on tray and cook at 180c for 12 minutes or until cooked
4. Cut baguette to side
5. Spread 10gm of mayonnaise to bottom of baguette
7. Lay bacon in baguette
8. Shred iceberg and lay on top of bacon
9. Lay 5 slices of tomato evenly on top of iceberg
10. Replace baguette top and cut baguette to side

Picture: None

## Recipe

Recipe: Y03395 Chicken Mayonnaise &amp; Salad Baguette

| Ingredient   | Amount |
|--|--------|
| 52211 Everyday Favourites White Half Baguette 26cm | 10     |
| 15399 Brown Bros Sliced Chicken                    | 420g   |
| 04132 Everyday Favourites Light Mayonnaise         | 100g   |
| 14954 Mixed Leafy Salad Bag                        | 150g   |
| 75603 Fresh Tomatoes                               | 450g   |
| 79347 Fresh Cucumber                               | 0.5    |

Yield: 10 Ptn

## Method

1. Pre heat oven to 200c
2. Place baguettes on a tray and cook for 6-8 minutes or until cook and leave to cool
3. Cut baguette to side
4. Add 10gm of mayonnaise to each baguette spreading evenly
5. Lay chicken evenly across baguette
6. Lay 5 slices of tomato evenly across the chicken
7. Lay 5 slices of cucumber evenly across the tomato
8. Add mixed leaves

Picture: None

## Recipe

Recipe: Y04320B Cheddar Cheese on Brown

| Ingredient                                      | Amount |
|---|--------|
| 11655 Fletchers Thick Sliced Wholemeal Bread    | 20     |
| 52777 Bebo Sunflower Light Spread               | 100g   |
| 29715 Everyday Favourites Grated Mature Cheddar | 500g   |

Yield: 10 Ptn

## Method

1. Spread soft spread to the edges
2. Evenly spread grated cheese over bread
3. Place bread on top and cut in half

Picture: None

## Recipe

Recipe: Y04320W Cheddar Cheese on White

| Ingredient                                      | Amount |
|---|--------|
| 44132 Mothers Pride Thick Sliced White Bread    | 20     |
| 52777 Bebo Sunflower Light Spread               | 100g   |
| 29715 Everyday Favourites Grated Mature Cheddar | 500g   |

Yield: 10 Ptn

## Method

1. Spread soft spread to the edges
2. Evenly spread grated cheese over bread
3. Place bread on top and cut in half

Picture: None



## Recipe

Recipe: Y04328 Cheddar Cheese Baguette

| Ingredient   | Amount |
|--|--------|
| 52211 Everyday Favourites White Half Baguette 26cm | 10     |
| 52777 Bebo Sunflower Light Spread                  | 100g   |
| 29715 Everyday Favourites Grated Mature Cheddar    | 500g   |

Yield: 10 Ptn

## Method

1. Cook the baguettes as per the manufacturer's instructions then allow to cool
2. When cool, cut the baguette  $\frac{3}{4}$  of the way through and spread with the margarine
3. Sprinkle the grated Cheddar along the bottom half, cut in two and serve

Picture: None

## Recipe

Recipe: Y04370      Chicken, Bacon Mayonnaise & Mixed Leaves Baguette

| Ingredient  | Amount |
|---|--------|
| 52211      Everyday Favourites White Half Baguette 26cm | 10     |
| 15399      Brown Bros Sliced Chicken                    | 420g   |
| 48282      Farmstead Unsmoked Rindless Back Bacon       | 700g   |
| 04132      Everyday Favourites Light Mayonnaise         | 100g   |
| 14954      Mixed Leafy Salad Bag                        | 150g   |

Yield: 10 Ptn

## Method

1. Pre heat oven to 200c
2. Place baguettes on a tray and cook for 6-8 minutes or until cook and leave to cool
3. Cut baguette to side
4. Add 10gm of mayonnaise to each baguette spreading evenly
5. Lay chicken evenly across baguette
6. Lay cooked bacon evenly across the chicken
7. Add mixed leaves and replace baguette top.
8. Cut at an angle and serve

Picture: None

## Recipe

Recipe: Y05127 Ham &amp; Cheddar Cheese Baguette

| Ingredient   | Amount |
|--|--------|
| 52211 Everyday Favourites White Half Baguette 26cm | 10     |
| 52777 Bebo Sunflower Light Spread                  | 100g   |
| 05360 Sliced Ham                                   | 500g   |
| 29715 Everyday Favourites Grated Mature Cheddar    | 250g   |

Yield: 10 Ptn

## Method

1. Pre heat oven to 200c
2. Place baguettes on a tray and cook for 6-8 minutes or until cook and leave to cool
3. Cut Baguette to the side
4. Spread with margarine
5. Place sliced ham onto baguette, sprinkle the grated Cheddar along the bottom half,
6. Replace top, cut in two and serve

Picture: None

## Recipe

Recipe: Y05131                      Ham Salad Baguette

| Ingredient |  | Amount |
|------------|--|--------|
| 52211      | Everyday Favourites White Half Baguette 26cm | 10     |
| 52777      | Bebo Sunflower Light Spread                  | 100g   |
| 05360      | Sliced Ham                                   | 500g   |
| 75603      | Fresh Tomatoes                               | 450g   |
| 14954      | Mixed Leafy Salad Bag                        | 150g   |
| 79347      | Fresh Cucumber                               | 0.5    |

Yield: 10 Ptn

## Method

1. Cook the baguettes as per the manufacturer's instructions then allow to cool
2. When cool, cut the baguette  $\frac{3}{4}$  of the way through and spread with the margarine
3. Place folded ham into baguette
4. Lay 5 slices of tomato evenly across the chicken
5. Lay 5 slices of cucumber evenly across the tomato
6. Add mixed leaves
7. Replace lid, cut in two and serve

Picture: None

## Recipe

Recipe: Y05132                      Egg Mayonnaise Baguette

| Ingredient |  | Amount   |
|------------|--|----------|
| 52211      | Everyday Favourites White Half Baguette 26cm | 10       |
| 09126      | Eggs   | 10       |
| 04132      | Everyday Favourites Light Mayonnaise         | 200g     |
| 74848      | Cress Salad                                  | 1 Punnet |
| 70279      | Everyday Favourites Ground Black Pepper      | 0.5g     |

Yield: 10 Ptn

## Method

1. Pre heat oven to 200c
2. Place baguettes on a tray and cook for 6-8 minutes or until cook and leave to cool
3. Boil eggs for 8 minutes and cool
4. Grate boiled eggs with grater and add mayonnaise and black pepper and mix well
5. Cut baguette to side
6. Add egg mayonnaise
7. Replace lid, cut in two and serve

Picture: None

## Recipe

Recipe: Y05133 Tuna Mayonnaise Baguette

| Ingredient |  | Amount |
|------------|--|--------|
| 52211      | Everyday Favourites White Half Baguette 26cm | 10     |
| 30530      | Tuna Chunks In Brine                         | 350g   |
| 04132      | Everyday Favourites Light Mayonnaise         | 125ml  |
| 70279      | Everyday Favourites Ground Black Pepper      | 1g     |

Yield: 10 Ptn

## Method

1. Cook the baguettes as per the manufacturer's instructions then allow to cool
2. When cool, cut the baguette  $\frac{3}{4}$  of the way through
3. Drain the tuna fully then fold in the mayonnaise and pepper and mix well
4. Spread the tuna mayonnaise mix along the bottom half of the baguette
5. Cut in half and serve

Picture: None

## Recipe

Recipe: Y05141W      Ham & Cheddar Cheese on White

| Ingredient   | Amount |
|--|--------|
| 44132      Mothers Pride Thick Sliced White Bread    | 20     |
| 52777      Bebo Sunflower Light Spread               | 100g   |
| 05360      Sliced Ham                                | 500g   |
| 29715      Everyday Favourites Grated Mature Cheddar | 250g   |

Yield: 10 Ptn

## Method

1.      Spread soft spread to the edges
2.      Place sliced ham evenly onto bread
3.      Evenly spread grated cheese over the ham
4.      Place bread on top and cut in half

Picture: None

## Recipe

Recipe: Y05170      Chicken Mayonnaise & Salad on White

| Ingredient  | Amount |
|---|--------|
| 44132      Mothers Pride Thick Sliced White Bread | 20     |
| 15399      Brown Bros Sliced Chicken              | 420g   |
| 04132      Everyday Favourites Light Mayonnaise   | 100g   |
| 14954      Mixed Leafy Salad Bag                  | 150g   |
| 75603      Fresh Tomatoes                         | 450g   |
| 79347      Fresh Cucumber                         | 0.5    |

Yield: 10 Ptn

## Method

1. Spread bread with mayonnaise
2. Lay sliced chicken evenly
3. Lay 5 slices of tomato evenly across the chicken
4. Lay 5 slices of cucumber evenly across the tomato
5. Add mixed leaves
6. Place bread on top and cut in half

Picture: None



Recipe with Allergens Exploded

kwilliamson@edwardsandward.co.uk

Legend

- Contains
- May Contain
- Does Not Contain
- No Information

Contains

|         |        |             |             |        |                           |             |      |      |           |       |                |      |          |         |      |         |            |                |     |        |                               |      |      |         |       |
|---------|--------|-------------|-------------|--------|---------------------------|-------------|------|------|-----------|-------|----------------|------|----------|---------|------|---------|------------|----------------|-----|--------|-------------------------------|------|------|---------|-------|
| Almonds | Barley | Brazil Nuts | Cashew Nuts | Celery | Cereals containing Gluten | Crustaceans | Eggs | Fish | Hazelnuts | Lupin | Macadamia Nuts | Milk | Molluscs | Mustard | Oats | Peanuts | Pecan Nuts | Pistachio Nuts | Rye | Sesame | Sulphur Dioxide and Sulphites | Soya | Nuts | Walnuts | Wheat |
|---------|--------|-------------|-------------|--------|---------------------------|-------------|------|------|-----------|-------|----------------|------|----------|---------|------|---------|------------|----------------|-----|--------|-------------------------------|------|------|---------|-------|

