



THE LONDON NAUTICAL SCHOOL
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28/02/2020

Dear parents and carers,

As a precautionary measure, the school has with its Local Authority partners and wellbeing company issued the following advice. Please read it carefully particularly if you have traveled to any of the destinations listed below and / or have come into contact with relatives / friends / colleagues from these areas.

To keep up to date, please check the media, the links at the end of the letter and the school website.

There have been further developments related to the outbreak of the Wuhan coronavirus. Whilst this is a changing picture as of 24th February 2020:

- Thirteen patients in England have tested positive for coronavirus (COVID-19).
- The World Health Organisation (WHO) have declared that this is a public health emergency of international concern & the UK Chief Medical Officers have raised the risk to the public from low to moderate.
- The risk to individuals in the UK remains low.

Based on the latest information as of 24th February, a total of 6,536 UK tests have concluded, of which 6,527 were confirmed negative and 9 positive. These figures do not include the 4 confirmed cases from the Diamond Princess cruise ship who received testing in Japan.

Advice for travellers & those returning from travel

This advice has changed as of 25th February 2020.

Travellers who have returned from Wuhan & Hubei province, and other specified areas:

Or if you have travelled from (since 19th February 2020):

- Iran
- Specific lockdown areas in Northern Italy as designated by the Government of Italy
- Special care zones in South Korea as designated by the Government of the Republic of South Korea
- Hubei province (returned in the past 14 days)

You should immediately:

- Stay indoors and avoid contact with other people as you would with the flu- please do not attend university, placement, work or public areas.
- Call NHS 111 to inform them of your recent travel to the area
- If you develop a fever, cough, runny nose, sore throat or difficulty breathing, you should contact NHS 111 for advice.
- Please do not leave your home until you have been given advice by a clinician.

Please follow this advice even if you do not have symptoms of the virus.

Travellers from other parts of China, and other specified areas

- China
- Thailand
- Japan
- Republic of Korea
- Hong Kong
- Taiwan
- Singapore
- Malaysia
- Macau

Individuals who have returned to the UK from any of these areas in the last 14 days and develop symptoms of cough or fever or shortness of breath, should immediately:

- Stay indoors and avoid contact with other people as you would with the flu.
- Call NHS 111 to inform them of your recent travel to the country.

Please follow this advice even if your symptoms are minor.

If you have returned from the following areas since February 19th and develop symptoms please follow the advice above. You **do not need** to follow this advice if you have no symptoms:

- Northern Italy (defined by a line above, and not including, Pisa, Florence and Rimini)
- Vietnam
- Cambodia
- Laos
- Myanmar

Please encourage your children, relatives and friends to adopt standard recommendations to reduce exposure to and transmission including:

- Maintaining basic hand and respiratory hygiene such as regular hand washing and using disposable tissues when coughing or sneezing.
- Safe food practices and avoiding close contact, when possible, with anyone showing symptoms of respiratory illness such as coughing and sneezing.

Advice on home-isolation can be found at:

<https://www.gov.uk/government/publications/wuhamnovel-coronavirus-self-isolation-for-patients-undergoing-testing/advice-sheet-home-isolation>

Advice on those living with an infected patients can be found at:

<https://www.gov.uk/government/publications/wuhan-novel-coronavirus-self-isolation-for-patients-undergoing-testing/advice-sheet-for-people-who-live-in-the-same-accommodation-as-the-patient>

Thank you



Mr M Schofield
Headteacher