Product Description

| Product ID | Product Name                                 | Yield         | Almonds               | Barley                | Brazil Nuts           | Cashew Nuts           | Celery                | Cereals containing Gluten        | Crustaceans           | Eggs                             | Fish                  | Hazelnuts             | Lupin                 | Macadamia Nuts        | Milk                  | Molluscs              | Mustard               | Oats                  | Peanuts               | Pecan Nuts            | Pistachio Nuts        | Rye                   | Sesame                | Sulphur Dioxide and Sulphites | Soya                  | Nuts                  | Walnuts               | Wheat                 |
|------------|--|---------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| Y03393     | BLT Baguette                                 | Yield: 10 Ptn | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 52211      | Everyday Favourites White Half Baguette 26cm | 10            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 48282      | Farmstead Unsmoked Rindless Back Bacon       | 700g          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 04132      | Everyday Favourites Light Mayonnaise         | 100g          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 75603      | Fresh Tomatoes                               | 450g          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 75085      | Fresh Iceberg Lettuce                        | 0.5           | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

| Product ID | Product Name                           | Yield         | Almonds               | Barley                | Brazil Nuts           | Cashew Nuts           | Celery                | Cereals containing Gluten        | Crustaceans           | Eggs                  | Fish                  | Hazelnuts             | Lupin                 | Macadamia Nuts        | Milk                  | Molluscs              | Mustard               | Oats                  | Peanuts               | Pecan Nuts            | Pistachio Nuts        | Rye                   | Sesame                | Sulphur Dioxide and Sulphites | Soya                             | Nuts                  | Walnuts               | Wheat                            |
|------------|--|---------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------------------------|----------------------------------|-----------------------|-----------------------|----------------------------------|
| Y03373B    | BLT on Brown                           | Yield: 10 Ptn | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 11655      | Fletchers Thick Sliced Wholemeal Bread | 20            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 52777      | Bebo Sunflower Light Spread            | 100g          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 48282      | Farmstead Unsmoked Rindless Back Bacon | 700g          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 75603      | Fresh Tomatoes                         | 450g          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 75085      | Fresh Iceberg Lettuce                  | 0.5           | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |

| Product ID | Product Name                                 | Yield         | Almonds               | Barley                | Brazil Nuts           | Cashew Nuts           | Celery                | Cereals containing Gluten        | Crustaceans           | Eggs                  | Fish                  | Hazelnuts             | Lupin                 | Macadamia Nuts        | Milk                             | Molluscs              | Mustard               | Oats                  | Peanuts               | Pecan Nuts            | Pistachio Nuts        | Rye                   | Sesame                | Sulphur Dioxide and Sulphites | Soya                  | Nuts                             | Walnuts               | Wheat                            |
|------------|--|---------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------------------------|-----------------------|----------------------------------|-----------------------|----------------------------------|
| Y00853     | Cheddar Cheese & Pickle Baguette             | Yield: 10 Ptn | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 52211      | Everyday Favourites White Half Baguette 26cm | 10            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 52777      | Bebo Sunflower Light Spread                  | 100g          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            |
| 29715      | Everyday Favourites Grated Mature Cheddar    | 350g          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            |
| 57683      | Everyday Favourites Sweet Pickle             | 150g          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            |

Recipe with Allergens Exploded

kwilliamson@edwardsandward.co.uk

Legend

- Contains
- May Contain
- Does Not Contain
- No Information

| Contains |        |             |             |        |                           |             |      |      |           |       |                |      |          |         |      |         |            |                |     |        |                               |      |      |         |       |
|----------|--------|-------------|-------------|--------|---------------------------|-------------|------|------|-----------|-------|----------------|------|----------|---------|------|---------|------------|----------------|-----|--------|-------------------------------|------|------|---------|-------|
| Almonds  | Barley | Brazil Nuts | Cashew Nuts | Celery | Cereals containing Gluten | Crustaceans | Eggs | Fish | Hazelnuts | Lupin | Macadamia Nuts | Milk | Molluscs | Mustard | Oats | Peanuts | Pecan Nuts | Pistachio Nuts | Rye | Sesame | Sulphur Dioxide and Sulphites | Soya | Nuts | Walnuts | Wheat |

Product Description

|                |  |                      |                       |                       |                       |                                  |                                  |                       |                       |                       |                       |                                  |                       |                       |                       |                       |                       |                       |                       |                       |                       |                                  |                                  |                       |                                  |
|----------------|--|----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|----------------------------------|-----------------------|----------------------------------|
| <b>Y03374W</b> | <b>Cheddar Cheese &amp; Pickle on White</b>  | <b>Yield: 10 Ptn</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input checked="" type="radio"/> |
| 44132          | Mothers Pride Thick Sliced White Bread       | 20                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input checked="" type="radio"/> |
| 52777          | Bebo Sunflower Light Spread                  | 100g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            |
| 29715          | Everyday Favourites Grated Mature Cheddar    | 650g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            |
| 57683          | Everyday Favourites Sweet Pickle             | 100g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            |
| <b>Y04328</b>  | <b>Cheddar Cheese Baguette</b>               | <b>Yield: 10 Ptn</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input checked="" type="radio"/> |
| 52211          | Everyday Favourites White Half Baguette 26cm | 10                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input checked="" type="radio"/> |
| 52777          | Bebo Sunflower Light Spread                  | 100g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            |
| 29715          | Everyday Favourites Grated Mature Cheddar    | 500g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            |
| <b>Y04320B</b> | <b>Cheddar Cheese on Brown</b>               | <b>Yield: 10 Ptn</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 11655          | Fletchers Thick Sliced Wholemeal Bread       | 20                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input checked="" type="radio"/> |
| 52777          | Bebo Sunflower Light Spread                  | 100g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            |
| 29715          | Everyday Favourites Grated Mature Cheddar    | 500g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            |
| <b>Y04320W</b> | <b>Cheddar Cheese on White</b>               | <b>Yield: 10 Ptn</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 44132          | Mothers Pride Thick Sliced White Bread       | 20                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input checked="" type="radio"/> |
| 52777          | Bebo Sunflower Light Spread                  | 100g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            |

Recipe with Allergens Exploded

kwilliamson@edwardsandward.co.uk

Legend

- Contains
- May Contain
- Does Not Contain
- No Information

Contains

| Almonds | Barley | Brazil Nuts | Cashew Nuts | Celery | Cereals containing Gluten | Crustaceans | Eggs | Fish | Hazelnuts | Lupin | Macadamia Nuts | Milk | Molluscs | Mustard | Oats | Peanuts | Pecan Nuts | Pistachio Nuts | Rye | Sesame | Sulphur Dioxide and Sulphites | Soya | Nuts | Walnuts | Wheat |
|---------|--------|-------------|-------------|--------|---------------------------|-------------|------|------|-----------|-------|----------------|------|----------|---------|------|---------|------------|----------------|-----|--------|-------------------------------|------|------|---------|-------|
|---------|--------|-------------|-------------|--------|---------------------------|-------------|------|------|-----------|-------|----------------|------|----------|---------|------|---------|------------|----------------|-----|--------|-------------------------------|------|------|---------|-------|

Product Description

|        |  |               |                       |                       |                       |                                  |                                  |                       |                       |                       |                       |                                  |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                                  |                                  |
|--------|--|---------------|-----------------------|-----------------------|-----------------------|----------------------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|----------------------------------|
| 29715  | Everyday Favourites Grated Mature Cheddar    | 500g          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            |
| Y03395 | Chicken Mayonnaise & Salad Baguette          | Yield: 10 Ptn | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> |
| 52211  | Everyday Favourites White Half Baguette 26cm | 10            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |                                  |
| 15399  | Brown Bros Sliced Chicken                    | 420g          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |                                  |
| 04132  | Everyday Favourites Light Mayonnaise         | 100g          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |                                  |
| 14954  | Mixed Leafy Salad Bag                        | 150g          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |                                  |
| 75603  | Fresh Tomatoes                               | 450g          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |                                  |
| 79347  | Fresh Cucumber                               | 0.5           | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |                                  |
| Y05170 | Chicken Mayonnaise & Salad on White          | Yield: 10 Ptn | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |                                  |
| 44132  | Mothers Pride Thick Sliced White Bread       | 20            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |                                  |
| 15399  | Brown Bros Sliced Chicken                    | 420g          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |                                  |
| 04132  | Everyday Favourites Light Mayonnaise         | 100g          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |                                  |
| 14954  | Mixed Leafy Salad Bag                        | 150g          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |                                  |
| 75603  | Fresh Tomatoes                               | 450g          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |                                  |
| 79347  | Fresh Cucumber                               | 0.5           | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |                                  |
| Y04370 | Chicken, Bacon Mayonnaise & Mixed Leave      | Yield: 10 Ptn | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |                                  |

Recipe with Allergens Exploded

kwilliamson@edwardsandward.co.uk

| Legend |                  |
|--------|------------------|
| ●      | Contains         |
| ◐      | May Contain      |
| ○      | Does Not Contain |
| *      | No Information   |

| Product Description |  |                      | Contains |        |             |             |        |                           |             |      |      |           |       |                |      |          |         |      |         |            |                |     |        |                               |      |      |         |       |   |
|---------------------|--|----------------------|----------|--------|-------------|-------------|--------|---------------------------|-------------|------|------|-----------|-------|----------------|------|----------|---------|------|---------|------------|----------------|-----|--------|-------------------------------|------|------|---------|-------|---|
|                     |  |                      | Almonds  | Barley | Brazil Nuts | Cashew Nuts | Celery | Cereals containing Gluten | Crustaceans | Eggs | Fish | Hazelnuts | Lupin | Macadamia Nuts | Milk | Molluscs | Mustard | Oats | Peanuts | Pecan Nuts | Pistachio Nuts | Rye | Sesame | Sulphur Dioxide and Sulphites | Soya | Nuts | Walnuts | Wheat |   |
| 52211               | Everyday Favourites White Half Baguette 26cm | 10                   | ○        | ○      | ○           | ○           | ○      | ●                         | ○           | ○    | ○    | ○         | ○     | ○              | ○    | ○        | ○       | ○    | ○       | ○          | ○              | ○   | ○      | ○                             | ○    | ○    | ○       | ○     | ○ |
| 15399               | Brown Bros Sliced Chicken                    | 420g                 | ○        | ○      | ○           | ○           | ○      | ○                         | ○           | ○    | ○    | ○         | ○     | ○              | ○    | ○        | ○       | ○    | ○       | ○          | ○              | ○   | ○      | ○                             | ○    | ○    | ○       | ○     | ○ |
| 48282               | Farmstead Unsmoked Rindless Back Bacon       | 700g                 | ○        | ○      | ○           | ○           | ○      | ○                         | ○           | ○    | ○    | ○         | ○     | ○              | ○    | ○        | ○       | ○    | ○       | ○          | ○              | ○   | ○      | ○                             | ○    | ○    | ○       | ○     | ○ |
| 04132               | Everyday Favourites Light Mayonnaise         | 100g                 | ○        | ○      | ○           | ○           | ○      | ○                         | ○           | ●    | ○    | ○         | ○     | ○              | ○    | ○        | ○       | ○    | ○       | ○          | ○              | ○   | ○      | ○                             | ○    | ○    | ○       | ○     | ○ |
| 14954               | Mixed Leafy Salad Bag                        | 150g                 | ○        | ○      | ○           | ○           | ○      | ○                         | ○           | ○    | ○    | ○         | ○     | ○              | ○    | ○        | ○       | ○    | ○       | ○          | ○              | ○   | ○      | ○                             | ○    | ○    | ○       | ○     | ○ |
| <b>Y05132</b>       | <b>Egg Mayonnaise Baguette</b>               | <b>Yield: 10 Ptn</b> | ○        | ○      | ○           | ○           | ○      | ●                         | ○           | ●    | ○    | ○         | ○     | ○              | ○    | ○        | ○       | ○    | ○       | ○          | ○              | ○   | ○      | ○                             | ○    | ○    | ○       | ○     | ○ |
| 52211               | Everyday Favourites White Half Baguette 26cm | 10                   | ○        | ○      | ○           | ○           | ○      | ●                         | ○           | ○    | ○    | ○         | ○     | ○              | ○    | ○        | ○       | ○    | ○       | ○          | ○              | ○   | ○      | ○                             | ○    | ○    | ○       | ○     | ○ |
| 09126               | Eggs   | 10                   | ○        | ○      | ○           | ○           | ○      | ○                         | ○           | ●    | ○    | ○         | ○     | ○              | ○    | ○        | ○       | ○    | ○       | ○          | ○              | ○   | ○      | ○                             | ○    | ○    | ○       | ○     | ○ |
| 04132               | Everyday Favourites Light Mayonnaise         | 200g                 | ○        | ○      | ○           | ○           | ○      | ○                         | ○           | ●    | ○    | ○         | ○     | ○              | ○    | ○        | ○       | ○    | ○       | ○          | ○              | ○   | ○      | ○                             | ○    | ○    | ○       | ○     | ○ |
| 74848               | Cress Salad                                  | 1 Punnet             | ○        | ○      | ○           | ○           | ○      | ○                         | ○           | ○    | ○    | ○         | ○     | ○              | ○    | ○        | ○       | ○    | ○       | ○          | ○              | ○   | ○      | ○                             | ○    | ○    | ○       | ○     | ○ |
| 70279               | Everyday Favourites Ground Black Pepper      | 0.5g                 | ○        | ○      | ○           | ○           | ○      | ○                         | ○           | ○    | ○    | ○         | ○     | ○              | ○    | ○        | ○       | ○    | ○       | ○          | ○              | ○   | ○      | ○                             | ○    | ○    | ○       | ○     | ○ |
| <b>Y03386W</b>      | <b>Egg Mayonnaise on White</b>               | <b>Yield: 10 Ptn</b> | ○        | ○      | ○           | ○           | ○      | ●                         | ○           | ●    | ○    | ○         | ○     | ○              | ○    | ○        | ○       | ○    | ○       | ○          | ○              | ○   | ○      | ○                             | ○    | ○    | ○       | ○     | ○ |
| 44132               | Mothers Pride Thick Sliced White Bread       | 20                   | ○        | ○      | ○           | ○           | ○      | ●                         | ○           | ○    | ○    | ○         | ○     | ○              | ○    | ○        | ○       | ○    | ○       | ○          | ○              | ○   | ○      | ○                             | ○    | ○    | ○       | ○     | ○ |
| 09126               | Eggs   | 12                   | ○        | ○      | ○           | ○           | ○      | ○                         | ○           | ●    | ○    | ○         | ○     | ○              | ○    | ○        | ○       | ○    | ○       | ○          | ○              | ○   | ○      | ○                             | ○    | ○    | ○       | ○     | ○ |
| 04132               | Everyday Favourites Light Mayonnaise         | 200g                 | ○        | ○      | ○           | ○           | ○      | ○                         | ○           | ●    | ○    | ○         | ○     | ○              | ○    | ○        | ○       | ○    | ○       | ○          | ○              | ○   | ○      | ○                             | ○    | ○    | ○       | ○     | ○ |
| <b>Y05127</b>       | <b>Ham &amp; Cheddar Cheese Baguette</b>     | <b>Yield: 10 Ptn</b> | ○        | ○      | ○           | ○           | ○      | ●                         | ○           | ○    | ○    | ○         | ○     | ○              | ○    | ○        | ○       | ○    | ○       | ○          | ○              | ○   | ○      | ○                             | ○    | ○    | ○       | ○     | ○ |

Recipe with Allergens Exploded

kwilliamson@edwardsandward.co.uk

| Legend |                  |
|--------|------------------|
| ●      | Contains         |
| ◐      | May Contain      |
| ○      | Does Not Contain |
| *      | No Information   |

| Contains |        |             |             |        |                           |             |      |      |           |       |                |      |          |         |      |         |            |                |     |        |                               |      |      |         |       |
|----------|--------|-------------|-------------|--------|---------------------------|-------------|------|------|-----------|-------|----------------|------|----------|---------|------|---------|------------|----------------|-----|--------|-------------------------------|------|------|---------|-------|
| Almonds  | Barley | Brazil Nuts | Cashew Nuts | Celery | Cereals containing Gluten | Crustaceans | Eggs | Fish | Hazelnuts | Lupin | Macadamia Nuts | Milk | Molluscs | Mustard | Oats | Peanuts | Pecan Nuts | Pistachio Nuts | Rye | Sesame | Sulphur Dioxide and Sulphites | Soya | Nuts | Walnuts | Wheat |

Product Description

|                |  |                      |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|----------------|--|----------------------|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 52211          | Everyday Favourites White Half Baguette 26cm | 10                   | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| 52777          | Bebo Sunflower Light Spread                  | 100g                 | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| 05360          | Sliced Ham                                   | 500g                 | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| 29715          | Everyday Favourites Grated Mature Cheddar    | 250g                 | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| <b>Y05141W</b> | <b>Ham &amp; Cheddar Cheese on White</b>     | <b>Yield: 10 Ptn</b> | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| 44132          | Mothers Pride Thick Sliced White Bread       | 20                   | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| 52777          | Bebo Sunflower Light Spread                  | 100g                 | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| 05360          | Sliced Ham                                   | 500g                 | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| 29715          | Everyday Favourites Grated Mature Cheddar    | 250g                 | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| <b>Y03387B</b> | <b>Ham on Brown</b>                          | <b>Yield: 10 Ptn</b> | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| 11655          | Fletchers Thick Sliced Wholemeal Bread       | 20                   | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| 52777          | Bebo Sunflower Light Spread                  | 100g                 | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| 05360          | Sliced Ham                                   | 500g                 | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| <b>Y03387W</b> | <b>Ham on White</b>                          | <b>Yield: 10 Ptn</b> | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| 44132          | Mothers Pride Thick Sliced White Bread       | 20                   | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| 52777          | Bebo Sunflower Light Spread                  | 100g                 | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ |

Recipe with Allergens Exploded

kwilliamson@edwardsandward.co.uk

Legend

- Contains
- May Contain
- Does Not Contain
- No Information

Contains

|         |        |             |             |        |                           |             |      |      |           |       |                |      |          |         |      |         |            |                |     |        |                               |      |      |         |       |
|---------|--------|-------------|-------------|--------|---------------------------|-------------|------|------|-----------|-------|----------------|------|----------|---------|------|---------|------------|----------------|-----|--------|-------------------------------|------|------|---------|-------|
| Almonds | Barley | Brazil Nuts | Cashew Nuts | Celery | Cereals containing Gluten | Crustaceans | Eggs | Fish | Hazelnuts | Lupin | Macadamia Nuts | Milk | Molluscs | Mustard | Oats | Peanuts | Pecan Nuts | Pistachio Nuts | Rye | Sesame | Sulphur Dioxide and Sulphites | Soya | Nuts | Walnuts | Wheat |
|---------|--------|-------------|-------------|--------|---------------------------|-------------|------|------|-----------|-------|----------------|------|----------|---------|------|---------|------------|----------------|-----|--------|-------------------------------|------|------|---------|-------|

Product Description

|                |  |                      |                       |                       |                       |                                  |                                  |                                  |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                                  |
|----------------|--|----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|----------------------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|
| 05360          | Sliced Ham                                   | 500g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| <b>Y05131</b>  | <b>Ham Salad Baguette</b>                    | <b>Yield: 10 Ptn</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 52211          | Everyday Favourites White Half Baguette 26cm | 10                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 52777          | Bebo Sunflower Light Spread                  | 100g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 05360          | Sliced Ham                                   | 500g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 75603          | Fresh Tomatoes                               | 450g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 14954          | Mixed Leafy Salad Bag                        | 150g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 79347          | Fresh Cucumber                               | 0.5                  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| <b>Y03209B</b> | <b>Ham Salad on Brown</b>                    | <b>Yield: 10 Ptn</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 11655          | Fletchers Thick Sliced Wholemeal Bread       | 20 Slices            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 05360          | Sliced Ham                                   | 500g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 52777          | Bebo Sunflower Light Spread                  | 100g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 14954          | Mixed Leafy Salad Bag                        | 150g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 75603          | Fresh Tomatoes                               | 600g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| <b>Y05133</b>  | <b>Tuna Mayonnaise Baguette</b>              | <b>Yield: 10 Ptn</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input checked="" type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 52211          | Everyday Favourites White Half Baguette 26cm | 10                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |

Recipe with Allergens Exploded

kwilliamson@edwardsandward.co.uk

Legend

- Contains
- May Contain
- Does Not Contain
- \* No Information

|                     |   |                      | Contains              |                       |                       |                       |                       |                                  |                       |                                  |                                  |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                               |                                  |                                  |                       |                                  |                                  |
|---------------------|---|----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|----------------------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------------------------|----------------------------------|----------------------------------|-----------------------|----------------------------------|----------------------------------|
| Product Description |   |                      | Almonds               | Barley                | Brazil Nuts           | Cashew Nuts           | Celery                | Cereals containing Gluten        | Crustaceans           | Eggs                             | Fish                             | Hazelnuts             | Lupin                 | Macadamia Nuts        | Milk                  | Molluscs              | Mustard               | Oats                  | Peanuts               | Pecan Nuts            | Pistachio Nuts        | Rye                   | Sesame                | Sulphur Dioxide and Sulphites | Soya                             | Nuts                             | Walnuts               | Wheat                            |                                  |
| 30530               | Tuna Chunks In Brine                    | 350g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            |
| 04132               | Everyday Favourites Light Mayonnaise    | 125ml                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            |
| 70279               | Everyday Favourites Ground Black Pepper | 1g                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            |
| <b>Y03308B</b>      | <b>Tuna Mayonnaise on Brown</b>         | <b>Yield: 10 Ptn</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> |
| 11655               | Fletchers Thick Sliced Wholemeal Bread  | 20                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input checked="" type="radio"/> |                                  |
| 04132               | Everyday Favourites Light Mayonnaise    | 150g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            |
| 30530               | Tuna Chunks In Brine                    | 500g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            |
| 70279               | Everyday Favourites Ground Black Pepper | 0.5g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            |



# Boxed Salad



**edwards and ward**

a recipe for success



## Recipe

Recipe: Y23101 Tuna Mayo Salad

| Ingredient                                 | Amount |
|--|--------|
| 75085 Fresh Iceberg Lettuce                | 500g   |
| 75603 Fresh Tomatoes                       | 10     |
| 79347 Fresh Cucumber                       | 200g   |
| 84901 Carrots                              | 200g   |
| 30530 Tuna Chunks In Brine                 | 300g   |
| 04132 Everyday Favourites Light Mayonnaise | 50ml   |

Yield: 10 Ptn

## Method

1. Create base salad by finely dicing the lettuce, tomatoes and cucumber and grating the carrot.
2. Combine the drained tuna with mayo
3. Top base salad with tuna mayo

Picture: None

## Recipe

Recipe: Y23102

Ham Salad

| Ingredient                  | Amount |
|-----------------------------|--------|
| 75085 Fresh Iceberg Lettuce | 500g   |
| 75603 Fresh Tomatoes        | 10     |
| 79347 Fresh Cucumber        | 200g   |
| 84901 Carrots               | 200g   |
| 05360 Sliced Ham            | 20     |

Yield: 10 Ptn

## Method

1. Create base salad by finely dicing the lettuce, tomatoes and cucumber and grating the carrot.
2. Top with shredded ham

Picture: None

## Recipe

Recipe: Y23103 Cheese Salad

| Ingredient                                      | Amount |
|---|--------|
| 75085 Fresh Iceberg Lettuce                     | 500g   |
| 75603 Fresh Tomatoes                            | 10     |
| 79347 Fresh Cucumber                            | 200g   |
| 84901 Carrots                                   | 200g   |
| 29715 Everyday Favourites Grated Mature Cheddar | 400g   |

Yield: 10 Ptn

## Method

1. Create base salad by finely dicing the lettuce, tomatoes and cucumber and grating the carrot.
2. Top with grated cheddar

Picture: None

## Recipe

Recipe: Y23104      Chicken & Bacon Salad

| Ingredient |                       | Amount |
|------------|-----------------------|--------|
| 75085      | Fresh Iceberg Lettuce | 500g   |
| 75603      | Fresh Tomatoes        | 10     |
| 79347      | Fresh Cucumber        | 200g   |
| 84901      | Carrots               | 200g   |
| 88120      | Diced Cooked Chicken  | 200g   |
| 06120      | Smoked Bacon          | 10     |

Yield: 10 Ptn

## Method

1. Create base salad by finely dicing the lettuce, tomatoes and cucumber and grating the carrot.
2. Sherd the cooked chicken
3. Cook and shed the bacon
4. Top base salad with chicken and bacon

Picture: None

## Recipe

Recipe: Y23105 Pesto Pasta Salad

| Ingredient                              | Amount     |
|---|------------|
| 75085 Fresh Iceberg Lettuce             | 500g       |
| 75603 Fresh Tomatoes                    | 10         |
| 79347 Fresh Cucumber                    | 200g       |
| 84901 Carrots                           | 200g       |
| 70490 Everyday Favourites Penne         | 300g       |
| Absorbed Water Absorbed in Cooking      | (absorbed) |
| 98474 Baby Spinach                      | 50g        |
| 75682 Fresh Basil                       | 1 bunch    |
| 04364 Everyday Favourites Choice Peas   | 100g       |
| 03435 Everyday Favourites Vegetable Oil | 10ml       |

Yield: 10 Ptn

## Method

1. Create base salad by finely dicing the lettuce, tomatoes and cucumber and grating the carrot.
2. Cook the penne and allow to cool.
3. Place the basil, spinach and peas in a blender along with the oil. Blend to a puree and mix with the pasta.
4. Split evenly and add to the base salad.

Picture: None

Recipe with Allergens Exploded

kwilliamson@edwardsandward.co.uk

Legend

- Contains
- May Contain
- Does Not Contain
- No Information

|               |   |                      | Contains              |                       |                       |                       |                       |                           |                       |                       |                       |                       |                       |                       |                                  |                       |                       |                       |                       |                       |                       |                       |                       |                               |                       |                       |                       |                       |                       |
|---------------|---|----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|---------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
|               |   |                      | Almonds               | Barley                | Brazil Nuts           | Cashew Nuts           | Celery                | Cereals containing Gluten | Crustaceans           | Eggs                  | Fish                  | Hazelnuts             | Lupin                 | Macadamia Nuts        | Milk                             | Molluscs              | Mustard               | Oats                  | Peanuts               | Pecan Nuts            | Pistachio Nuts        | Rye                   | Sesame                | Sulphur Dioxide and Sulphites | Soya                  | Nuts                  | Walnuts               | Wheat                 |                       |
| <b>Y23103</b> | <b>Cheese Salad</b>                       | <b>Yield: 10 Ptn</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 75085         | Fresh Iceberg Lettuce                     | 500g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 75603         | Fresh Tomatoes                            | 10                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 79347         | Fresh Cucumber                            | 200g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 84901         | Carrots                                   | 200g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 29715         | Everyday Favourites Grated Mature Cheddar | 400g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| <b>Y23104</b> | <b>Chicken &amp; Bacon Salad</b>          | <b>Yield: 10 Ptn</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 75085         | Fresh Iceberg Lettuce                     | 500g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 75603         | Fresh Tomatoes                            | 10                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 79347         | Fresh Cucumber                            | 200g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 84901         | Carrots                                   | 200g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 88120         | Diced Cooked Chicken                      | 200g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 06120         | Smoked Bacon                              | 10                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| <b>Y23102</b> | <b>Ham Salad</b>                          | <b>Yield: 10 Ptn</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 75085         | Fresh Iceberg Lettuce                     | 500g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 75603         | Fresh Tomatoes                            | 10                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 79347         | Fresh Cucumber                            | 200g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

Recipe with Allergens Exploded

kwilliamson@edwardsandward.co.uk

Legend

- Contains
- May Contain
- Does Not Contain
- No Information

|       |            | Contains |                       |                       |                       |                       |                           |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                               |                       |                       |                       |                       |                       |
|-------|------------|----------|-----------------------|-----------------------|-----------------------|-----------------------|---------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
|       |            | Almonds  | Barley                | Brazil Nuts           | Cashew Nuts           | Celery                | Cereals containing Gluten | Crustaceans           | Eggs                  | Fish                  | Hazelnuts             | Lupin                 | Macadamia Nuts        | Milk                  | Molluscs              | Mustard               | Oats                  | Peanuts               | Pecan Nuts            | Pistachio Nuts        | Rye                   | Sesame                | Sulphur Dioxide and Sulphites | Soya                  | Nuts                  | Walnuts               | Wheat                 |                       |
| 84901 | Carrots    | 200g     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 05360 | Sliced Ham | 20       | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

Product Description

|                |                                   |               |                       |                       |                       |                       |                                  |                                  |                                  |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                                  |
|----------------|-----------------------------------|---------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|----------------------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|
| Y23105         | Pesto Pasta Salad                 | Yield: 10 Ptn | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 75085          | Fresh Iceberg Lettuce             | 500g          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 75603          | Fresh Tomatoes                    | 10            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 79347          | Fresh Cucumber                    | 200g          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 84901          | Carrots                           | 200g          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 70490          | Everyday Favourites Penne         | 300g          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| Absorbed Water | Water Absorbed in Cooking         | (absorbed)    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 98474          | Baby Spinach                      | 50g           | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 75682          | Fresh Basil                       | 1 bunch       | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 04364          | Everyday Favourites Choice Peas   | 100g          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 03435          | Everyday Favourites Vegetable Oil | 10ml          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| Y23101         | Tuna Mayo Salad                   | Yield: 10 Ptn | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 75085          | Fresh Iceberg Lettuce             | 500g          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 75603          | Fresh Tomatoes                    | 10            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 79347          | Fresh Cucumber                    | 200g          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |

Recipe with Allergens Exploded

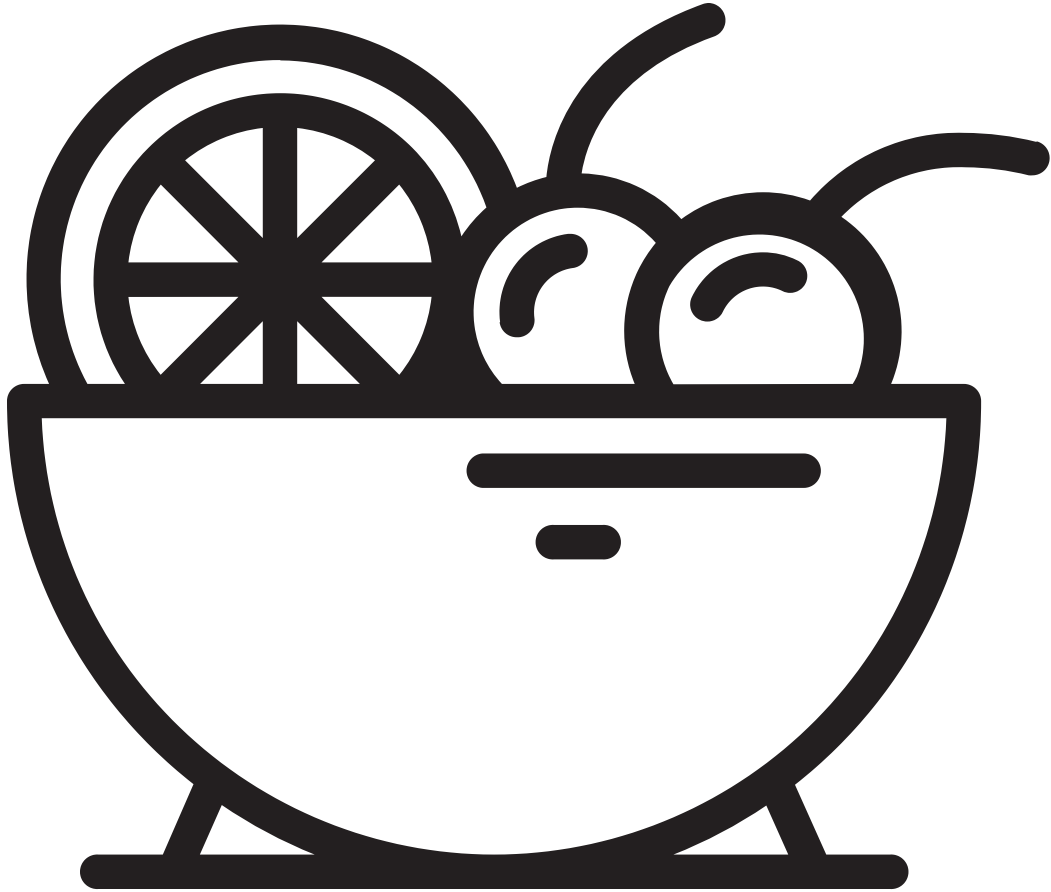
kwilliamson@edwardsandward.co.uk

Legend

- Contains
- May Contain
- Does Not Contain
- \* No Information

|                     |                                      | Contains |                       |                       |                       |                       |                           |                                  |                                  |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                               |                       |                       |                       |                       |                       |
|---------------------|--------------------------------------|----------|-----------------------|-----------------------|-----------------------|-----------------------|---------------------------|----------------------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| Product Description |                                      | Almonds  | Barley                | Brazil Nuts           | Cashew Nuts           | Celery                | Cereals containing Gluten | Crustaceans                      | Eggs                             | Fish                  | Hazelnuts             | Lupin                 | Macadamia Nuts        | Milk                  | Molluscs              | Mustard               | Oats                  | Peanuts               | Pecan Nuts            | Pistachio Nuts        | Rye                   | Sesame                | Sulphur Dioxide and Sulphites | Soya                  | Nuts                  | Walnuts               | Wheat                 |                       |
| 84901               | Carrots                              | 200g     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 30530               | Tuna Chunks In Brine                 | 300g     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 04132               | Everyday Favourites Light Mayonnaise | 50ml     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |





# Fruit Pots



**edwards and ward**

a recipe for success

## Recipe

Recipe: Y03437

Apple &amp; Grape Pot – 4oz

| Ingredient              | Amount |
|-------------------------|--------|
| 75079 Red Grapes        | 150g   |
| 75073 Green Grapes      | 150g   |
| 75462 Green Apple Large | 250g   |
| 07315 KTC Lemon Juice   | 20ml   |

Yield: 10 Ptn

## Method

1. Take the grapes off of their stalk, wash and dry completely
2. Cut the washed apples into ¼'s and cut out the core, then cut each ¼ in half. Mix apple wedges in with the lemon juice and cover completely to prevent turning brown
3. Combine the grapes and apples and mix gently then divide into serving pots

Picture: None

## Recipe

Recipe: Y03441                      Basic Fruit Salad - 4oz

| Ingredient                   | Amount |
|------------------------------|--------|
| 75462      Green Apple Large | 250g   |
| 75643      Cantaloupe Melon  | 0.5    |
| 75079      Red Grapes        | 200g   |
| 75194      Kiwi              | 3      |
| 75242      Orange Medium     | 4      |

Yield: 10 Ptn

## Method

1. Cut Granny Smith apple in 4 and remove core then cut in to 2 long ways and then dice the other way
2. Top and tail the Cantaloupe melon and remove the skin from sides, now cut in half and remove seeds.
3. Cut Cantaloupe melon in half again, now cut the melon long ways and then turn and dice into chunks
4. Top and tail kiwi and remove skin now cut into half then cut both pieces into 4 give 8 pieces in total for each kiwi
5. Top and tail oranges and then remove skin, once done the remove each segments
6. Build the pots making sure to split the fruit evenly to maintain good colors

Picture: None

## Recipe

Recipe: Y03442                      Basic Fruit Salad - 8oz

| Ingredient |                   | Amount |
|------------|-------------------|--------|
| 75462      | Green Apple Large | 500g   |
| 75643      | Cantaloupe Melon  | 1      |
| 75079      | Red Grapes        | 200g   |
| 75194      | Kiwi              | 6      |
| 75242      | Orange Medium     | 4      |

Yield: 10 Ptn

## Method

1. Cut Granny Smith apple in 4 and remove core then cut in to 2 long ways and then dice the other way
2. Top and tail the Cantaloupe melon and remove the skin from sides, now cut in half and remove seeds.
3. Cut Cantaloupe melon in half again, now cut the melon long ways and then turn and dice into chunks
4. Top and tail kiwi and remove skin now cut into half then cut both pieces into 4 give 8 pieces in total for each kiwi
5. Top and tail oranges and then remove skin, once done the remove each segments
6. Build the pots making sure to split the fruit evenly to maintain good colors

Picture: None

**Recipe**

Recipe: Y03449                      Mixed Grapes - 4oz

| Ingredient              | Amount |
|-------------------------|--------|
| 75079      Red Grapes   | 450g   |
| 75073      Green Grapes | 450g   |

Yield: 10 Ptn

**Method**

1.      Pick both sets of grapes and wash and drain and dry with paper
2.      Build the pots making sure to split the melon evenly to maintain good colours

Picture: None

## Recipe

Recipe: Y03450                      Mixed Grapes - 8oz

| Ingredient              | Amount |
|-------------------------|--------|
| 75079      Red Grapes   | 725g   |
| 75073      Green Grapes | 725g   |

Yield: 10 Ptn

## Method

1.      Pick both sets of grapes and wash and drain and dry with paper
2.      Build the pots making sure to split the melon evenly to maintain good colours

Picture: None

## Recipe

Recipe: Y03451                      Mixed Melon - 4oz

| Ingredient                  | Amount |
|-----------------------------|--------|
| 75643      Cantaloupe Melon | 0.75   |
| 75122      Watermelon       | 430g   |
| 71686      Honeydew Melon   | 0.75   |

Yield: 10 Ptn

## Method

1. Top and tail the Cantaloupe melon and remove the skin from sides, now cut in half and remove seeds.
2. Cut Cantaloupe melon in half again for each half, now cut the melon long ways and then turn and dice into chunks
3. Repeat step 1 and 2 for honeydew melon
4. Top and tail water melon and using the require amount and dice into chunk equal pieces
5. build the pots making sure to split the melon evenly to maintain good colors

Picture: None

## Recipe

Recipe: Y03452                      Mixed Melon - 8oz

| Ingredient                  | Amount |
|-----------------------------|--------|
| 75643      Cantaloupe Melon | 1      |
| 75122      Watermelon       | 860g   |
| 71686      Honeydew Melon   | 0.75   |

Yield: 10 Ptn

## Method

1. Top and tail the Cantaloupe melon and remove the skin from sides, now cut in half and remove seeds.
2. Cut Cantaloupe melon in half again for each half, now cut the melon long ways and then turn and dice into chunks
3. Repeat step 1 and 2 for honeydew melon
4. Top and tail water melon and using the require amount and dice into chunk equal pieces
5. build the pots making sure to split the melon evenly to maintain good colours

Picture: None





## Recipe

Recipe: Y03453 Pineapple - 8oz

| Ingredient |                 | Amount |
|------------|-----------------|--------|
| 75460      | Large Pineapple | 2.25   |

Yield: 10 Ptn

## Method

1. Top and tail the pineapple and remove outer skin
2. From the top cut into 4 and then remove core
3. Cut into to 2 or 3 long ways depending on size then dice

Picture: None



## Recipe

Recipe: Y03454 Pineapple - 4oz

| Ingredient |                 | Amount |
|------------|-----------------|--------|
| 75460      | Large Pineapple | 1.25   |

Yield: 10 Ptn

## Method

1. Top and tail the pineapple and remove outer skin
2. From the top cut into 4 and then remove core
3. Cut into to 2 or 3 long ways depending on size then dice

Picture: None

Recipe with Allergens Exploded

kwilliamson@edwardsandward.co.uk

Legend

- Contains
- May Contain
- Does Not Contain
- No Information

|               |                                    |                      | Contains              |                       |                       |                       |                       |                           |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                                  |                       |                       |                       |                       |
|---------------|------------------------------------|----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|---------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|
|               |                                    |                      | Almonds               | Barley                | Brazil Nuts           | Cashew Nuts           | Celery                | Cereals containing Gluten | Crustaceans           | Eggs                  | Fish                  | Hazelnuts             | Lupin                 | Macadamia Nuts        | Milk                  | Molluscs              | Mustard               | Oats                  | Peanuts               | Pecan Nuts            | Pistachio Nuts        | Rye                   | Sesame                | Sulphur Dioxide and Sulphites    | Soya                  | Nuts                  | Walnuts               | Wheat                 |
| <b>Y03437</b> | <b>Apple &amp; Grape Pot – 4oz</b> | <b>Yield: 10 Ptn</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 75079         | Red Grapes                         | 150g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 75073         | Green Grapes                       | 150g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 75462         | Green Apple Large                  | 250g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 07315         | KTC Lemon Juice                    | 20ml                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| <b>Y03441</b> | <b>Basic Fruit Salad - 4oz</b>     | <b>Yield: 10 Ptn</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 75462         | Green Apple Large                  | 250g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 75643         | Cantaloupe Melon                   | 0.5                  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 75079         | Red Grapes                         | 200g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 75194         | Kiwi                               | 3                    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 75242         | Orange Medium                      | 4                    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| <b>Y03442</b> | <b>Basic Fruit Salad - 8oz</b>     | <b>Yield: 10 Ptn</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 75462         | Green Apple Large                  | 500g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 75643         | Cantaloupe Melon                   | 1                    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 75079         | Red Grapes                         | 200g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 75194         | Kiwi                               | 6                    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 75242         | Orange Medium                      | 4                    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |



Recipe with Allergens Exploded

kwilliamson@edwardsandward.co.uk

Legend

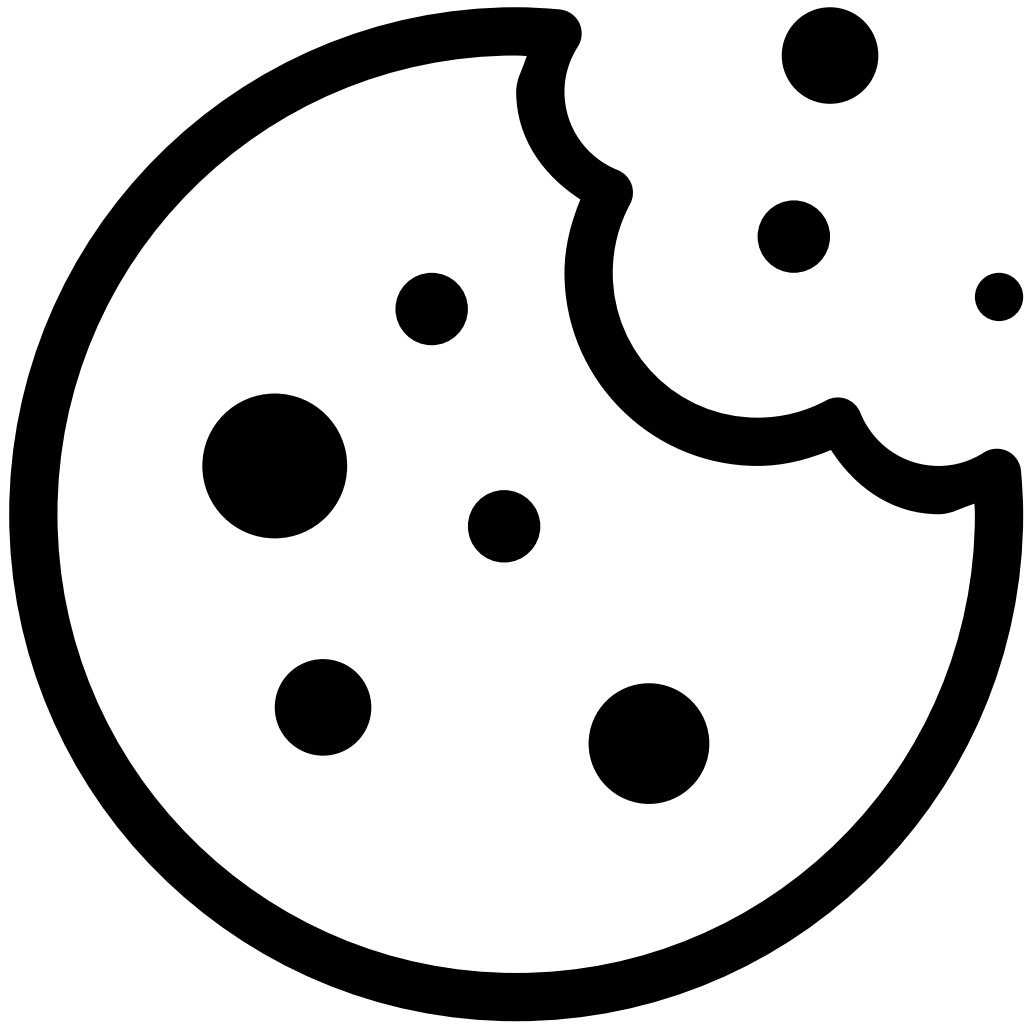
- Contains
- May Contain
- Does Not Contain
- No Information

Contains

Product Description

| Almonds | Barley | Brazil Nuts | Cashew Nuts | Celery | Cereals containing Gluten | Crustaceans | Eggs | Fish | Hazelnuts | Lupin | Macadamia Nuts | Milk | Molluscs | Mustard | Oats | Peanuts | Pecan Nuts | Pistachio Nuts | Rye | Sesame | Sulphur Dioxide and Sulphites | Soya | Nuts | Walnuts | Wheat |
|---------|--------|-------------|-------------|--------|---------------------------|-------------|------|------|-----------|-------|----------------|------|----------|---------|------|---------|------------|----------------|-----|--------|-------------------------------|------|------|---------|-------|
|---------|--------|-------------|-------------|--------|---------------------------|-------------|------|------|-----------|-------|----------------|------|----------|---------|------|---------|------------|----------------|-----|--------|-------------------------------|------|------|---------|-------|

|        |                 |               |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |
|--------|-----------------|---------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| Y03453 | Pineapple - 8oz | Yield: 10 Ptn | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 75460  | Large Pineapple | 2.25          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |



# **Cakes & Bakes**



**edwards and ward**

a recipe for success

## Recipe

Recipe: S092423                      Chocolate Croissant

| Ingredient                                 | Amount |
|--|--------|
| 01169      Everyday Favourites Croissants  | 10     |
| 66086      Dr. Oetker Milk Chocolate Drops | 80g    |

Yield: 10 Ptn

## Method

1. Bake the croissant a per manufacturer's instructions
2. Gently melt the chocolate drops. There are 3 ways to do this: in a saucepan over simmering water, using a microwave on 20 second bursts ensuring to stir after each 20 seconds or place into a heatproof bowl and place under the servey lights, keep and eye on the drops and stir occasionally.
3. Once the drops are melted drizzle over the croissant and leave to set. This can also be served warm on the hot counter.

Picture: None

## Recipe

Recipe: S092424 Jam Croissant

| Ingredient                                | Amount |
|---|--------|
| 01169 Everyday Favourites Croissants      | 10     |
| 41193 Everyday Favourites Mixed Fruit Jam | 100g   |

Yield: 10 Ptn

## Method

1. Bake the croissant a per manufacturer's instructions
2. Once baked slice in half lengthways.
3. Spread the jam inside the croissant and close back.
4. Serve ambient or serve warm on the hot counter.

Picture: None





Recipe

Recipe: S092427 Jam Doughnut

| Ingredient |                                   | Amount |
|------------|-----------------------------------|--------|
| 02763      | Everyday Favourites Jam Doughnuts | 10     |

Yield: 10 Ptn

Method

1. Leave in pack at room temperature for approximately 3 hours or until fully defrosted. Once defrosted do not refreeze.

Picture: None

## Recipe

Recipe: S240930 Carrot Cake

| Ingredient |  | Amount |
|------------|--|--------|
| 71815      | Kerrymaid Premium Baking               | 220g   |
| 09126      | Eggs                                   | 2      |
| 66032      | T&L Light Brown Soft Sugar             | 220g   |
| 34080      | Everyday Favourites Self Raising Flour | 220g   |
| 70371      | Everyday Favourites Ground Cinnamon    | 1 tsp  |
| 84901      | Carrots                                | 250g   |

Yield: 20

## Method

1. Cream the kerrymaid and the sugar together until fluffy
3. Add all remaining ingredients and mix well
4. Pour into cake tin
5. Bake in an oven at 175C for 20 minutes or until cooked through

## Picture

## Carrot Cake

Watch the video here:

<https://youtu.be/yJpaE1w5PvE?si=e-6JL5-b6D1kPjVf>

## Recipe

Recipe: S240932 Apple Sponge

| Ingredient |  | Amount |
|------------|--|--------|
| 71815      | Kerrymaid Premium Baking               | 220g   |
| 09126      | Eggs                                   | 4      |
| 96882      | Tate & Lyle Caster Sugar               | 240g   |
| 34080      | Everyday Favourites Self Raising Flour | 220g   |
| 10451      | Everyday Favourites Solid Pack Apple   | 600g   |

Yield: 28

## Method

1. Cream Kerrymaid and 220g caster sugar together until fluffy
2. Beat the eggs into a bowl and mix thoroughly
3. Gradually incorporate the beaten egg into the creamed fat and sugar
4. Fold in the flour.
5. Drain the apples and lightly chop into smaller pieces.
6. Line an oven proof dish Add the apples and then the sponge mix
7. Bake in an oven at 175C for 14-18 minutes or until cooked through

## Picture

## Apple Sponge

Watch the video here:

[https://youtu.be/WGSnfqoXKus?si=hLF0Z\\_MHQVOImvg-](https://youtu.be/WGSnfqoXKus?si=hLF0Z_MHQVOImvg-)

## Recipe

Recipe: S240943 Vanilla Shortbread

| Ingredient |                                 | Amount  |
|------------|---------------------------------|---------|
| 71815      | Kerrymaid Premium Baking        | 200g    |
| 96882      | Tate & Lyle Caster Sugar        | 150g    |
| 34079      | Everyday Favourites Plain Flour | 200g    |
| 86811      | Everyday Favourites Cornflour   | 75g     |
| 17695      | Dr Oetker Vanilla Flavouring    | 1/2 tsp |

Yield: 16

## Method

1. Combine all ingredients in the mixer until a dough is formed
2. Chill for half an hour
3. Spread evenly in a parchment lined tin or roll into a cylinder and slice
4. Bake in at 180C for approximately 10 minutes

## Picture

## Vanilla Shortbread

Watch the video here:

[https://youtu.be/mmIcEBkE\\_wc?si=CS9xVqy-0ISR-JvV](https://youtu.be/mmIcEBkE_wc?si=CS9xVqy-0ISR-JvV)

## Recipe

Recipe: S240947 Pineapple Upside Down Cake

| Ingredient |  | Amount |
|------------|--|--------|
| 34080      | Everyday Favourites Self Raising Flour | 220g   |
| 71815      | Kerrymaid Premium Baking               | 220g   |
| 96882      | Tate & Lyle Caster Sugar               | 220g   |
| 09126      | Eggs                                   | 4      |
| 2822       | Pineapple Slices In Juice              | 500g   |
| 96882      | Tate & Lyle Caster Sugar               | 20g    |

Yield: 28

## Method

1. Cream Kerrymaid and 220g caster sugar together until fluffy
2. Beat the eggs into a bowl and mix thoroughly
3. Gradually incorporate the beaten egg into the creamed fat and sugar
4. Fold in the flour.
5. Drain the pineapples and lightly chop into smaller pieces.
6. Line an oven proof dish, then sprinkle with the remaining sugar.
7. Add the pineapples and then the sponge mix
8. Bake in an oven at 175C for 14-18 minutes or until cooked through

## Picture

Pineapple Upside Down Cake

Watch the video here:

<https://youtu.be/EqbMlsum-qlU>

## Recipe

Recipe: S240948 Chocolate Shortbread

| Ingredient |                                    | Amount |
|------------|------------------------------------|--------|
| 71815      | Kerrymaid Premium Baking           | 200g   |
| 96882      | Tate & Lyle Caster Sugar           | 150g   |
| 34079      | Everyday Favourites Plain Flour    | 200g   |
| 86811      | Everyday Favourites Cornflour      | 75g    |
| 03954      | Dr Oetker Reduced Fat Cocoa Powder | 30g    |

Yield: 16

## Method

1. Combine all ingredients in the mixer until a dough is formed
2. Chill for half an hour
3. Spread evenly in a parchment lined tin or roll into a cylinder and slice
4. Bake in at 180C for approximately 22-25 minutes

Watch the video here:  
<https://youtu.be/0qYxnQgvmdc>

## Picture



## Recipe

Recipe: S240949 Apple Flapjack

| Ingredient                                 | Amount |
|--|--------|
| 66032 T&L Light Brown Soft Sugar           | 200g   |
| 90027 Lyles Golden Syrup                   | 160g   |
| 71815 Kerrymaid Premium Baking             | 280g   |
| 42228 Mornflake Superfast Oats             | 450g   |
| 10451 Everyday Favourites Solid Pack Apple | 125g   |

Yield: 20

## Method

1. Drain and mash the apple
2. Place the sugar, golden syrup and Kerry maid in a saucepan, melt and then bring to a gentle bubble
3. Remove the sugar mixture from the heat. Add the oats and stir well.
4. Place 2/3 of the mixture into a lined baking tin and press down evenly.
5. Place the apple over the oats and then add the remaining oats evenly to encase the apple.
6. Bake at 175c for 14mins. Allow to cool and cut into portions

## Picture

## Apple Flapjack

Watch the video here: <https://youtu.be/Hi-tRw8V1YQ>

## Recipe

Recipe: S240950 Flapjack

| Ingredient                       | Amount |
|----------------------------------|--------|
| 66032 T&L Light Brown Soft Sugar | 200g   |
| 90027 Lyles Golden Syrup         | 160g   |
| 71815 Kerrymaid Premium Baking   | 280g   |
| 42228 Mornflake Superfast Oats   | 450g   |

Yield: 16

## Method

1. Place the sugar, golden syrup and Kerrymaid in a saucepan, melt and then bring to a gentle bubble
2. Remove the sugar mixture from the heat. Add the oats and stir well.
3. Place the mixture into a lined baking tin and press down evenly.
4. Bake at 175c for 14 mins. Allow to cool and cut into portions

Watch the video here:  
[https://youtu.be/IKCvJC\\_\\_9E0](https://youtu.be/IKCvJC__9E0)

## Picture





## Recipe

Recipe: S240951 Sultana Shortbread

| Ingredient                            | Amount  |
|---------------------------------------|---------|
| 71815 Kerrymaid Premium Baking        | 200g    |
| 96882 Tate & Lyle Caster Sugar        | 150g    |
| 34079 Everyday Favourites Plain Flour | 200g    |
| 86811 Everyday Favourites Cornflour   | 75g     |
| 17695 Dr Oetker Vanilla Flavouring    | 1/2 tsp |
| 19897 Everyday Favourites Sultanas    | 50g     |

Yield: 16

## Method

1. Combine all ingredients (except sultanas) in the mixer until a dough is formed
2. Carefully add the sultanas to the dough, ensuring they are mixed evenly
2. Chill for half an hour
3. Spread evenly in a parchment lined tin or roll into a cylinder and slice
4. Bake in at 180C for approximately 10 minutes

## Picture

## Sultana Shortbread

Watch the video here:

[https://youtu.be/SHX2XmiuDAw?si=dWl5ASSbxEXNPGJ\\_](https://youtu.be/SHX2XmiuDAw?si=dWl5ASSbxEXNPGJ_)

## Recipe

Recipe: S240952 Sultana Flapjack

| Ingredient |                              | Amount |
|------------|------------------------------|--------|
| 66032      | T&L Light Brown Soft Sugar   | 200g   |
| 90027      | Lyles Golden Syrup           | 160g   |
| 71815      | Kerrymaid Premium Baking     | 280g   |
| 42228      | Mornflake Superfast Oats     | 450g   |
| 19897      | Everyday Favourites Sultanas | 50g    |

Yield: 16

## Method

1. Place the sugar, golden syrup and Kerrymaid in a saucepan, melt and then bring to a gentle bubble
2. Remove the sugar mixture from the heat. Add the oats and sultanas and stir well.
3. Place the mixture into a lined baking tin and press down evenly.
4. Bake at 175c for 14 mins. Allow to cool and cut into portions

## Picture

## Sultana Flapjack

Watch the video here:

<https://youtu.be/8RG7Q85UCIw?si=2NjiCzRtdhhMa5YN>

## Recipe

Recipe: Y00140 Chocolate Brownie

| Ingredient |                                    | Amount  |
|------------|------------------------------------|---------|
| 71815      | Kerrymaid Premium Baking           | 175g    |
| 03954      | Dr Oetker Reduced Fat Cocoa Powder | 100g    |
| 09126      | Eggs                               | 3       |
| 96882      | Tate & Lyle Caster Sugar           | 250g    |
| 17695      | Dr Oetker Vanilla Flavouring       | 2 tsp   |
| 04439      | Everyday Favourites Cooking Salt   | 1/2 tsp |
| 34079      | Everyday Favourites Plain Flour    | 85g     |

Yield: 10

## Method

1. Preheat the oven to 170C/150C Fan/Gas 3½ and line a 20cm/8in square brownie tin.
2. Put the butter and cocoa into a saucepan over a low heat, stirring frequently until the butter has melted. Remove from the heat and leave to cool for 2 minutes.
3. Meanwhile, whisk the eggs, both sugars, vanilla and salt for about 2 minutes until pale. Add the cocoa and butter mixture and stir to combine.
4. Sift the flour over the mixture and use a rubber spatula to mix thoroughly. Pour the mixture into the prepared tin, spread level and bake for 15 minutes until just firm to the touch. Leave to cool in the tin before cutting into squares.

## Chef Tip

The secret to getting the perfect fudgy brownie is to remove them from the oven just before they are fully baked, so that the remaining heat just tips them over into being firm

Picture: None

## Recipe

Recipe: Y02381

## Vanilla Muffin

| Ingredient                              | Amount |
|---|--------|
| 09126 Eggs                              | 2      |
| 03435 Everyday Favourites Vegetable Oil | 125ml  |
| 06149 Semi Skimmed Milk                 | 250ml  |
| 96882 Tate & Lyle Caster Sugar          | 250g   |
| 34079 Everyday Favourites Plain Flour   | 400g   |
| 60426 Baking Powder                     | 3 tsp  |
| 04439 Everyday Favourites Cooking Salt  | 1 tsp  |
| 17695 Dr Oetker Vanilla Flavouring      | 1 tsp  |

Yield: 20 Ptn

## Method

1. Heat oven to 200C/180C fan/gas 6. Line 2 muffin trays with paper muffin cases. In a large bowl beat eggs lightly with a handheld electric mixer for 1 min.
2. Add vegetable oil and semi-skimmed milk and beat until just combined then add caster sugar and vanilla and whisk until you have a smooth batter.
3. Sift in flour, baking powder and salt then mix until just smooth. Be careful not to over-mix the batter as this will make the muffins tough.
4. Fill muffin cases two-thirds full and bake for 20-25 mins, until risen, firm to the touch and a skewer inserted in the middle comes out clean. If the trays will not fit on 1 shelf, swap the shelves around after 15 mins of cooking.
5. Leave the muffins in the tin to cool for a few mins and transfer to a wire rack to cool completely.

Picture: None

## Recipe

Recipe: Y02382 White Chocolate Chip Muffin

| Ingredient                              | Amount |
|---|--------|
| 09126 Eggs                              | 2      |
| 03435 Everyday Favourites Vegetable Oil | 125ml  |
| 06149 Semi Skimmed Milk                 | 250ml  |
| 96882 Tate & Lyle Caster Sugar          | 250g   |
| 34079 Everyday Favourites Plain Flour   | 400g   |
| 60426 Baking Powder                     | 3 tsp  |
| 04439 Everyday Favourites Cooking Salt  | 1 tsp  |
| 17695 Dr Oetker Vanilla Flavouring      | 1 tsp  |
| 38124 McDougalls White Chocolate Chips  | 100g   |

Yield: 20 Ptn

## Method

1. Heat oven to 200C/180C fan/gas 6. Line 2 muffin trays with paper muffin cases. In a large bowl beat eggs lightly with a handheld electric mixer for 1 min.
2. Add vegetable oil and semi-skimmed milk and beat until just combined then add caster sugar and vanilla and whisk until you have a smooth batter.
3. Sift in flour, baking powder and salt then mix until just smooth. Be careful not to over-mix the batter as this will make the muffins tough.
4. Stir in the chocolate chips
5. Fill muffin cases two-thirds full and bake for 20-25 mins, until risen, firm to the touch and a skewer inserted in the middle comes out clean. If the trays will not fit on 1 shelf, swap the shelves around after 15 mins of cooking.
6. Leave the muffins in the tin to cool for a few mins and transfer to a wire rack to cool completely.

Picture: None

## Recipe

Recipe: Y60068 Chocolate Chip Cookie

| Ingredient |                                      | Amount |
|------------|--------------------------------------|--------|
| 04243      | Ready to Bake Chocolate Cookie Dough | 10     |

Yield: 10 Ptn

## Method

Preheat oven to 150c

Space the cookies out well to allow to spread to 2 times size of puck.

Cook for 13-14 minutes - the cookie will look very soft in the oven -DO NOT cook further.

Allow to cool on baking tray for 15 minutes before serving.

Picture: None

Recipe with Allergens Exploded

kwilliamson@edwardsandward.co.uk

Legend

- Contains
- May Contain
- Does Not Contain
- No Information

| Contains |        |             |             |        |                           |             |      |      |           |       |                |      |          |         |      |         |            |                |     |        |                               |      |      |         |       |
|----------|--------|-------------|-------------|--------|---------------------------|-------------|------|------|-----------|-------|----------------|------|----------|---------|------|---------|------------|----------------|-----|--------|-------------------------------|------|------|---------|-------|
| Almonds  | Barley | Brazil Nuts | Cashew Nuts | Celery | Cereals containing Gluten | Crustaceans | Eggs | Fish | Hazelnuts | Lupin | Macadamia Nuts | Milk | Molluscs | Mustard | Oats | Peanuts | Pecan Nuts | Pistachio Nuts | Rye | Sesame | Sulphur Dioxide and Sulphites | Soya | Nuts | Walnuts | Wheat |

Product Description

|                |  |                  |                       |                       |                       |                                  |                                  |                       |                       |                       |                       |                       |                       |                       |                       |                                  |                       |                       |                       |                       |                       |                       |                       |                       |                       |                                  |
|----------------|--|------------------|-----------------------|-----------------------|-----------------------|----------------------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|
| <b>S240949</b> | <b>Apple Flapjack</b>                  | <b>Yield: 20</b> |                       |                       |                       |                                  |                                  |                       |                       |                       |                       |                       |                       |                       |                       |                                  |                       |                       |                       |                       |                       |                       |                       |                       |                       |                                  |
| 66032          | T&L Light Brown Soft Sugar             | 200g             | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 90027          | Lyles Golden Syrup                     | 160g             | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 71815          | Kerrymaid Premium Baking               | 280g             | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 42228          | Mornflake Superfast Oats               | 450g             | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 10451          | Everyday Favourites Solid Pack Apple   | 125g             | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| <b>S240932</b> | <b>Apple Sponge</b>                    | <b>Yield: 28</b> |                       |                       |                       |                                  |                                  |                       |                       |                       |                       |                       |                       |                       |                       |                                  |                       |                       |                       |                       |                       |                       |                       |                       |                       |                                  |
| 71815          | Kerrymaid Premium Baking               | 220g             | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 09126          | Eggs                                   | 4                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 96882          | Tate & Lyle Caster Sugar               | 240g             | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 34080          | Everyday Favourites Self Raising Flour | 220g             | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 10451          | Everyday Favourites Solid Pack Apple   | 600g             | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| <b>S240930</b> | <b>Carrot Cake</b>                     | <b>Yield: 20</b> |                       |                       |                       |                                  |                                  |                       |                       |                       |                       |                       |                       |                       |                       |                                  |                       |                       |                       |                       |                       |                       |                       |                       |                       |                                  |
| 71815          | Kerrymaid Premium Baking               | 220g             | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 09126          | Eggs                                   | 2                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 66032          | T&L Light Brown Soft Sugar             | 220g             | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 34080          | Everyday Favourites Self Raising Flour | 220g             | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |

Recipe with Allergens Exploded

kwilliamson@edwardsandward.co.uk

Legend

- Contains
- May Contain
- Does Not Contain
- No Information

Contains

|         |        |             |             |        |                           |             |      |      |           |       |                |      |          |         |      |         |            |                |     |        |                               |      |      |         |       |
|---------|--------|-------------|-------------|--------|---------------------------|-------------|------|------|-----------|-------|----------------|------|----------|---------|------|---------|------------|----------------|-----|--------|-------------------------------|------|------|---------|-------|
| Almonds | Barley | Brazil Nuts | Cashew Nuts | Celery | Cereals containing Gluten | Crustaceans | Eggs | Fish | Hazelnuts | Lupin | Macadamia Nuts | Milk | Molluscs | Mustard | Oats | Peanuts | Pecan Nuts | Pistachio Nuts | Rye | Sesame | Sulphur Dioxide and Sulphites | Soya | Nuts | Walnuts | Wheat |
|---------|--------|-------------|-------------|--------|---------------------------|-------------|------|------|-----------|-------|----------------|------|----------|---------|------|---------|------------|----------------|-----|--------|-------------------------------|------|------|---------|-------|

Product Description

|                |                                      |                      |                       |
|----------------|--------------------------------------|----------------------|-----------------------|
| 70371          | Everyday Favourites Ground Cinnamon  | 1 tsp                | <input type="radio"/> |
| 84901          | Carrots                              | 250g                 | <input type="radio"/> |
| <b>Y00140</b>  | <b>Chocolate Brownie</b>             | <b>Yield: 10</b>     | <input type="radio"/> |
| 71815          | Kerrymaid Premium Baking             | 175g                 | <input type="radio"/> |
| 03954          | Dr Oetker Reduced Fat Cocoa Powder   | 100g                 | <input type="radio"/> |
| 09126          | Eggs                                 | 3                    | <input type="radio"/> |
| 96882          | Tate & Lyle Caster Sugar             | 250g                 | <input type="radio"/> |
| 17695          | Dr Oetker Vanilla Flavouring         | 2 tsp                | <input type="radio"/> |
| 04439          | Everyday Favourites Cooking Salt     | 1/2 tsp              | <input type="radio"/> |
| 34079          | Everyday Favourites Plain Flour      | 85g                  | <input type="radio"/> |
| <b>Y60068</b>  | <b>Chocolate Chip Cookie</b>         | <b>Yield: 10 Ptn</b> | <input type="radio"/> |
| 04243          | Ready to Bake Chocolate Cookie Dough | 10                   | <input type="radio"/> |
| <b>S092423</b> | <b>Chocolate Croissant</b>           | <b>Yield: 10 Ptn</b> | <input type="radio"/> |
| 01169          | Everyday Favourites Croissants       | 10                   | <input type="radio"/> |
| 66086          | Dr. Oetker Milk Chocolate Drops      | 80g                  | <input type="radio"/> |
| <b>S240948</b> | <b>Chocolate Shortbread</b>          | <b>Yield: 16</b>     | <input type="radio"/> |



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Legend

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- May Contain
- Does Not Contain
- No Information

|                            |                                     |                      | Contains              |                       |                       |                       |                                  |                                  |                                  |                       |                       |                       |                       |                       |                                  |                       |                       |                                  |                                  |                       |                       |                       |                       |                                  |                                  |                       |                       |                       |                                  |
|----------------------------|-------------------------------------|----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|----------------------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|----------------------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|----------------------------------|-----------------------|-----------------------|-----------------------|----------------------------------|
|                            |                                     |                      | Almonds               | Barley                | Brazil Nuts           | Cashew Nuts           | Celery                           | Cereals containing Gluten        | Crustaceans                      | Eggs                  | Fish                  | Hazelnuts             | Lupin                 | Macadamia Nuts        | Milk                             | Molluscs              | Mustard               | Oats                             | Peanuts                          | Pecan Nuts            | Pistachio Nuts        | Rye                   | Sesame                | Sulphur Dioxide and Sulphites    | Soya                             | Nuts                  | Walnuts               | Wheat                 |                                  |
| <b>Product Description</b> |                                     |                      |                       |                       |                       |                       |                                  |                                  |                                  |                       |                       |                       |                       |                       |                                  |                       |                       |                                  |                                  |                       |                       |                       |                       |                                  |                                  |                       |                       |                       |                                  |
| 71815                      | Kerrymaid Premium Baking            | 200g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 96882                      | Tate & Lyle Caster Sugar            | 150g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 34079                      | Everyday Favourites Plain Flour     | 200g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 86811                      | Everyday Favourites Cornflour       | 75g                  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 03954                      | Dr Oetker Reduced Fat Cocoa Powder  | 30g                  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| <b>S240950</b>             | <b>Flapjack</b>                     | <b>Yield: 16</b>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 66032                      | T&L Light Brown Soft Sugar          | 200g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 90027                      | Lyles Golden Syrup                  | 160g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 71815                      | Kerrymaid Premium Baking            | 280g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 42228                      | Mornflake Superfast Oats            | 450g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| <b>S092424</b>             | <b>Jam Croissant</b>                | <b>Yield: 10 Ptn</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 01169                      | Everyday Favourites Croissants      | 10                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 41193                      | Everyday Favourites Mixed Fruit Jam | 100g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| <b>S092427</b>             | <b>Jam Doughnut</b>                 | <b>Yield: 10 Ptn</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 02763                      | Everyday Favourites Jam Doughnuts   | 10                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| <b>S240947</b>             | <b>Pineapple Upside Down Cake</b>   | <b>Yield: 28</b>     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |



Recipe with Allergens Exploded

kwilliamson@edwardsandward.co.uk

Legend

- Contains
- May Contain
- Does Not Contain
- No Information

| Contains |        |             |             |        |                           |             |      |      |           |       |                |      |          |         |      |         |            |                |     |        |                               |      |      |         |       |
|----------|--------|-------------|-------------|--------|---------------------------|-------------|------|------|-----------|-------|----------------|------|----------|---------|------|---------|------------|----------------|-----|--------|-------------------------------|------|------|---------|-------|
| Almonds  | Barley | Brazil Nuts | Cashew Nuts | Celery | Cereals containing Gluten | Crustaceans | Eggs | Fish | Hazelnuts | Lupin | Macadamia Nuts | Milk | Molluscs | Mustard | Oats | Peanuts | Pecan Nuts | Pistachio Nuts | Rye | Sesame | Sulphur Dioxide and Sulphites | Soya | Nuts | Walnuts | Wheat |

Product Description

|       |                              |         |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |
|-------|------------------------------|---------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 17695 | Dr Oetker Vanilla Flavouring | 1/2 tsp | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 19897 | Everyday Favourites Sultanas | 50g     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

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|---------------|-----------------------------------|----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|----------------------------------|-----------------------|-----------------------|----------------------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|----------------------------------|
| <b>Y02381</b> | <b>Vanilla Muffin</b>             | <b>Yield: 20 Ptn</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> |
| 09126         | Eggs                              | 2                    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            |
| 03435         | Everyday Favourites Vegetable Oil | 125ml                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            |
| 06149         | Semi Skimmed Milk                 | 250ml                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            |
| 96882         | Tate & Lyle Caster Sugar          | 250g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            |
| 34079         | Everyday Favourites Plain Flour   | 400g                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            |
| 60426         | Baking Powder                     | 3 tsp                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            |
| 04439         | Everyday Favourites Cooking Salt  | 1 tsp                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            |
| 17695         | Dr Oetker Vanilla Flavouring      | 1 tsp                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            |

|                |                                 |                  |                       |                       |                       |                       |                                  |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                                  |                                  |
|----------------|---------------------------------|------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|----------------------------------|
| <b>S240943</b> | <b>Vanilla Shortbread</b>       | <b>Yield: 16</b> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> |
| 71815          | Kerrymaid Premium Baking        | 200g             | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            |
| 96882          | Tate & Lyle Caster Sugar        | 150g             | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            |
| 34079          | Everyday Favourites Plain Flour | 200g             | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            |
| 86811          | Everyday Favourites Cornflour   | 75g              | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            |
| 17695          | Dr Oetker Vanilla Flavouring    | 1/2 tsp          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            |

Recipe with Allergens Exploded

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Legend

- Contains
- May Contain
- Does Not Contain
- \* No Information

|                     |                                   | Contains      |                       |                       |                       |                       |                                  |                       |                                  |                       |                       |                       |                       |                                  |                       |                       |                       |                       |                       |                       |                       |                       |                               |                       |                                  |                       |                       |                                  |
|---------------------|-----------------------------------|---------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------------------------|-----------------------|----------------------------------|-----------------------|-----------------------|----------------------------------|
| Product Description |                                   | Almonds       | Barley                | Brazil Nuts           | Cashew Nuts           | Celery                | Cereals containing Gluten        | Crustaceans           | Eggs                             | Fish                  | Hazelnuts             | Lupin                 | Macadamia Nuts        | Milk                             | Molluscs              | Mustard               | Oats                  | Peanuts               | Pecan Nuts            | Pistachio Nuts        | Rye                   | Sesame                | Sulphur Dioxide and Sulphites | Soya                  | Nuts                             | Walnuts               | Wheat                 |                                  |
| Y02382              | White Chocolate Chip Muffin       | Yield: 20 Ptn | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 09126               | Eggs                              | 2             | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 03435               | Everyday Favourites Vegetable Oil | 125ml         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 06149               | Semi Skimmed Milk                 | 250ml         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 96882               | Tate & Lyle Caster Sugar          | 250g          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 34079               | Everyday Favourites Plain Flour   | 400g          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> |
| 60426               | Baking Powder                     | 3 tsp         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 04439               | Everyday Favourites Cooking Salt  | 1 tsp         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 17695               | Dr Oetker Vanilla Flavouring      | 1 tsp         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |
| 38124               | McDougalls White Chocolate Chips  | 100g          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            |